

References

- Andrade, L., [Caraveo-Anduaga, Jorge J.](#), [Berglund, Patricia](#), [Bijl, Rob V.](#), [De Graaf, Ron](#), [Vollebergh, Wilma](#), et al. (2003). [The epidemiology of major depressive episodes: Results from the International Consortium of Psychiatric Epidemiology \(ICPE\) Surveys.](#) *International Journal of Methods in Psychiatric Research*, 12, 3-21.
- Bandura, A. (1977). Toward a unifying theory of behavioral change. *Psychological Review*, 84, 191-215.
- Bandura, A. (1986). The explanatory and predictive scope of self-efficacy theory [Special issue]. [Journal of Social & Clinical Psychology](#), 4, 359-373.
- Bandura, A. (1997). [Self-efficacy: The exercise of control](#). New York, NY: W H Freeman.
- Bandura, A. (2001). Social Cognitive Theory: An agentic perspective. *Annual Review of Psychology*, 52, 1-2.
- Bandura, A. (2002). Social Cognitive Theory in cultural context. *Applied Psychology*, 51, 269-290.
- Bandura, A. Pastorelli, C., Barbaranelli, C., & Caprara, G.V. (1999). [Self-efficacy pathways to childhood depression.](#) *Journal of Personality and Social Psychology*, 76, 258-269.
- Caprara, G.V., & Cervone, D. (2000). [Personality: Determinants, dynamics, and potentials.](#) New York, NY: Cambridge University Press.
- Chen, S.X., Chan, W., Bond, M.H., & Stewart, S.M. (2006). The effects of self-efficacy and relationship harmony on depression across cultures. *Journal of Cross-Cultural Psychology*, 37, 643-658.

- Diener, E., & Lucas, R. (2000). [Explaining differences in societal levels of happiness: Relative standards, need fulfillment, culture and evaluation theory.](#) *Journal of Happiness Studies*, 1, 41-78.
- Fernandez-Ballesteros, R., Diez-Nicolas, J., Caprara, G.V., Barbaranelli, C. & Bandura, A. (2002). Determinants and structural relation of personal efficacy to collective efficacy. *Applied Psychology: An International Review*, 51, 107-125.
- Heine, S.J., Kitayama, S., Lehman, D.R., Tekata, T., Ide, E., Leung, C. et al. (2001). [Divergent consequences of success and failure in Japan and North America: An investigation of self-improving motivations and malleable selves.](#) *Journal of Personality and Social Psychology*, 81, 599-615.
- Heine, S.J. & Lehman, D.R. (1997). Culture, dissonance, and self-affirmation. *Personality and Social Psychology Bulletin*, 23, 389-400.
- Heine, S.J., Lehman, D.R., Markus, H.R., & Kitayama, S. (1999). Is there a universal need for positive self-regard? *Psychological Review*, 106, 766-794.
- Hermans, H.J.M., & Kempen, H.J.G. (1998). [Moving cultures: The perilous problems of cultural dichotomies in a globalizing society \[Special Issue\].](#) *American Psychologist*, 53, 1111-1120.
- Holden, G.W., Moncher, M.S., Schinke, S.P., & Barker, K.M. (1990). [Self-efficacy of children and adolescents: A meta-analysis.](#) *Psychological Reports*, 66, 1044-1046.
- Hoshino-Browne, E., Zanna, A.D., Spencer, S.J., Zanna, M.P., Kitayama, S., & Lackenbauer, S. (2005). On the cultural guises of cognitive dissonance: The case of Easterners and Westerners. *Journal of Personality and Social Psychology*, 89, 294-310.

- Kang, S.M., Shaver, P.R., Sue, S., Min, K.H., & Jin, H. (2003) [Culture-specific patterns in the prediction of life satisfaction: Roles of emotion, relationship quality, and self-esteem.](#) *Personality and Social Psychology Bulletin*, 29, 1596-1608.
- Kitayama, S., Ishii, K., Imada, T., Takemura, K., & Ramaswamy, J. (2006). Voluntary settlement and the spirit of independence: Evidence from Japan's "Northern Frontier". *Journal of Personality and Social Psychology*, 91, 369-384.
- Kitayama, S., Markus, H.R. & Kurokawa, M. (2000). Culture, emotion, and well-being: Good feelings in Japan and the United States. *Cognition and Emotion*, 14, 93-124.
- Kitayama, S., Mesquita, B., & Karasawa, M. (2006). Cultural affordances and emotional experience: Socially engaging and disengaging emotions in Japan and the United States. *Journal of Personality and Social Psychology*, 91, 890-903.
- Klassen, R.M. (2004). Optimism and realism: A review of self-efficacy from a cross-cultural perspective. *International Journal of Psychology*, 39, 205-230.
- Kraag, G., Zeegers, M.P., Kok, G., Hosman, & Abu-Saad, H.H. (2006) [School programs targeting stress management in children and adolescents: A meta-analysis.](#) *Journal of School Psychology*, 44, 449-472.
- Kwan, V.S.Y., Bond, M.H., & Singelis, T.M. (1997). [Pancultural explanations for life satisfaction: Adding relationship harmony to self-esteem.](#) *Journal of Personality and Social Psychology*, 73, 1038-1051.
- Markus, H.R., & Kitayama, S. (1991). Culture and the self: Implications for cognition, emotion, and motivation. *Psychological Review*, 98, 224-253.
- Markus, H.R., & Kitayama, S. (1994). A collective fear of the collective: Implications for selves and theories of selves. *Personal and Social Psychology Bulletin*, 20, 568-579.

- Markus, H.R., & Kitayama, S. (2003). Culture, self, and the reality of the social. *Psychological Inquiry, 14*, 277-283.
- Multon, K.D., Brown, S.D., & Lent, R.W. (1991). [Relation of self-efficacy beliefs to academic outcomes: A meta-analytic investigation](#). *Journal of Counseling Psychology, 38*, 30-38.
- Oyserman, D., Coon, H.M. & Kemmelmeier, M. (2002). Rethinking individualism and collectivism: Evaluation of theoretical assumptions and meta-analyses. *Psychological Bulletin, 128*, 3-73.
- Schwartz, S.H. (1992). Universals in the content and structure of values: Theoretical advances and empirical tests in 20 countries. *Advances in Experimental Social Psychology, 25*, 1-65.
- Schwartz, S.H. & Bardi, A. (2001). Value hierarchies across cultures: Taking similar perspectives. *Journal of Cross-Cultural Psychology, 32*, 268-290.
- Schwartz, S.H. & Sagiv, L. (1995). Identifying culture-specifics in the content and structure of values. *Journal of Cross-Cultural Psychology, 26*, 92-116.
- Scott, W. D., & Cervone, D. (2004). Enhancing perceived self-efficacy: Guided mastery therapy. In W. Donohue & S. Hayes (Eds.), *Principles of Effective Therapy*. New York: John Wiley.
- Scott, W. D., & Cervone, D. (in press). Self-efficacy interventions: Guided Mastery Therapy. In W. Donohue & J.E. Fisher (Eds.), *Cognitive Behavior Therapy: Applying Empirically Supported Techniques in Your Practice, Second Edition*. New York: John Wiley.
- Scott, W. D., Dearing, E., Reynolds, W.R., Lindsay, J.E., Hamill, S.K., & Baird, G.L. (2008). Cognitive self-regulation and depression: Examining self-efficacy appraisals and goal

- characteristics in youth of a Northern Plains tribe. *Journal of Research on Adolescence*, 18, 379-394.
- Stajkovic, A.D., & Luthans, F. (1998). [Self-efficacy and work-related performance: A meta-analysis](#). *Psychological Bulletin*, 124, 240-261.
- Stewart, S.M., Kennard, B.D., Lee, P.W.H., Hughes, C.W., Mayes, T.L., Emslie, G.J., et al. (2004). A cross-cultural investigation of cognitions and depressive symptoms in adolescents. *Journal of Abnormal Psychology*, 113, 248-257.
- Uchida, Y., Norasakkunkit, V., & Kitayama, S. (2004). Cultural constructions of happiness: Theory and empirical evidence. *Journal of Happiness Studies*, 5, 223-239.
- Vandello, J.A., & Cohen, D. (1999). Patterns of individualism and collectivism across the United States. *Journal of Personality and Social Psychology*, 77, 279-292.
- Whitesell, N.R., Mitchell, C.M., Kaufman, C.E., Spicer, P., and the Voices of Indian Teens Project Team. (2006). [Developmental Trajectories of Personal and Collective Self-Concept Among American Indian Adolescents](#). *Child Development*, 77, 1487-1503.
- World Health Organization (2001). Burden of mental and behavioral disorders. In R.S. Murthy et al. (Eds.), *The World Health Report 2001. Mental health: New understanding, new hope* (pp. 19-44). Geneva, Switzerland: World Health Organization.
- Yarcheski, A., Mahon, N.E., Yarcheski, T.J., & Carnella, B. (2004) [A meta-analytic study of predictors for loneliness during adolescence](#). *Nursing Research*, 55, 308-315.