

AIRS SIG Newsletter

Acute, Intensive, Residential Service (AIRS)

Volume 4, Issue 1

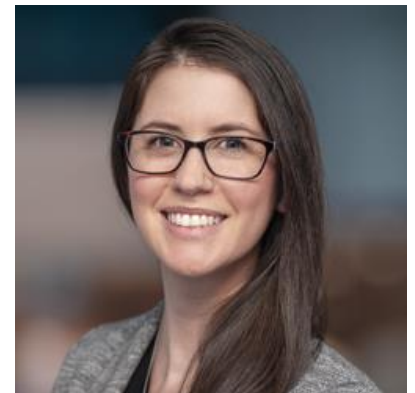


September 2024

Annual Newsletter:

An Update from the AIRS SIG Chair

As I wrap up 2 years on the AIRS SIG chair, I continue to be grateful for the incredible community that we have built over the past 5 years. What started as a small group of folks in an email chain is now a formal special interest group with over 200 members (and growing!). We have held multiple coffee hours to discuss relevant topics, most recently talking about career advancement in AIRS settings and patients who have barriers to discharge, resulting in longer lengths of stay. These conversations have been a great way to connect with folks doing similar work and hear timely discussion about topics that impact us meaningfully in acute, intensive, and residential settings. I love how easy it has been to reach out to colleagues I have met through this group to discuss ongoing challenges I have been having, brainstorm things that are working and things that are not, discuss potential research and presentation collaborations, and find support from people who truly understand this work. I am very excited about how this group continues to grow and evolve and look forward to its continued growth in the coming years!



Alysha Thompson, PhD
Alysha.thompson@seattlechildrens.org

SIG Membership Survey Results!

The Membership and Marketing Members at Large, Drs. Carl Waitz and Jacklyn Aldrich, conducted a membership survey given our growth in membership over the last few years. A total of 45 members participated in the survey. The majority of members identified as licensed psychologists, with several acting in some sort of leadership position (division or section chair, clinical director). Most members provide treatment in acute inpatient settings (58%) or inpatient consultation/liason services (9%). The majority of respondents fell into early career (40%) or mid-career (36%) stages, and 20% were in some stage of training. We were very excited to see that around 20 institutions had either practicum, internship, or fellowship training programs. Hopefully we can continue to grow the AIRS SIG and interest in acute and residential settings in the coming year!

Medical-Psychiatric Consultation

There has been growing interest among AIRS SIG members to share information and knowledge about treating medically and psychiatrically complex patients in acute and inpatient settings. In response, we identified a need for regular times for consultation, focused on specific areas. We have also set up a Google Drive folder as a way to share resources and information on medical-psychiatric programming. We hope that members can have a space to gather, share their expertise, and asks questions.

Information on times and dates of meetings are below. Topics will cover strategies for program-building, including considerations for leadership buy-in, staff training needs, and physical space, clinical programming models and modalities, managing multi-disciplinary teams, safety policies and procedures, and financing. Zoom meeting links with information on the meeting topic will be sent out prior to the meeting to the list serv. Please feel free to distribute to colleagues of other discipline or those across Div 53 or 54, and email Jaclyn.aldrich@nationwidechildrens.org with questions.

August 29, 1PM – Building a Med-Psych Program, Part 1

September 19, 2PM

October 17, 2PM

November 21, 2PM

December 19, 2PM

January 23, 2PM

AIRS SIG Education Update

Nathaniel Van Kirk, PhD & Rachel Schein, PhD

In the last year, members of the AIRS SIG have been working on developing specific competencies related to training in acute care. The framework includes many of the standard profession wide competencies including: communication and interpersonal skills, assessment, individual and cultural diversity, consultation/interpersonal/interdisciplinary skills, and supervision. The hope is that developing these competencies will enable trainees and programs to have a clearer understanding of skills required to work in acute care, and that these clear expectations will ultimately increase interest in this important work.

The framework was presented at the Anxiety and Depression Association Conference in April of 2024 and a paper will be forthcoming! In addition, we are excited to announce the AIRS SIG will have an upcoming **coffee hour in early October** focused on internships and post-doctoral Fellowships in acute, intensive, and residential care settings. Make sure to keep an eye on the listserv for further details and the zoom link and hope you can join us!

Acute Intensive & Residential Service
Early Career Consultation Group

AIRS MONTHLY CONSULTATION GROUP

Every Third Tuesday

ZOOM LINK:

<https://jjhjm.zoom.us/j/99077666958>

September 17th

October 15th

November 19th

December 17th

January 21st

February 18th

March 18th

April 15th

May 20th

June 17th

July 15th

August 19th

(Informal) opportunity
to discuss topics &
issues relevant to
those of us early in our
careers working in
acute care settings

*"Early Career" is defined as "earned your doctoral
degree no more than 10 years ago" so anyone who fits
that criteria is more than welcome to join!*

8.00 pm EST



Mackenzie & Meredith



APA Div 53's AIRS SIG presents a virtual

PANEL ON INTERNSHIP & POST DOC IN ACUTE, INTENSIVE, AND RESIDENTIAL SERVICES

**Friday Oct 4th @
11am-12pm PST/1pm-2pm CST/2pm-3pm EST
On Zoom**

Panelist include Drs.

*Alysha Thompson, Seattle Children's Hospital
Jarrod Leffler, Virginia Commonwealth University
Rachel Schein, Devereux Behavioral Health*

Register & Submit questions in advance here ->

Contact patricia.garibaldi@northwestern.edu with questions!



**See our Directory of Acute, Intensive, and Residential Service
Training Sites!**



APA 2024 Updates and Awards

We had a wonderful few days in Seattle at the APA conference! Thank you to the many folks who joined us at the AIRS SIG talks/symposia that were presented, as well as our social hour and inaugural awards ceremony. It was so wonderful to connect with folks in person, especially after many years of seeing people only on screen or connecting via email. We also got to meet some new folks to the AIRS SIG and are excited to continue to grow our membership. We saw a small increase in membership immediately following APA and are hopeful that as we continue to get the word out about the AIRS SIG, we will reach folks who are working in these settings and haven't yet been connected with the AIRS SIG. To that end, if you will be presenting at an upcoming conference, please reach out to Carl Waitz for a slide to add to your talk with a QR code that leads folks to the membership page. This will help us continue to get the word out and get connected with folks who are doing this work.



Board Members Nathaniel Van Kirk, PhD, Ana Ugueto, PhD, ABPP, Past Chair Jarrod Leffler, PhD, ABPP, and Chair Alysha Thompson, PhD

AIRS SIG Social Hour Attendees



AIRS Awards

The Acute, Intensive, & Residential Services (AIRS) SIG Board of Directors is proud to announce that **Jarrold Leffler, PhD, ABPP** has been selected as the recipient of the **2024 AIRS Distinguished Professional Contributions Award**



This award recognizes Dr. Leffler's significant efforts to promote awareness, accessibility, and implementation of evidence-based mental health services within the area of acute, intensive, and/or residential services with youth. Dr. Leffler is licensed across three states (Virginia, Minnesota, and Ohio) and is an Associate Professor at Virginia Commonwealth University. Dr. Leffler has worked with community providers, schools, and local and state agencies to advocate for and promote the implementation and utilization of evidence-based assessments and treatments within higher-acuity care. To increase accessibility, he is working with the Virginia governor's office to increase day program capacity and address patient volumes in the emergency department and inpatient units in Richmond. Dr. Leffler has held multiple leadership roles, provided training to others (e.g., interns) in evidence-based treatments, and has developed a multidisciplinary

training program for social work, psychology, and psychiatry trainees in evidence-based assessment and treatment. He also consults with other hospitals around program development and implementation, and frequently disseminates his work within this specialized field in various journals. Dr. Leffler has been a champion and pioneer in the AIRS arena throughout his career and is also a founder of the AIRS SIG and has lead the executive board.

The AIRS SIG Board of Directors is proud to announce that **Patricia Garibaldi, MS**, from Northwestern University's Feinberg School of Medicine has been selected as the recipient of the **2024 AIRS Distinguished Student Contributions Award**

This award is based on Ms. Garibaldi's significant efforts in practice, research, and advocacy within the field of child and adolescent psychology, with a special focus on high-acuity populations and care. She demonstrates exemplar performance in working with children and adolescents in various settings of higher clinical acuity, including inpatient psychiatric care, partial hospitalization programming, consult-liaison services, and outpatient care. She has engaged in research practices within this field, including leading various talks and poster presentations. Ms. Garibaldi has been nominated for several awards indicating her contributions to the field, she gave the commencement speech at Boston College's School of Education and Human Development in 2016, and she is currently the Trainee Member at Large for the AIRS SIG. She also has



Awards Cont.

Engaged in various volunteer activities working with children and adolescents, as well as attended specialized trainings to increase her competencies and skills addressing DEI topics within high-acuity care.

Please also congratulate our runner up, Ms. Chinwendu Duru, MS, from The University of Texas at Austin for her work within the field.

In addition to receiving the AIRS SIG Distinguished Professional Contributions Award, **Dr. Leffler** also received the **Inaugural Distinguished Career Award for Practice and Training for the Society of Clinical Child and Adolescent Psychology**. He gave a wonderful presentation about the history and evolution of the AIRS SIG in his award acceptance presentation. Congratulations Dr. Leffler!



Jarrod Leffler, PhD, ABPP receiving the Inaugural Distinguished Career Award for Practice and Training for the Society of Clinical Child and Adolescent Psychology, awarded by SCCAP President Andrea Chronis-Tuscano, PhD, ABPP

SSCAP Inaugural Clinical Child Conference

*Jarrod M. Leffler, PhD, ABPP & Rachel Schein, PhD
SSCAP Conference Planning Committee Members*

Mark your calendars! SCCAP is launching their inaugural clinical child conference in June 2025. The conference will be held on the campus of the University of Illinois in Chicago. The conference will build on the storied work of clinical child conferences with amazing content and a range of opportunities for learning, mentoring, connecting, and exploring all things clinical child. The conference will offer panel discussions, symposia, poster sessions, special interest group programming, and Leadership Education to Advance Diversity (LEAD). Continuing Education credits will also be available. For ongoing updates please visit the conference website:

<https://sccap53.org/the-sccap-conference/>

We look forward to seeing you Chicago!

Science Committee Updates

Elizabeth Reynolds, PhD

Check out these publications highly relevant to AIRS:

APA 2024 conference:

“Developing and Implementing an Integrative Therapeutic Program for Acute Pediatric Psychiatry Units,” Lisa Roberts and Jennifer Moran

“Psychiatric Residential Care for Youth: Commonly utilized, rarely explored in research,” Linda Ruan-Iu, Guy Diamond, Jordan Soper, Alannah Rivers, Guy Weissinger, Michael Roeske, Nicole Watkins

“Breaking the Silence: Addressing Child Suicidal Behaviors in Psychiatric Inpatient Units” by Alyssa Allen, Ashley Brooks, and Michelle Schultz

“Understanding the Youth Mental Health Crisis: Bringing Theory to Public Health,” Carl Waitz

“Health Equity for Youth in Inpatient Psychiatric Services for Children and Adolescents,” Carl Waitz, Aaron Vaughn, Jarrod Leffler, Alysha Thompson

“The Intersection of Trauma, Gender, and Race Status among Treatment Seeking Youth,” Hilary Hodgdon, Lia Martin, Sujata Swaroop, Skyler McComas, Elijah Oyenuga, Kayla Lord

SCCAP Distinguished Career Award, Jarrod Leffler, co-founder and past chair of the AIRS SIG will be receiving the Distinguished Career Award and presenting his work, “*Recreating the Wheel, Groundhog Day, Deja Vue All Over Again... Call it What You Like, but Let’s Develop a Better Way to Do This.*”

Other conferences:

Jasmine Ghannadpour, Ph.D., ABPP presented on Eating Disorder at the International Academy of Child and Adolescent Psychiatry and Allied Professionals (IACAPAP) conference in Rio de Janeiro, Brazil

Danielle Citera, Ph.D. and team from Stony Brook will be presenting at ISITDBT on 11/14 in Philadelphia: Implementation of DBT Skills Training and Education for Staff Working on an Acute Adolescent Psychiatric Inpatient Unit.

Dr. Hawks organized Symposia,1791554: Implementing Evidence-Based Practices in a Pediatric Inpatient Psychiatric Unit, which was accepted for presentation at ABCT's 58th Annual Convention to be held November 14 - 17, 2024 in Philadelphia, Pennsylvania. Presenters include Drs. Jessica Hawks, Alysha Thompson, Jarrod Leffler, Evadine Codd, Matthew Luehring, and Elizabeth Reynolds.

AACAP 2024: Symposium: Meeting the Moment: New Program Development for Adolescents with Acute Psychiatric Needs. Presenters include Drs. Elisabeth Frazier, Alysha Thompson, Miriam Rubenson, Hilary Mead, Molly Hedrick, Emily May, and Kyrill Gurtovenko

Recently published papers related to AIRS:

Waitz, C., & Bekkeli, K. (2024). Psychoanalytically informed care and behavioral medicine: Consideration and recommendations for evidence-based practice in institutions. *Psychoanalytic Psychology*, 41(1), 1–7.

<https://doi.org/10.1037/pap0000489>

Waitz, C., Caracansi, A., Kaufman, K., Campbell, E., Anglemeyer, E., Anglero-Diaz, Y., Paden, S., Zou, B., & Ibeziako, P. (2024). Implementing patient-reported outcome measures on an adolescent inpatient psychiatry unit: A feasibility study. *Psychological Services*, 10.1037/ser0000851. Advance online publication.

<https://doi.org/10.1037/ser0000851>

Garibaldi, P., Kisiel, C., Castillo, A., Mitchell-Adams, H., & Jordan, N. (2024). Direct care staff vacancies and adverse youth events in Illinois child welfare residential treatment during the COVID-19 pandemic. *Residential Treatment for Children & Youth*, 1-21. <https://doi.org/10.1080/0886571X.2024.2325373>

Tung, E. S., Batejan, K. L., Johnson, C., Worden, P. M., & Fruzzetti, A. E. (2024). Effectiveness of DBT Partial Hospitalization Program for Adolescents and Young Adults. *Counseling Outcome Research and Evaluation*, 15(2), 123–142. <https://doi.org/10.1080/21501378.2024.2342590>

Tebbett-Mock, A., Saito, E., Tang, S., McGee, M., & Van Meter, A. The mental health toll of the COVID-19 pandemic on adolescents receiving inpatient psychiatric treatment, *Journal of Child and Adolescent Psychopharmacology*. Epub May 2024. DOI: 10.1089/cap.2024.0020

Hodgson, C., Krishna, R., & Akasaka, K. (2024). Milieu Management and Therapeutic Groups in Inpatient Child and Adolescent Psychiatry Units. *Child and Adolescent Psychiatric Clinics of North America*. Epub April 2023. DOI: 10.1016/j.chc.2024.03.019

Book:

Leffler, J.M., Thompson, A.D., & Simmons, S.W. (Eds.) (2024) *Handbook of Evidence-Based Inpatient Mental Health Programs for Children and Adolescents*, Springer

Funding Opportunities

<https://grants.nih.gov/grants/guide/rfa-files/RFA-MH-25-135.html>

<https://grants.nih.gov/grants/guide/rfa-files/RFA-MH-25-120.html>

<https://afsp.org/research-grant-information/>

Upcoming AIRS SIG Board Elections

Alysha Thompson, PhD

As 2024 comes to a close, we mark the end of this 2-year cycle for our AIRS SIG board. We will be sending out information in the coming month regarding nominations for the AIRS SIG Board members. Please nominate yourself or a colleague if you are interested in becoming a board member. Board membership has been a wonderful way to connect with other psychologists who are working in AIRS settings and to continue to improve our connections with other psychologists doing this work. After nominations are received, the AIRS SIG team will confirm with nominees that they would be willing to serve on the board and then will send out an election ballot via the AIRS SIG ListServ. Thank you for continuing to engage in the AIRS SIG, nominating yourself and colleagues for board membership, and voting in our upcoming election!

SIG Board Members

Chair

Alysha Thompson, PhD
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Chair-Elect

Elisabeth Frazier, PhD
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Secretaries

Stephanie Clarke, PhD
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Ana Ugueto, PhD
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Treasurer

Jennifer Wolff, PhD
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Communication Members at Large

Katie Affleck, PhD
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Cassandra Esposito, PhD
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Membership and Marketing Members at Large

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Carl Waitz, PsyD
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Nathaniel Van Kirk, PhD
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Science Committee Chair

Elizabeth Reynolds, PhD
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Practice Committee Co-Chairs

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Caroline Hodgson, PhD
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Diversity Committee Chair

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Early Career Members at Large

Meredith Reiman, PhD
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Mackenzie Sommerhalder, PhD
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Awards Committee Chair

Kimberly Schubert, PhD
kimberly.schubert@nationwidechildrens.org

Trainee Member at Large

Patricia Garibaldi, MS
patricia.garibaldi@northwestern.edu

**Do you have ideas for what you want to read in the next edition?
Do you have thoughts about the AIRS SIG or the questions in the
field?**

Let us know!

**Ideas and thoughts welcome over email:
Cassandra.esposito@cchmc.org & Katelyn_affleck@brown.edu**



**SOCIETY OF CLINICAL
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PSYCHOLOGY**

