Volume 26, Issue 2 **Summer 2011** 

### **President's Message**

#### Riding the Carousel of Division 53

itting on my front stoop, I thought about scenes from John and Faith Hubley's 1975 independent animated film "Everybody Rides the Carousel." We were having our annual block party, a long established ritual and epitome of Brooklyn living. "The block" where you live is tied up with every Brooklynite's identity. Our street is blocked off for a day of shared fellowship and recreation that culminates with a pot luck dinner and street dance. I watched as children of all ages laughed as they toddled or ran through the spray of the open fire hydrant in front of our house, despite the relatively cool temperature and occasional rain shower. Several children closed ranks around a young girl who brought out her pet guinea pig and showed it off like a prized trophy. When the children moved too close to her pet, she ducked like a running back breaking through a defensive line and then sprinted to the safety of her own stoop. This scenario repeated itself time and time again, making for what I think was one dizzy guinea pig.

Across the street, preschoolers had their faces painted and up the block, a group of adolescents and adults played tug of war with a heavy rope. The stirring bellow and drone of the block's bagpiper could be heard as costumed children marched in line behind him through the street, while another group of children waited with varying degrees of patience for a turn to ride a pony. Residents gathered around the "coffee and donuts" table to cast their votes for the new block association officers. An elderly woman, supported by her cane in one hand and a young woman holding her other arm, made her way to a lawn chair set up for her on the sidewalk. She sat there, taking in the scenes up and down the street, sometimes reading, and at times talking to neighbors.

Throughout the day, peals of laughter, some whining, bits of conversation, and shouts of "You're it!" "My turn!" and "Johnny, come sit down and rest for a bit" were heard up and down the block. We laughed heartily at the dinner, as my husband and I watched a young boy stealthily muscle his way through the adults towering above him and crowding the food tables, to emerge with a broad smile on his face and a slice of pizza that looked to be the same size as his head. He found an empty stoop, sat alone, and ate every bit of that slice with gusto. The great expanse of development was right there before us. From the smallest of babies to the most seasoned of our older residents, time was marching in front of our stoop. During the day I posted on Facebook the scenes outside our door, to which my friend and colleague in Spain, Dr. Luis Joaquin Garcia-Lopez replied, "Are you sure you are not living in a movie set?"

And so, I thought of "Everybody Rides the Carousel." Award-winning animators, the Hubley's cleverly used rides on a carousel as a metaphor for the unique challenges confronted in each of Erik Erickson's eight stages of life. The little girl with the guinea pig had me reflect on the segment, "Childhood's Ride," depicting the stage of initiative versus guilt. Did she take him out without permission, on her own, and will she get in trouble for it? Or, did her parents let her take the pet outside, giving her a chance to learn that responsibility comes with independence? The bold moves of our pizza guy are portrayed in, "The School Bell is Ringing," a segment focused on industry versus inferiority. He certainly was reinforced for his persistence and I would think that he's likely to do well in fending for himself in other challenging situations. And the confidence and calm of my elderly neighbor, as she took a front row seat on the sidewalk to watch the day's events convinced me of her confidence and integrity,

found in the segment, "Ride of Old Age." Rather than stay snug inside her house, she was outside engaged in a vibrant and active world while clearly in the twilight of her own life. Each year I show this film to my trainees, to prepare them for engaging with individuals spanning the full range of development, from toddlers to teenagers, parents of all ages, to the elderly. The film depicts eight different rides on the carousel, each of which captures the core psychoanalytic conflict of the stages outlined in Erickson's 1950's classic Childhood and Society.

As child and adolescent psychologists, we are continuously in contact with other individuals, and we, just as everyone else, are



Anne Marie Albano, Ph.D. President, APA Division 53

somewhere on this carousel of life. Ever the behaviorist, I deeply appreciate the challenges and nuances of development that are presented in Erickson's theory. As I reflect upon my own place on the Carousel, I wonder how my involvement in our Society has helped me to navigate the complexities of professional development. As clinical child and adolescent psychologists, regardless of the setting within which you primarily work or where you are in your career, you are faced with professional developmental hurdles and continually at choice points. Inner conflict is par for the course... "Do I or don't I take on another patient, say yes to that manuscript review, devote time to a new grant proposal, or take on a new trainee"? "Should I stay or should I go from one position or institution to the next"? We

struggle along the way but the Society is there, much like a welcome stoop on a familiar block, to offer us mentors, refuge, resources, and colleagues as we take one ride after another on this professional Carousel. I'll look forward to seeing many of you at the upcoming APA convention, and hope that you'll join me on Division 53's annual block party of events.

John & Faith Hubley's "Everybody Rides the Carousel" Pyramid Media

Segment 1: "The Ride of the Newborn" Basic trust versus mistrust

Segment 2: "The Ride of the Toddlers" Autonomy versus shame and doubt

Segment 3: "Childhood's Ride" Initiative versus guilt

Segment 4:"The School Bell Is Ringing" Industry versus inferiority

Segment 5: "The Challenge of Adolescence" Identity versus role confusion

Segment 6: "Young Adulthood" Intimacy versus isolation

Segment 7: "Grown Ups" Generativity versus stagnation

Segment 8: "Ride of Old Age" Ego integrity versus despair

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#### **Newsletter Deadline**

Articles for the next newsletter are due by August 15, 2011. Please send your submission to newsletter editor Brian Chu at BrianChu@rci.Rutgers.edu.

# Grant Opportunities



Request for Proposals:

### Elizabeth Munsterberg Koppitz Fellowship Program

The Elizabeth Munsterberg Koppitz Fellowship program (American Psychological Foundation) supports graduate research projects and scholarships in child psychology.

#### Fellowship Details:

- Provides fellowships and scholarships for graduate student research in the area of child psychology
- Up to four one-year research awards of up to \$25,000 each; up to two \$5,000 scholarships for runners-up
- Tuition waiver/coverage from home institution

#### Eligibility Requirements

- Completed doctoral candidacy–documentation required
- Demonstrated research competence and area commitment
- IRB approval must be received from host institution before funding can be awarded

Submission Process and Deadline Submit a completed application online at http://forms.apa.org/apf/grants/ by November 15, 2011.

Questions about this program should be directed to Kim Palmer Rowsome, Program Officer, at *krowsome@apa.org*.

Full details at www.apa.org/apf/funding/koppitz-rfp.pdf

#### Request for Proposals:

#### Lizette Peterson Homer Memorial Injury Research Grant

The Lizette Peterson Homer program (American Psychological Foundation) funds research related to the prevention of injuries in children.

#### **Grant Details:**

- Supports university-based research into the psychological and behavioral aspects of injury prevention for children and adolescents through one-year grants.
- Both intentional and non-intentional injuries are of interest.
- Up to \$5,000 for one year, not to include principal investigator stipends, indirect university costs, travel or publication-related expenses.

#### Eligibility Requirements

- Student and/or faculty at an accredited university
- Demonstrated research competence and area commitment
- IRB approval must be received from host institution before funding can be awarded

Submission Process and Deadline Submit a completed application to Paul Robins, Ph.D. robinsp@email.chop.edu Phone: 215-590-7594 by October 1, 2011.

Questions about this program should be directed to Kim Palmer Rowsome, Program Officer, at *krowsome@apa.org*. Full details at:

www.apa.org/apf/funding/peterson-homer-rfp.pdf.

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# Member at Large Updates

# The Latest on our Big, Exciting Dissemination Project

Kathryn Grant, Member at Large for Science and Practice Cari McCarty, Member at Large for Education and Standards



Kathryn Grant, Ph.D.

t has been awhile since we have updated you on our Dissemination Project—which is big and exciting—so we thought we would remind you of its goals and provide you with the latest news. The Dissemination Project was developed by the Task Force on Disseminating Evidence-based Treatments, chaired by Bill Pelham at Florida International University (FIU). The Task Force developed a long-term plan to disseminate evidence-based treatments through web-based trainings made available at no or low-cost to D53 members.

To turn this vision into reality, we are videotaping experts in the field presenting generic versions of empirically-supported treatments and providing these videos along with links to supplemental materials so that these approaches can be widely disseminated. The plan is to develop a continuum of training options for each of a series of problems and disorders, ranging from one-hour keynote overviews of recommended treatment methods to in-depth trainings sufficient for implementation of specific treatment approaches.

At D53, all hands are on deck to help with this big, exciting Dissemination Project. For example, your Member at Large for Education and Standards, Cari McCarty, has joined the team and is leading the effort to ensure that therapists who receive training in evidence-based treatments through our dissemination effort have the opportunity to receive continuing education credits. We are currently working to identify a continuing education partner who would be able to work with us to provide CE credits for pro-



Cari McCarty, Ph.D.

viders who watch the videos, with an intention to reach a broad audience of practitioners both within and outside of Psychology, including social workers, counselors, marriage and family therapists, and nurses.

Currently, FIU has completed the taping of a number of experts' presentations and is scheduled to complete the remainder before 2012. FIU's state of the art facilities and personnel are also assisting with editing the videotaped material. Jessica Robb, the Director of Outreach for the Center for Children and Families at FIU, is supervising the editing process. We expect to bring examples of the Dissemination Project trainings to the APA convention in Washington, DC in the Hospitality Suite on Thursday, August 4 at 3:30 p.m.

We are also working to develop supervision models to ensure that therapists who participate in the trainings can receive needed support to implement the treatment approaches effectively. One possibility we have discussed is to have qualified D53 members assist with this responsibility. If you would be interested in assisting in this way and/or have other ideas for how we might best provide supervision, please contact Kathryn Grant at <code>kgrant@depaul.edu</code> or 773-325-4241 or Cari McCarty at <code>cmccarty@uw.edu</code>. We look forward to hearing from you.

# Making the Division about YOU: Special Interest Groups

Yo Jackson, Member at Large for Membership and Public Interest

ello members! It is that wonderful time of year when we all get a chance to finally emerge from a long winter and reconnect with each other. The world of membership is a-buzz with new potential membership perks and chances to get more connected to the division.

The Division is interested in knowing more about its members. In that vein, we have created a member interest area survey. The field of clinical child psychology is large with many varied and important sub-topics. Most of us have interest across a wide domain of areas within clinical child psychology and the Division would like to



Yo Jackson, Ph.D.

help members connect with others who share like interests.

Please take a minute to complete a short (I swear!) 5 minute survey to let us know what your special interests are and if you would like to be a part of a special interest group.

#### www.surveymonkey.com/s/C8GVL7V

Please complete by August 1 (before the conference), so I can compile your responses!

As you will see once you take the survey, I decided to start with questions on rather broad sub-areas. As interest grows, it may be possible to narrow this list down a bit. With the results of the survey, we will be able to gauge if the membership would like to have sub-specialty interest area groups and which areas would be most popular. My vision for these groups would be the creation and use of a special interest area listserv and possible meetings at regional and national conventions for networking and sharing of ideas. For those who want to find more collaborators for their work, these groups could be a great way to share information, ask sub-area specific questions to other experts, and learn more about a sub-area while growing your connection to the field. For students, these groups could be a great way to find mentors or learn more about the field from group discussions.

If there is sufficient interest from members to create some special interest groups, this could also be a terrific leadership opportunity for some members. We will also be looking for members to serve as coordinators or chairs of each group so that members can have a direct liaison contact to their special interest area.

## Receiving your Ph.D. or Psy.D. in 2010-11?

nBalance publishes the names of Division 53's student members who are receiving their doctoral degree in 2010-11. Faculty advisors and/or students should submit name, institution, advisor, date of conferment, and dissertation title to the newsletter editor, Brian Chu at *BrianChu@rci.Rutgers.edu*. The list will be published in the Fall issue. Submissions in advance of the August 1, 2011 deadline are encouraged.

# News & Announcements

#### Clinical Child ABPP—Why Aren't You Board Certified?

By Kathy Hart, Ph.D., ABPP Board Certified Clinical Child and Adolescent Psychologist and President, American Board of Clinical Child and Adolescent Psychology

n 2003, the American Board of Professional Psychology recognized Clinical Child and Adolescent Psychology as a unique specialty and began offering Board Certification in that area. Since that time, nearly 130 Clinical Child and Adolescent Psychologists have earned Board Certification through ABPP.

Most colleagues who have earned Board Certification have found it to be a positive professional experience that allows them to reflect on their work with similarly trained peers. We believe that our profession will achieve the status and acceptance it deserves by being represented by board certified psychologists.

In case you need additional reasons to consider Board certification, here are just a few:

 Board certification assures the public that you are a specialist who has successfully completed the education, training, and experience requirements of the specialty, including an examination designed to assess the competencies required to provide quality services in that specialty.



Kathy Hart, Ph.D., ABPP

- Board certification is a credential that is widely recognized by other professionals and the public.
- Becoming board certified supports the profession by assuring additional standards for practice.

So what about you? I encourage you to consider Board Certification. For more information, contact ABPP Central Office at <a href="www.abpp.org">www.abpp.org</a>, or contact me at <a href="mailto:hartk@xavier.edu">hartk@xavier.edu</a>.

#### APA Fellows Committee: Call for Nominations

The APA Fellows Committee seeks nominations for one new member for a three year term beginning January 1, 2012.

The Fellows Committee is charged with the review of nominations for APA Fellows and report recommendations to the Board of Directors through the Membership Board. The Fellows Committee reports to the APA Council through the Membership Board.

Nominees to the Fellows Committee must be available to meet twice annually, as follows: for up to three days in March at APA headquarters in Washington, DC and for one day at the APA Annual Convention. All expenses for both meetings will be covered or reimbursed by APA

Members of the committee must be APA Fellows, shall not serve on a Division Fellows Committee, nor endorse initial APA Fellow candidates, during their term on the Fellows Committee

The Fellows Committee is seeking nominees from the following areas:

Slate 1: Female—Scientist/Researcher (e.g. neuroscience, developmental, social, or experimental psychology)

The Fellows Committee highly encourages fellows in science and/or research and ethnic minorities to apply. Nominations must be submitted with a statement of interest and a current vita.

Self nominations are welcome. Send nominations and supporting material to Sonja Wiggins, Fellows Committee Liaison at the APA address or to <code>swiggins@apa.org</code>. The deadline for receipt of all nominations is July 1, 2011.



### **Apply for Fellow Status**

ellow status is one of the highest honors the APA bestows, and the Division 53 Fellows represent a most distinguished group of clinical child and adolescent psychologists.

To achieve Fellow status, individuals must be recognized by their peers as having made outstanding contributions to the discipline of clinical child and adolescent psychology, and their work must have had a national impact on the field.

There are many ways an individual can document such an impact: a continued and strong research record, service at the state or national level, the development of empirically validated treatments, service on editorial boards, or authoring influential

chapters or textbooks in the field. Division 53 is interested in having all of its deserving members earn Fellow status.

The minimum qualifications are: membership in the Division and APA for at least one year; 10 years of experience subsequent to earning a doctoral degree; supporting letters from three APA Fellows (they need not be Fellows in Division 53), and a self statement identifying specific contributions to the field.

For more information on the requirements for Fellow status contact Carol Whalen at *CKWhalen@UCI.edu*. For an application packet, contact Karen Roberts at *APADiv53@gmail.com*.



### Newsletter Correction

An incorrect website was given in Kristin Hawley's piece, Clinician training in research supported interventions: Can it be affordable, accessible and effective? in the Spring 2011 issue of InBalance. The correct link to the web-based training for Trauma-Focused Cognitive Behavioral Therapy is: www.musc.edu/tfcbt.

# Annual APA Convention

#### **APA 2011 Convention Preview**

By Jennifer Freeman & Jonathan S. Comer Convention Program Chair and Co-Chair

he Division 53 program at the APA Convention offers a packed program focusing on the science and practice of clinical child psychology. The program committee continues the Best Practices in Clinical Child and Adolescent Psychology series that has been so successful and popular in past years. Five invited symposia comprise this series, including leading clinical researchers in the areas of autism-spectrum disorders, adolescent depression, disruptive behavior disorder, tic disorders, and family-based assessment. In addition, several outstanding submitted symposia round out our program, including a special series of symposia devoted to the identification and treatment of depression and suicidality. Many of these symposia are approved for Continuing Education (CE) credit.

#### Thursday, August 4, 2011

Thursday includes four division-sponsored panels and symposia. The first talk begins at 8:00 a.m. and focuses on suicide prevention in primary care. Guy Diamond chairs a panel of clinical scientists who will discuss effective collaboration between medical and behavioral health providers, consisting of primary care physician trainings and improved suicide risk and behavioral health screenings. At 9:00, John Lochman will lead a distinguished panel composed of Sheila Eyberg, David Kolko, and Thomas Dishion to discuss treatment innovations of disruptive behavior disorders. John Piacentini chairs a third panel focusing on evidence-based practices for tic disorders and trichotillomania, with talks by John Piacentini, Michael Himle, Eric Storch, and Anne Marie Albano. At 2:00, Judy Garber chairs a panel of papers considering the treatment of depression from a developmental psychopathology perspective. Work will be presented by Erika Forbes, Judy Garber, Stephen Shirk, and Maria Kovaacs, and Joel Sherrill from NIH will serve as discussant.

#### Friday, August 5, 2011

Friday's schedule starts early, with Amy Goldstein and Joel Sherrill co-chairing an 8:00 a.m. symposium examining moderators of treatment outcome for depressed youth. A distinguished panel, including Paul Rohde, Judy Garber, John Curry, and Laura Mufson, will present data from clinical trials to inform the circumstances under which treatments work best. This is followed by a symposium chaired by Richard Abidin on family-based assessment practices that includes presentations by Harvey Skiner and David Reitman. At 3:00 p.m., Anne Marie Albano gives the Division 53 Presidential Address, a provocative talk entitled, "Are we witnessing the decline and fall of clinical child and adolescent psychology?" The Presidential Address leads directly into the Division 53 Business Meeting, and all members are encouraged to attend. You are also encouraged to attend a poster session presenting recent work on externalizing disorders and adolescent risk factors at 4:00. This session will be one of three Division 53 poster sessions. Poster sessions are only 50 minutes long, so it can be helpful to review the poster list ahead of time; although serendipity and spontaneity also work well when there is such a good concentration of people and ideas.

#### Saturday, August 6, 2011

On Saturday, starting at 8:00, Connie Kasari leads a distinguished panel on evidence-based treatments for autism-spectrum disorders. Talks include presentations by Linda Watson, Laura Schriebman, and Connie Kasari. Martha Wadsworth then leads a presentation on improving collaborations between universities and communities in order to promote the well-being of youth living in poverty. Ann Masten, Antonio Polo, and Beryl Cowan present and William Liu will serve as discussant. Next, John Curry and Joan Asarnow lead a panel of presentations detailing what we have learned from the landmark TADS, TORDIA, and YPIC trials, including talks by Mark Reinecke, Joan Asarnow, and Anthony Spirito. At 2:00, all members are encouraged to attend the invited address for our Distinguished Contribution to Child Clinical Psychology award winner John Lochman. Lochman's address will offer exceptional insights from a career spent improving the identification and treatment of aggressive youth. Later at 5:00 is the Division 53 Social Hour and Internships on Parade, which is held jointly with Division 54 (Society for Pediatric Psychology).



Jennifer Freeman, Ph.D.



Jonathan S. Comer, Ph.D.

## Sunday, August 7, 2011

Sunday morning's programming begins with Belinda Sims and Valerie Maholmes co-chairing an important symposium on childhood bullying, offering perspectives from the Federal Partners in Bullying Prevention. Stephanie Bryn and Greta Massetti will also present. This is immediately followed at 10:00 by a Division 53 poster session presenting research on youth internalizing problems, followed by an 11:00 poster session on recent developmental psychopathology research.

Lastly, Division 53 is hosting a Hospitality Suite during the convention (Grand Hyatt, room TBA) – make sure you stop by for food, drink and to informally meet with board members, distinguished speakers and fellow members! Please see the Program Schedule and Grid for all details and locations. See you in Washington DC!

#### Division 53 APA Convention Committee

Anne Marie Albano, President Tony Spirito, Past President Jennifer Freeman, Chair Jonathan Comer, Co-chair

# Annual APA Convention

# Divisions 53/54

	Thursday, August 4, 2011		
	Division 53	Division 54	
8–9 am 9–10 am	*Symposium: Youth Suicide Prevention in Primary Care Chair: Guy Diamond Rm 145B		
10 am– 12 pm	*Symposium: Innovations in Interventions for Disruptive Behavior Disorders Chair: John Lochman Rm 145A	Symposium: International Perspectives on Addressing Parent and Family Factors in the Treatment of Pediatric Chronic Pain and Functional Disability Chair: Gerard Banez Rm 155	
12–1 pm	* Symposium: Evidence- based Practices for Tics and TTM Chair: John Piacentini Rm 150B		
1–2 pm		Skill-building Session: Getting Past the Front Window: Strategies for Enhancing Behavioral Health and Pediatric	
2–4 pm	* Symposium: Treatment of Depression in Youth: A Developmental Psychopathology Perspective Chair: Judy Garber Rm 150A	Primary Care Service Integration Co-chairs: Elisabeth Cannata, Delbert Hodder, Barbara Ward- Zimmerman Room 148	
4–7 pm		Exec Committee Meeting Renaissance Washington Hotel Rm 3	

	Friday, August 5, 2011			
	Division 53		Division 54	
8–10 am	*Symposium: Who Benefits? Exploring Moderators of Response to Intervention Among Depressed and At- risk Youth Chair: Amy Goldstien Rm 145B		Committee Meeting: <i>JPP</i> Editorial Board Renaissance Washington Hotel Rm 3	
10–12 am	*Symposium: Updates of Evidence-based Assessment–Family Measures Chair: Richard Abidin Rom 145A		Paper Session: Implications for Pediatric Psychologists Authors: Maria Goldman, Lorna London, Mekel Harris Room 148	
3–5 pm	Presidential Address: Are We Witnessing the Decline and Fall of Clinical Child and Adolescent Psychology? D53 President: Anne Marie Albano Renaissance Washington Hotel Meeting Rm 3			
4–5 pm	D53 Business Meeting Renaissance Washington Hotel Meeting Rm 3	Poster Session: Externalizing Disorders in Children and Adolescents Adolescent Risk Convention Ctr Halls D and E	*Skill-building Session: Child's Mind-Integrating Mindfulness Practices into Child and Adolescent Psychotherapy Chair: Christopher Willard Rm 149A	
5–6 pm				

All sessions take place in the Washington D.C. Convention Center unless otherwise indicated.

**★** indicates sessions are eligible for APA-sponsored CE credits.

Division 53 Substantive Programming	
Division 53 Non-substantive Programming	
	_
Division 54	
Substantive Programming	
Division 54	

**Non-substantive Programming** 

### Division 53/54/37 Student Social Hour

Division 53/54 Hospitality Suite Grand Hyatt Washington Hotel Friday, August 5, 7:00 – 8:30 PM

Co-sponsored by Divisions 53 and 54. Keep an eye out for the Division and student listservs for upcoming details!

# Washington D.C. Programming

	Saturday, August 6, 2011			
	Division 53			
8–9 am 9–10 am	*Symposium: Early Interventions for Children with an Autism Spectrum Disorder Chair: Connie Kasari Rm 145A	*Skill-building Session: Integrating Issues of Diversity in Your Research Chair: Celia Lescano Rm 149B		
10–11 am 11–12 am	*Symposium: University— Community Collaborations to Promote the Socioemotional Well- being and Educational Success of Children in Poverty Chair: Martha Wadsworth Rm 145A  *Symposium: What Have We Learned from TADS, TORDIA, and YPIC?	*Symposium: Child Assent and Parental Permission in Pediatric Research Methodological Advances and Contextual Influences Chair: Victoria Miller Rm 154B	Symposium: Public Health Strategies to Enhance Positive Parenting— Research and Programs from the CDC Chair: Jennifer Kaminski Rm 143C	
1–2 pm	Co-chairs: John Curry and Joan Asarnow Rm 145A	Poster Session: Pediatric Psychology Convention Center Halls D and E		
2–3 pm	Lifetime Achievement			
3–4 pm	Award/Invited Address: Emotional and Social- Cognitive Dysfunction in Aggressive Children: Intervention, Issues, and Myths Recipient: John Lochman Rm 140B	Presidential Address and Logan Wright Research Award D54 President: Gerald Koocher Rm 102A		
4–5 pm		Business Meetir Ceremony D54 President: G Rm 102A		
5–7 pm	Division 53, Division 54, and Division 37 Social Hour: Internships/Postdoctoral Fellowship Training Programs on Parade Grand Hyatt Washington Hotel			

	Sunday, August 7, 2011	
	Division 53	
8–9 am	Symposium: Addressing Bullying— Perspectives from the Federal Partners in Bullying Prevention Co-chairs: Belinda Sims and Valerie Maholmes Rm 151B	
9–10 am		
10–11 am	Poster Session: Internalizing Disorders in Children and Adolescents Convention Center Halls D and E	
11 am –12 pm	Poster Session: <b>Developmental Psychopathology</b> Convention Center Halls D and E	



Room TBA— Stay tuned to the Division Listsery!

# **Grand Hyatt Washington Hotel**Daily programming

Come meet board members, symposia chairs, and honored guests at the SCCAP Division 53 and SPP Division 54 Hospitality Suite.

Division 53 and 54 are hosting a Hospitality Suite to take advantage of common interests and to foster collaborations.

Come discuss presentations, the Division, and the future of psychology over snacks and coffee at the Hospitality Suite.

## **Internships on Parade**

Saturday, August 6, 2011 5–6:50 p.m. Grand Hyatt Washington Hotel Constitution Ballroom A

APA divisions 53, 54, and 37 have teamed up once again to host a gathering of over 20 different internships and post-doc programs from medical centers, mental health centers, and university programs nationwide.

Students can meet other students, share their experiences, and get support for the application process.

# Annual APA Convention



**Grand Hyatt Washington Hotel** 

#### **Thursday August 4, 2011**

**9–10 a.m.— D54 Adherence SIG Meeting** Open to all SPP members.

**2–3 p.m. — D54 Diversity SIG Meeting** Open to all SPP members.

3:30–5 p.m. — D53: A Look Inside the Dissemination of the EBT Video Project Open to all

#### Friday August 5, 2011

## 1–2:30 p.m. — D54 Student Advisory Board Meeting

SPP SAB members discuss future directions. All SPP members welcome.

**2:30–3:30 p.m. — D54 Early-career Discussion** Students and early-career psychologists are encouraged to learn tips for success.

#### 6-7 p.m. — D53 Social Hour

Join the celebration of Distinguished Career Award winner, John Lochman, Ph.D. Open to all.

**7–8:30 p.m.** — D37/D53/D54 Student Social Hour Informal opportunity to meet, socialize, and network withother student members and leaders in the field. Open to all.

#### Saturday August 6, 2011

### 1-2 p.m. — Diversity in Research Discussion

Join D54 Diversity Committee members as they discuss methods for highlighting diversity in research projects and reporting of results.

2-3 p.m. — D54 Adolescent and Young Adults with Chronic Health Conditions SIG Meeting Open to all SPP members.

**7–8:30 p.m. — D54 Social Hour** Open to all SPP members.

# Student Achievement Awards

he Student Recognition Committee is proud to announce the winners of the first **Division 53 Student Achievement Award**. Congratulations to these members for receiving the award for 2011-12: Matthew Lerner (University of Virginia); Zachary W. Adams (University of Kentucky); Veronica A. Kassab (Central Michigan University); and Lisa Sperle (University of Texas at Austin).

#### **Graduate Research Award**

**Veronica Kassab** is a second year graduate student in the Clinical Psychology Program at Central Michigan University. Her research interests involve development, adaptation, and evaluation of community-based interventions to reduce risky sexual behavior among Latina/o youth involved in gangs. Kassab conducted focus group research to gather input from community agency staff, adolescents, and parents to ensure development of an effective intervention which would be acceptable to Latina/o families. The data was used to adapt an existing preventative intervention. Adaptations included: per-



Veronica Kassab

sonal and family values; gender role messages and stereotypes; testimonies from youth involved in high risk sexual behavior; and parent session to provide information about HIV, sexual reproduction, contraceptives, and how to discuss family values surrounding sexual behavior with youth. After adaptation, Kassab tested the feasibility of delivering both the adapted and original versions with at-risk Latina/o adolescents. She found participation in either intervention had positive effects on adolescents' knowledge of HIV and comfort obtaining condoms. Participants in the adapted intervention were significantly more satisfied, willing to discuss HIV and sexually-transmitted infections with their partners, and willing to refuse sex if aroused.

Kassab has published several articles and presented at national conferences during her graduate career. She has demonstrated impressive skills in intervention development, adaptation, and evaluation for a historically underserved population. Kassab has already made a significant contribution to the limited research examining at-risk Latina/o youth. There is no doubt Veronica will continue to play a vital role in the field of clinical child and adolescent psychology.

#### **Undergraduate Research Award**



Lisa Sperle

**Lisa Sperle** recently graduated with Highest Honors and Special Honors from the undergraduate psychology program at the University of Texas at Austin. As an undergraduate student, Lisa was involved in research, teaching, and service activities. She has also been awarded a variety of competitive scholarships and a \$1,000 research fellowship to fund her honors thesis. Sperle is interested in the social-cognitive development of children and adolescents with autism spectrum disorders. She managed all aspects of completing her undergraduate honors thesis, "Temperament and emotion recognition: The moderating role of peer

victimization among adolescents with and without high-functioning autism" (Advisor: A. Rebecca Neal).

The aim of her study was to investigate how various biological and environmental factors, particularly autism, temperament and peer victimization, contribute to recognition of facially expressed emotions, and more broadly, social and emotional functioning. Her preliminary findings supported the hypotheses that autism, temperament and peer victimization are related to adolescents' assessment of emotional information relevant to social interaction. Sperle will present these findings at the upcoming International Meeting for Autism Research. Sperle is passionate about furthering the field's understanding of the social-cognitive functioning of children with autism spectrum disorders to improve early detection, diagnostics and treatment. She will continue her research as a doctoral student at the University of Pittsburgh this fall. Congratulations to Lisa on her impressive accomplishments and best of luck as she embarks on her graduate career!

Subsequent newsletters will spotlight the work of Matthew Lerner and Zachary Adams.



#### **Making the Most of Your Summer**

By Jennifer Regan University of California, Los Angeles



Jennifer Regan, M.A.

pleasure to introduce myself as your student representative for the 2011-2012 vear. I am currently finishing my third year in the clinical psychology doctoral program at the University of

California-Los Angeles, where I work with Bruce Chorpita, Ph.D. My interests are primarily in identifying mediators and moderators of effective treatments and studying processes that lead to the successful dissemination and implementation of evidence-based practice. My current focus is in developing valid and cost-efficient measures of fidelity for community practice.

I plan to continue the excellent work of your previous student representatives by collaborating with the Student Advisory Board to improve the student experience and create more opportunities for students to get involved in the Division. Already this year, we have been working to enhance undergraduate recruitment efforts, solicit more feedback for student convention events, and offer a new student achievement award, two winners of which are featured in this issue. Over the next few months, we plan to foster relationships with Psi Chi chapters throughout the country to increase undergraduate membership and develop an undergraduate-graduate mentorship program. Finally, we plan to make the Division website more pertinent to students by reformatting the current page, including more student content and adding a student-directed forum for topics related to clinical child and adolescent psychology.

As we head into summer and the 119th APA Convention in Washington, D.C., I would like to highlight some of the exciting Division events. This year, the Division is sponsoring symposia regarding prevention and intervention efforts in the areas of depression, suicide,

bullying, disruptive behavior disorders, tic disorders, and autism spectrum disorders, as well as poster sessions on internalizing and externalizing disorders and developmental psychopathology. Especially important for students, D53 is hosting a student social hour in conjunction with Divisions 37 and 54 on Friday, August 5, from 7:30-8:30pm in the Grand Hyatt Washington Hotel hospitality suite. The Internships on Parade social hour, a great networking opportunity for students applying this year, will be on Saturday, August 6, from 5-6 pm in the Grand Hyatt, Constitution Ballroom A. We are also hosting a career pathways panel in clinical child psychology and offer a view inside the Division's dissemination of evidence-based treatments video project. Stay tuned to the listsery and website for more information

As summer is upon us and we celebrate graduations at all degree levels, I have had a number of undergraduate students request advice on how to obtain post-baccalaureate positions that will help them pursue a career in clinical child psychology. A post-baccalaureate position can be an invaluable experience which provides students with a chance to learn about the nuts and bolts of conducting research, enhance data management skills and analysis, and discover whether this is the right path for them. Summer is usually when turnover in these positions is at its highest.

#### **Job Market Tips for Recent Grads**

- One of the best places to start your job search is your undergraduate institution's psychology department. Check bulletin boards and listserv postings for mention of available positions and ask undergraduate and Psi Chi advisors about open positions.
- If you have a focused research interest, find professors who conduct research in those areas and don't be afraid to ask them about working in their labs. Professors are usually happy to hear someone is interested in their work. Even if something is not available then, something might open up soon and you will be ahead of the game.

- Ask your friends at other local and out-ofstate institutions to keep an eye out for any postings. Some positions are only advertised within schools or medical centers and it can be helpful to enlist help in locating these harder-to-find positions.
- If you were recently working in a lab, graduate students and postdoctoral scholars can be your best resources. They are often involved in different labs or may be completing practica in labs or programs that are looking for research assistants. They might also know students in other programs and can put you in touch with additional contacts.
- Get online and get involved! Large research centers and labs usually have job positions posted on their websites and psychology organizations such as APA and SCCAP send position announcements over their listserys.
- Make sure your Curriculum Vitae is properly formatted and up-to-date. Undergraduate career centers often provide workshops in creating CVs and graduate students or postdocs can provide examples.
- Once you have interviews lined up, research the professor in that lab or center and make sure you are informed about their current and most recent projects. An informed candidate will often stand out. Practice interviewing with your family, friends, graduate students, or career center staff.
- Don't give up! Sometimes it takes a while to find the right position but don't take this as a sign to stop looking. Remember, it is never too early to start researching these positions!

I look forward to serving as your student representative this year and am very interested to hear your thoughts, opinions, and suggestions on how to improve the student experience in Division 53. If you have an idea you would like to share or would like to post to the student listsery, please don't hesitate to contact me at division53studentlistsery@gmail.com. See you at the convention!

# Congressional Testimony

## Fighting for Reimbursement Rights for Child and Family Assessment

By Frank R. Ezzo, Ph.D., ABPP

[Editor note: The following are excerpts from Dr. Ezzo's Testimony to the Ohio Senate Finance Committee on the governor's office of health transformation Medicaid budget on May 18, 2011, addressing assessment benefits. Edits were made for space considerations, not to alter content or meaning. Interested readers are referred to the complete transcript available at the D53 website.]

am here to provide testimony in opposition of the limit of 4 hours for diagnostic assessment proposed by the Governor's Office of Health Transformation (GOHT). The alternative proposal of 10 hours is needed.

An initial mental health assessment (billed as Diagnostic Assessment) typically takes 2 hours. The first hour is used to assess health status, alcohol or drug use, history of victimization of physical or sexual abuse, school issues, family issues, and psychosocial stressors, just to mention a few factors. The second hour is used to conduct a more focused clinical diagnostic interview. Virtually all children will exceed the "soft limit" (Medicaid Early Periodic Screening and Diagnostic Treatment Benefit). Why set limits so low and likely add a bureaucratic layer to review medical necessity with such an unrealistic limit that in reality is not a limit?

Diagnosing children is complex, especially with a Medicaid population because of symptom overlap, and the impact of poverty and social context on behavior. Accurate diagnosis is crucial; otherwise, there is a risk of providing the wrong treatment with unintended ad-

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verse effects. This will result in more cost and increased human suffering for the innocent children of Ohio.

It is difficult to estimate the number of hours for a battery of psychological testing as each child's problems are different. A general breakdown:

- Diagnostic Interview with child and parent: 2.0 hours
- Cognitive abilities and Achievement testing (to detect learning disabilities, mental disabilities, development disabilities, autism spectrum): 3.0 hours



Frank R. Ezzo, Ph.D., ABPP

- Testing of Executive and neuropsychological functioning (to assess for neurological brain conditions such as tumors and epilepsy, and developmental impairments of memory, language, visual-motor ability, planning, organization, and learning): 2.0 hours
- Parent & Teacher Inventories (to assess behavior at home and school): 1.0 hour
- Personality Inventories (to diagnosis disorders such as depression, anxiety, bipolar disorder, psychosis, and obsessive compulsive disorders): 1.0 hour
- Feedback Session (to describe testing results and recommend treatment plan): 1.0 hour
- TOTAL: 10.0 hours

This does not take into account any initial assessment conducted by another clinician.

The GOHT noted in the Managed Behavioral Health Service Utilization document that 90% of clients will not be impacted if Diagnostic Assessment Services are limited to 4 hours. Certainly not true in my case and others I have talked to. As a psychologist involved in the training of doctoral interns, and as a psychologist "in the trenches," I can unequivocally state that no comprehensive evaluation for children on Medicaid are completed within that time frame.

My responsibility as a psychologist is to provide ethical diagnostic and treatment services. The State's responsibility is equally important: maintaining a balance between fiscal crisis and the mental health needs of children. A "soft" limit is nebulous, and will present families and psychologists with uncertainty about reimbursement procedures and discourage psychological evaluations. The State should not be caught in a penny-wise, pound foolish cost savings attempt. The great Buckeye State should not compromise its care for children with a "soft limit" for diagnostic assessment that will paradoxically cause greater expenditures in the long-run.

For complete transcript visit www.clinicalchildpsychology.org



2011 Membership Information

# Society of Clinical Child and Adolescent Psychology Division 53, American Psychological Association

Visit **www.clinicalchildpsychology.org** for complete membership information.

### Joining Division 53 awards many benefits, including access to:

#### SCCAP Journal

The *Journal of Clinical Child and Adolescent Psychology* is a leading child psychopathology and treatment journal.

#### Quest BehavioralPro

Division 53 members are provided behavioral health information for clinical practice, teaching, and research purposes from Quest Health Systems, Inc.

#### In Balance Newsletter

In**Balance** is published 3 times a year offering topical features, news of interest, and important policyrelated information.

#### Useful Listservs

A members-only listserv provides a forum for scientific and professional topics. The announce-only listserv alerts you to Division developments. Students may join either of these listservs as well as a Student Only listserv.

#### Convention Activities

We sponsor several APA Convention activities: symposia, workshops, poster sessions, and a social hour that allow you to network, learn, exchange information, and stay abreast of current clinical and research topics in our field.

#### Continuing Education

CE credits can be obtained at the annual APA Convention and at sponsored regional conferences.

#### Task Forces

SCCAP task forces investigate issues pertinent to child mental health policy, treatment, and diagnostics.

#### More Student Benefits

SCCAP is dedicated to encouraging student participation and strives to maintain sensitivity to the needs of people pursuing training in the field. Students are represented on the SCCAP Board of Directors and SCCAP sponsors sessions on finding and securing internships in clinical child psychology at the APA annual convention. Students have their own listserv and may also participate in the other two division listservs. Students also receive their first year of membership free.

#### Advocacy for Children's Mental Health

Most importantly, our strength and size offer crucial opportunity for advocacy. Thanks to your membership, SCCAP is able to work toward improving children's mental health care services at local and national levels and offer advocacy to support mental health careers and training. The size of our Division is directly related to our representation on APA's Council of Representatives, and our continued growth has allowed us to obtain seats on APA task forces and committees and to participate in ongoing discussions regarding clinical child specialization and accreditation.

## Come join us at www.clinicalchildpsychology.org

## **Administrative Updates**

#### Update Your Contact Information at My.APA.Org

As the Division moves more and more toward conducting business electronically, it is important that all members stay connected. Now that our Member Control Panel on the new website is active, we would like all Division members to update their contact information as soon as possible, including email addresses.

For Division 53 members who are also APA members, it is important to keep your information current too. Please email your changes to Karen Roberts at *APAdiv53@gmail.com*.





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