

**MICHAEL ARTHUR SOUTHAM-GEROW**  
Professor  
Virginia Commonwealth University

**CONTACT DETAILS**

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**EDUCATION**

- **Post-doctoral Training.** University of California-Los Angeles, Department of Psychology, Los Angeles, CA. 1997- 2001
- **Pre-doctoral Clinical Internship.** University of California-San Diego/VA Medical Center Consortium, San Diego, CA (APA approved), 1996-1997
- **Doctoral studies.** Temple University-Philadelphia, PA. **Ph.D. in Clinical Psychology** (APA approved), conferred August 1997
- **Undergraduate studies.** University of Michigan-Ann Arbor, MI. **AB in Psychology** with High Honors, conferred May 1989

**CURRENT POSITIONS**

- **Professor**, Department of Psychology, Virginia Commonwealth University. 2013-present.
- **Associate Chair**, Department of Psychology, Virginia Commonwealth University. 2015-present.
- **Director of Graduate Studies**, Department of Psychology, Virginia Commonwealth University. 2010-present.
- **Co-Director**, Anxiety Clinic, Department of Psychology, Virginia Commonwealth University. 2003-2017

**PROFESSIONAL LICENSURE**

Commonwealth of Virginia, Clinical Psychology License, #0810003041

## **RELEVANT EMPLOYMENT HISTORY**

- **Associate Professor**, Department of Psychology, Virginia Commonwealth University. 2006-2013.
- **Assistant Professor**, Virginia Commonwealth University. 2001- 2006.
- **Assistant Research Professor**, University of California-Los Angeles (UCLA), Department of Psychology, 2000-2001
- **Project Director**, UCLA, Department of Psychology (PI: John R. Weisz, Ph.D.) 1997-2001

## **RESEARCH FUNDING**

### **Current**

Title: Development of a Pragmatic Treatment Integrity Instrument for Child Therapy.

Dates: 2016-2018

Role: Co-I (PIs: Chapman & McLeod)

Source: National Institute of Mental Health (NIMH)

Award type: R21

Description: The objective of the two-year grant is to develop a practical, short, and easy to use observational treatment integrity instrument capable of assessing the extent to which a therapist delivered cognitive behavioral therapy for youth anxiety with integrity and skill. The development of this practical instrument will help support the evaluation, implementation, and sustainability of evidence-based treatments in community settings.

Award number: R21-MH109666

Direct costs: \$431,244

### **Current**

Title: Development and Validation of Treatment Integrity Measures for Classroom-Based Interventions.

Dates: 2014-2018

Role: Co-I (PI: McLeod)

Source: Institute for Educational Sciences (IES)

Award type: Goal 5

Description: Project involves development of adherence/competence tools related to teacher-delivered interventions in preschool classrooms.

Award number: R305A140487

Direct costs: \$1,599,923

### **Current**

Title: Local quality assurance tool for family therapy in usual care for adolescent substance use

Dates: 2015-2019

Role: Co-I (PI: Hogue)

Source: National Institute of Drug Abuse

Award Type: R01

Description: Empirically distill the core intervention techniques of manualized family-based treatments for ASU in order to produce a non-proprietary, psychometrically valid quality assurance (QA) toolkit that can promote high-fidelity implementation of family therapy by community practitioners in routine care.

Award number: R01 DA037496

Direct costs: \$1,645,806

### **Completed**

Title: Diversity Supplement to Development and Validation of Child Therapy Integrity Measures.

Dates: 2011- 2014

Role: PI

Source: National Institute of Mental Health (NIMH)

Award type: Diversity Supplement to R01

Description: Project involves training of a graduate student in the development of treatment integrity measures, with a focus on benchmarking.

Award number: R01MH086529-S1

Direct costs: \$145,842

### **Completed**

Title: Development and Validation of Child Therapy Integrity Measures.

Dates: 2010-2016

Role: PI

Source: National Institute of Mental Health (NIMH)

Award type: R01

Description: Project involves development of treatment integrity measures.

Award number: R01MH086529

Direct costs: \$1,125,000

### **Completed**

Title: Measuring and improving supervisor adherence and competence.

Dates: 2012-2015

Role: Consultant

Source: National Institute of Mental Health (NIMH)

Award type: R21/R33

Description: Project involves development of a supervision adherence/competence tool (R21) and the implementation of that tool in a quality improvement project related to multisystemic therapy (MST).

Award number: R21MH097000

Direct costs: \$181,000

### **Completed**

Title: Adaptation of Evidence-Based Child Therapy in Context.

Dates: 2005-2010

Role: PI

Source: National Institute of Mental Health (NIMH)  
Award type: K23  
Description: Project involved training and research projects designed to identify factors necessary to consider in adapting mental health treatments for use in community clinics.  
Award number: K23MH69421  
Direct costs: \$599,655.

## **BIBLIOGRAPHY**

**Total N=81**

\*Student (or former student) authors in ***bold italics***

### **Books and edited volumes, n=1**

2013 (n=1)

1. **Southam-Gerow, M. A.** (2013). *Practitioner's guide to emotion regulation in children and adolescents*. New York: Guilford Press. (translated into Dutch 2014, Korean 2016). Released in paperback in 2016.

### **Peer reviewed articles, n=63**

IN PRESS (n=4)

1. McLeod, B. D., **Southam-Gerow, M. A.**, Jensen-Doss, A., Hogue, A., Kendall, P. C., & Weisz, J. R. (in press). Benchmarking treatment adherence and Therapist competence in individual cognitive-behavioral treatment for youth anxiety disorders. *Journal of Clinical Child and Adolescent Psychology*.
2. **Brown, R. C., Southam-Gerow, M.**, McLeod, B. D., **Wheat, E. B., Tully, C. B.**, Reise, S. P., Kendall, P. C., & Weisz, J. R. (in press). The Global Therapist Competence Scale for Youth Psychological Treatment: Development and initial validation. *Journal of Clinical Psychology*. doi: 10.1002/jclp.22537
3. McLeod, B. D., Jensen-Doss, A., **Tully, C. B., Southam-Gerow, M. A.**, Weisz, J. R., & Kendall, P. C. (in press). The role of setting versus treatment type in alliance within youth therapy. *Journal of Consulting & Clinical Psychology*.
4. McLeod, B. D., **Southam-Gerow, M. A., Rodriguez, A., Quinoy, A., Arnold, C.**, Kendall, P. C., & Weisz, J. R. (in press). Development and initial psychometrics for a therapist competence instrument for CBT for youth anxiety. *Journal of Clinical Child and Adolescent Psychology*.

2017 (n=4)

5. McLeod, B. D., **Southam-Gerow, M. A.**, & Kendall, P. C. (2017). Observer, child, and therapist perspectives on the alliance in CBT for youth anxiety. *Psychological Assessment, 29*(12), 1550-1555.
6. **Smith, M. M.**, McLeod, B. D., **Southam-Gerow, M. A.**, Jensen-Doss, A., Kendall, P. C., & Weisz, J. R. (2017). Does the delivery of CBT for youth anxiety differ across research and practice settings? *Behavior Therapy, 48*, 501-516. doi:10.1016/j.beth.2016.07.004

7. McLeod, B. D., Sutherland, K. S., **Martinez, R. G.**, Conroy, M. A., Snyder, P. A., & **Southam-Gerow, M. A.** (2017). Identifying common practice elements to improve social, emotional, and behavioral outcomes of young children in early childhood classrooms. *Prevention Science, 18*, 204-213. doi:10.1007/s11121-016-0703-y
8. Hogue, A., Bobek, M., Dauber, S., Henderson, C. E. McLeod, B. D., & **Southam-Gerow, M. A.** (2017). Distilling the core elements of family therapy for adolescent substance use: Conceptual and empirical solutions. *Journal of Child & Adolescent Substance Abuse*. <http://dx.doi.org/10.1080/1067828X.2017.1322020>

2016 (n=2)

9. Morelen, D., Zeman, J., & **Southam-Gerow, M. A.** (2016). Child emotion regulation and victimization: The moderating role of child sex. *Journal of Child and Family Studies, 25*, 1941-1953. DOI: 10.1007/s10826-016-0360-6.
10. **Southam-Gerow, M. A.**, McLeod, B. D., **Arnold, C. A.**, **Rodriguez, A.**, **Cox, J. R.**, Reise, S. P., Bonifay, W. E., Weisz, J. R., & Kendall, P. C. (2016). Initial development of a treatment adherence measure for cognitive-behavioral therapy for child anxiety. *Psychological Assessment, 28*, 70-80. DOI: 10.1037/pas0000141

2015 (n=3)

11. **Hourigan, S. E.**, **Southam-Gerow, M. A.**, & **Quinoy, A. M.**, (2015). Emotional and behavior problems in an urban pediatric primary care setting. *Child Psychiatry and Human Development, 46*, 289-299. doi:10.1007/s10578-014-0469-z
12. Chu, B. C., Crocco, S. T., **Arnold, C. C.**, **Brown, R. C.**, **Southam-Gerow, M. A.**, & Weisz, J. R. (2015). Sustained implementation of evidence-based treatments: Learning from therapists in the field. *Professional Psychology: Research & Practice, 6*, 70-79. doi: 10.1037/a0038000
13. McLeod, B. D., **Smith, M. M.**, **Southam-Gerow, M. A.**, Weisz, J. R., & Kendall, P. C. (2015). Measuring differentiation for implementation research: The Therapy Process Observational Coding System for Child Psychotherapy Revised Strategies scale. *Psychological Assessment, 27*(1), 314-325. doi: 10.1037/pas0000037

2014 (n=5)

14. **Southam-Gerow, M. A.** & Prinstein, M. J. (2014). Evidence-based treatment updates: The evolution of the evaluation of psychological treatments for children & adolescents. *Journal of Clinical Child & Adolescent Psychology, 43*, 1-6.
15. **Southam-Gerow, M. A.**, Daleiden, E. L., Chorpita, B. F., Bae, C. Mitchell, C., Faye, M., & Alba, M. (2014). MAPping Los Angeles County: Taking an evidence-informed model of mental health care to scale. *Journal of Clinical Child & Adolescent Psychology, 43*, 190-200.
16. **Southam-Gerow, M. A.**, **Arnold, C. C.**, **Rodriguez, A.**, & **Cox, J. R.** (2014). Acting locally and globally: Dissemination and implementation around the world and next door. *Cognitive & Behavioral Practice, 21*, 127-133.
17. **Southam-Gerow, M. A.** & Dorsey, S. (2014). Qualitative and mixed methods research in dissemination and implementation science: Introduction to special series. *Journal of Clinical Child & Adolescent Psychology, 43*, 845-850.
18. **Rodriguez, A.**, **Southam-Gerow, M. A.**, O'Connor, M. K., & Allin, R. B. (2014). An analysis of stakeholder views on children's mental health services. *Journal of Clinical Child & Adolescent Psychology, 43*, 862-876.

2013 (n=5)

19. **Southam-Gerow, M. A.** & McLeod, B. D. (2013). Advances in applying treatment integrity research for dissemination and implementation science: Introduction to Special Issue. *Clinical Psychology: Science & Practice, 20*, 1-13.
20. McLeod, B. D., **Southam-Gerow, M. A.**, **Bair, C. E.**, **Rodríguez, A.**, & **Smith, M. M.** (2013). Making a case for treatment integrity as a quality indicator. *Clinical Psychology: Science & Practice, 20*, 14-32.
21. **Hourigan, S. E.**, **Helms, S. W.**, **Christon, L.**, & **Southam-Gerow, M. A.** (2013). Improving nutrition in toddlers with Cystic Fibrosis: Feasibility of a behavioral parent training intervention. *Clinical Practice in Pediatric Psychology, 1*, 235-249.
22. White, S. W., Ollendick, T., Albano, A., Oswald, D., Johnson, C., **Southam-Gerow, M. A.**, Kim, I., & Scahill, L. (2013). Randomized controlled trial: Multimodal anxiety and social skill intervention for adolescents with autism spectrum disorder. *Journal of Autism and Developmental Disorders, 43*, 382-394.
23. **Brown, R. C.**, Yaroslavsky, I., **Quinoy, A. M.**, Friedman, A. D., Brookman, R. R., & **Southam-Gerow, M. A.** (2013). Psychometric evaluation of measures of anxiety and depression symptoms in an urban African American sample. *Child Psychiatry and Human Development, 44*, 525-536.

2012 (n=3)

24. **Southam-Gerow, M. A.**, **Rodríguez, A.**, Chorpita, B. F., & Daleiden, E. (2012). Dissemination and implementation of evidence based treatments for youth: Challenges and recommendations. *Professional Psychology: Research and Practice, 43*, 527-534.
25. **Christon, L.M.**, **Robinson, E.M.**, **Arnold, C.C.**, **Lund, H.G.**, Vrana, S.R., & **Southam-Gerow, M.A.** (2012). Modular cognitive behavioral treatment of an adolescent female with selective mutism and social phobia: A case study. *Clinical Case Studies, 11*, 474-491.
26. Weisz, J.R., Chorpita, B. F., Palinkas, L. A., Schoenwald, S. K., Miranda, J., Bearman, S. K., Daleiden, E. L., Ugueto, A. M., Ho, A., Martin, J., Gray, J., Alleyne, A., Langer, D. A., **Southam-Gerow, M. A.**, Gibbons, R. D., & the Research Network on Youth Mental Health. (2012). Testing standard and modular designs for psychotherapy with youth depression, anxiety, and conduct problems: A randomized effectiveness trial. *Archives of General Psychiatry, 69*, 274-282.

2011 (n=6)

27. Schoenwald, S. K., Garland, A. F., **Southam-Gerow, M. A.**, Chorpita, B. F., & Chapman, J. E. (2011). Adherence measurement in treatments for disruptive behavior disorders: Pursuing clear vision through varied lenses. *Clinical Psychology: Science & Practice, 18*, 331-341.
28. **Eonta, A. M.**, **Christon, L. M.**, **Hourigan, S. E.**, **Ravindran, N.**, Vrana, S. R., & **Southam-Gerow, M. A.** (2011). Using everyday technology to enhance evidence-based treatments. *Professional Psychology: Research & Practice, 42*, 513-520.
29. **Hourigan, S. E.**, **Goodman, K. L.**, & **Southam-Gerow, M. A.** (2011). Discrepancies in parents' and children's reports of child emotion regulation. *Journal of Experimental Child Psychology, 110*, 198-212.
30. Ehrenreich, J. T., **Southam-Gerow, M. A.**, **Hourigan, S. E.**, Wright, L. R., Pincus, D. B., & Weisz, J. R. (2011). Examining similarities and differences in characteristics of

anxious and depressed youth in two different clinical contexts. *Administration and Policy in Mental Health and Mental Health Services Research*, 38, 398-411.

31. Schoenwald, S. K., Garland, A. F., Chapman, J. E., Frazier, S. L., Sheidow, A. J., & **Southam-Gerow, M. A.** (2011). Toward the effective and efficient measurement of implementation fidelity. *Administration and Policy in Mental Health and Mental Health Services Research*, 38, 32-43.
32. Nakamura, B. J., Chorpita, B. F., Hirsch, M., Daleiden, E., Slavin, L., Amundson, M. J., Rocco, S., Mueller, C., Osiecki, S., **Southam-Gerow, M. A.**, Stern, K., & Vorsino, W. M. (2011). Large-scale implementation of evidence-based treatments for children ten years later: Hawaii's evidence based services initiative in children's mental health. *Clinical Psychology: Science and Practice*, 18, 24-35.

2010 (n=2)

33. **Southam-Gerow, M. A.**, Weisz, J. R., Chu, B. C., McLeod, B. D., Gordis, E. B., & Connor-Smith, J. K. (2010). Does CBT for youth anxiety outperform usual care in community clinics?: An initial effectiveness test. *Journal of the American Academy of Child & Adolescent Psychiatry*, 49, 1043-1052.
34. **Goodman, K. L.** & **Southam-Gerow, M. A.** (2010). The regulating role of negative emotions in children's coping with peer rejection. *Child Psychiatry and Human Development*, 41, 515-534.

2009 (n=3)

35. McLeod, B. D., **Southam-Gerow, M. A.**, & Weisz, J. R. (2009). Conceptual and methodological issues in treatment integrity measurement. *School Psychology Review*, 38, 541-546.
36. Weisz, J. R., **Southam-Gerow, M. A.**, Gordis, E. B., Connor-Smith, J. K., Chu, B. C., Langer, D. A., McLeod, B. D., Jensen-Doss, A. Gelbwasser, A., & Weiss, B. (2009). Cognitive-behavioral therapy versus usual clinical care for youth depression: An initial implementation test in community clinics. *Journal of Consulting & Clinical Psychology*, 77, 383-396.
37. **Southam-Gerow, M. A.**, **Hourigan, S. E.**, & Allin, R. B. (2009). Adapting evidence-based treatments for youth in partnership with mental health stakeholders. *Behavior Modification*, 33, 82-103.

2008 (n=4)

38. **Miller, L. M.**, **Southam-Gerow, M. A.**, & Allin, R. B. (2008). Who stays in treatment? Child and family predictors of youth client retention in a public mental health agency. *Child & Youth Care Forum*, 37, 153-170.
39. **Ong, J. C.**, Wickwire, E., **Southam-Gerow, M. A.**, Schumacher, J. A., & Orsillo, S. (2008). Developing cognitive-behavioral treatments: A primer for early career psychologists. *The Behavior Therapist*, 31, 73-77.
40. **Southam-Gerow, M. A.**, Chorpita, B. F., **Miller, L. M.**, & Gleacher, A. A. (2008). Are children with anxiety disorders privately-referred to a university clinic like those referred from the public mental health system? *Administration and Policy in Mental Health and Mental Health Services Research*, 35, 168-180.
41. Garner, P. W., Dunsmore, J. C., & **Southam-Gerow, M.** (2008). Mother-child conversations about emotions: Linkages to child aggression and prosocial behavior.

*Social Development, 17, 259-277.*

2007 (n=1)

42. Suveg, C., **Southam-Gerow, M. A., Goodman, K. L.,** & Kendall, P. C. (2007). The role of emotion theory and research in child therapy development. *Clinical Psychology: Science & Practice, 14, 358-371.*

2006 (n=6)

43. Martin, J. L., Weisz, J. R., Chorpita, B. F., Higa, C. K., Wells, K. C., **Southam-Gerow, M. A.,** & the Research Network on Youth Mental Health. (2006, Winter). Moving evidence-based practices into everyday clinical care settings: Addressing challenges associated with pathways to treatment, child characteristics, and structure of treatment. *Report on Emotional & Behavioral Disorders in Youth, 7, 5-8, 21.*
44. Ho, A. C. Weisz, J. R., Austin, A. A., Chorpita, B. F., Wells, K. C., **Southam-Gerow, M. A.,** & the Research Network on Youth Mental Health. (2006, Winter). Bridging science and community practice: Clinician and organizational engagement in community clinics in the Clinic Treatment Project. *Report on Emotional & Behavioral Disorders in Youth, 7, 13-16, 19.*
45. **Southam-Gerow, M. A. & Miller, L. M.** (2006). Review of Principles of change that work. *Psychological Medicine, 36, 1811-1812.*
46. **Southam-Gerow, M. A.,** Ringeisen, H. L., & Sherrill, J. T. (2006). Introduction to Special Issue: Integrating interventions and services research: Progress and prospects. *Clinical Psychology: Science and Practice, 13, 1-8.*
47. **Southam-Gerow, M. A.,** Silverman, W. K., & Kendall, P. C. (2006). Client similarities and differences in two childhood anxiety disorders research clinics. *Journal of Clinical Child and Adolescent Psychology, 35, 528-538.*
48. Wood, J. J., Piacentini, J. C., **Southam-Gerow, M.,** Chu, B., & Sigman, M. (2006). Family cognitive behavioral therapy for child anxiety disorders. *Journal of the American Academy of Child and Adolescent Psychiatry, 45, 314-321.*

2005 (n=1)

49. **Southam-Gerow, M. A.** (2005, Summer). Using partnerships to adapt evidence-based mental health treatments for use outside labs. *Report on Emotional & Behavioral Disorders in Youth, 5, 58-60, 77-79.*

2004 (n=2)

50. **Southam-Gerow, M. A.** (2004). Solid resource for training mental health professionals: *Clinical Behavior Therapy: Adults and Children. Contemporary Psychology.*
51. **Southam-Gerow, M. A.** (2004). Some reasons that mental health treatments are not technologies: Toward treatment development and adaptation outside labs. *Clinical Psychology: Science and Practice, 11, 186-189.*

2003 (n=2)

52. **Southam-Gerow, M. A.,** Weisz, J. R., & Kendall, P. C. (2003). Youth with anxiety disorders in research and service clinics: Examining client differences and similarities. *Journal of Clinical Child and Adolescent Psychology, 32, 375-385.*

53. **Southam-Gerow, M. A.**, Flannery-Schroeder, E. C., & Kendall, P. C. (2003). A psychometric evaluation of the parent report form of the State-Trait Anxiety Inventory for Children--trait version. *Journal of Anxiety Disorders*, *17*, 427-446.

2002 (n=2)

54. **Southam-Gerow, M. A.** (2002.). Theories of negative emotion: Issue relevant to measurement. *Child and Adolescent SIG Newsletter*, *1* (Sept.), 6-7.
55. **Southam-Gerow, M. A.** & Kendall, P. C. (2002). Emotion regulation and understanding: Implications for child psychopathology and therapy. *Clinical Psychology Review*, *22*, 189-222.

2001 (n=2)

56. Weisz, J. R., **Southam-Gerow, M. A.**, & McCarty, C. A. (2001). Control-related beliefs and self-reported depressive symptoms in clinic-referred children and adolescents. *Journal of Abnormal Psychology*, *110*, 97-109.
57. **Southam-Gerow, M. A.**, Kendall, P. C., & Weersing, V. R. (2001). Examining outcome variability: Correlates of treatment response in a child and adolescent anxiety clinic. *Journal of Clinical Child Psychology*, *30*, 422-436.

2000 (n=2)

58. **Southam-Gerow, M. A.** & Kendall, P. C. (2000a). A preliminary study of the emotion understanding of youth referred for treatment of anxiety disorders. *Journal of Clinical Child Psychology*, *29*, 319-327.
59. **Southam-Gerow, M. A.** & Kendall, P. C. (2000b). Cognitive-behavior therapy with youth: Advances, challenges, and future directions. *Clinical Psychology and Psychotherapy*, *7*, 343-366.

1997 (n=2)

60. Kendall, P. C., Flannery-Schroeder, E. C., Panichelli-Mindel, S. P., **Southam-Gerow, M. A.**, Henin, A., & Warman, M. J. (1997). Therapy for youths with anxiety disorders: A second randomized clinical trial. *Journal of Consulting and Clinical Psychology*, *65*, 366-380.
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1996 (n=1)

62. Kendall, P. C. & **Southam-Gerow, M. A.** (1996). Long-term follow-up of a cognitive-behavioral therapy for anxiety-disordered youth. *Journal of Consulting and Clinical Psychology*, *64*, 724-730.

1995 (n=1)

63. Kendall, P. C. & **Southam-Gerow, M. A.** (1995). Issues in the transportability of treatment: The case of anxiety disorders in youth. *Journal of Consulting and Clinical Psychology*, *63*, 702-708.

**Chapters & non-peer reviewed papers, n=17**

2017 (n=2)

1. **Arnold, C. C. & Southam-Gerow, M. A.** (2017). Anxiety in childhood: Psychological factors. In A. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology*.
2. **Rodriguez, A. & Southam-Gerow, M. A.** (2017). Anxiety in childhood: Gender differences. In A. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology*.

2014 (n=2)

3. **Southam-Gerow, M. A., Arnold, C. C., Tully, C. B., & Cox, J. R.** (2014). Dissemination and implementation of child/adolescent mental health treatments (pp. 73-90). In C. Alfano & D. Beidel (Eds.), *Comprehensive Evidence-Based Interventions for School-aged Children and Adolescents*. New York: Wiley.
4. **Brown, R. C., Parker, K. M., McLeod, B. D., & Southam-Gerow, M. A.** (2014). Building a positive therapeutic alliance with child, adolescent, or parent. (pp. 63-78). In E. Sburlati, H. Lyneham, C. Schniering & R. Rapee (Eds.), *Evidence-Based CBT for Anxiety and Depression in Children and Adolescents: A Competencies Based Approach*.

2013 (n=1)

5. McLeod, B. D., **Southam-Gerow, M. A., Christon, L., Rodriguez, A., & Archer, E.** (2013). Treatment effectiveness. (pp. 3169-3176). In F. Volkmar (Ed.), *Encyclopedia of autism spectrum disorders*.

2012 (n=1)

6. **Hourigan, S. E.,** Settapani, C., **Southam-Gerow, M. A.,** & Kendall, P. C. (2012). Coping Cat: A cognitive-behavioral treatment for childhood anxiety disorders. In A. Rubin (Ed.) *Empirically supported programs and interventions in child welfare*. (pp. 91-104). New York: Wiley.

2011 (n=1)

7. **Southam-Gerow, M. A.,** McLeod, B. D., **Brown, R. C., Quinoy, A. M., & Avny, S. B.** (2001). Cognitive-behavioral therapy for adolescents. In Brown, B.B & Prinstein, M.J. (Eds.), *Encyclopedia of Adolescence, Vol. 3 (pp. 100-108)*. London: Elsevier.

2008 (n=2)

8. **Southam-Gerow, M. A., Marder, A. M.,** & Austin, A. A. (2008). Transportability and dissemination of evidence-based manualized treatments in clinical settings. In R. G. Steele, T. D. Elkin, & M. C. Roberts (Eds.), *Handbook of evidence based therapies for children and adolescents* (pp. 447-469). New York: Springer.
9. **Southam-Gerow, M. A.,** Austin, A. A., & **Marder, A. M.** (2008). Transportability and dissemination of psychological treatments: Research models and methods. In D. McKay (Ed.), *Handbook of research methods in abnormal and clinical psychology* (pp. 203-224). Newbury Park, CA: Sage.

2007 (n=1)

10. **Southam-Gerow, M. A.** & Chorpita, B. F. (2007). Anxiety in children and adolescents.

In E. J. Mash & R. A. Barkley (Eds.), *Assessment of childhood disorders* (4<sup>th</sup> Ed.), (pp. 347-397). New York: Guilford Press.

2006 (n=2)

11. Chorpita, B. F. & **Southam-Gerow, M. A.** (2006). Treatment of anxiety disorders in youth. In E. J. Mash & R. A. Barkley (Eds.), *Treatment of childhood disorders* (3<sup>rd</sup> Ed.), (pp. 271-335). New York: Guilford Press.
12. **Southam-Gerow, M. A.** & Kendall, P. C. (2006). Supervising a manual-based treatment program: Experiences from university-based and community-based clinics. In T. K. O'Neill (Ed.), *Helping others help children: Clinical supervision of child psychotherapy* (pp. 123-136). Washington, DC: American Psychological Association.

2003 (n=2)

13. **Southam-Gerow, M. A.** (2003). Child-focused cognitive-behavioral therapies for antisocial children. In C. A. Essau (Ed.), *Conduct and oppositional defiant disorders in children and adolescents: Epidemiology, risk factors, and treatment* (pp. 257-277). Mahwah, NJ: Erlbaum.
14. Weisz, J. R., **Southam-Gerow, M. A.**, Gordis, E. B., & Connor-Smith, J. K. (2003). Primary and Secondary Control Enhancement Training for youth depression: Applying the Deployment-Focused Model of treatment development and testing. In A. E. Kazdin & J. R. Weisz (Eds.), *Evidence-based treatments for children and adolescents* (pp. 165-183). New York: Guilford.

2001 (n=1)

15. **Southam-Gerow, M. A.** (2001). Generalized anxiety disorder in youth. In C. A. Essau & F. Petermann (Eds.), *Anxiety disorders in children and adolescents: Epidemiology, risk factors, and treatment* (pp. 219-260). East Sussex, UK: Brunner-Routledge.

1997 (n=1)

16. **Southam-Gerow, M. A.** & Kendall, P. C. (1997). Parent-focused and cognitive-behavioral treatments of antisocial youth. In D. Stoff, J. Breiling, & J. D. Maser (Eds.), *Handbook of antisocial behavior* (pp. 384-394). New York: John Wiley & Sons.

1995 (n=1)

17. Kendall, P. C., Panichelli-Mindel, S. M., & **Gerow, M. A.** (1995). Cognitive-behavioral therapies with children and adolescents: An integrative overview. In H. P. J. G. van Bilsen, P. C. Kendall, & J. H. Slavenburg (Eds.), *Behavioral approaches for children and adolescents Challenges for the next century* (pp. 1-18). New York: Plenum Press.

## **PRESENTATIONS/COLLOQUIA**

Peer Reviewed (n=108)

1. Cox, J. R., Srivastava, V., Erny, D., Southam-Gerow, M. A., & McLeod, B. D. (2017, September). Use of specific delivery strategies in cognitive behavioral therapy for anxious youth in different therapy settings. Poster session presented at the 4th biennial meeting of the Society for Implementation Research Collaboration, Seattle, WA.
2. Keister, D., Bacalso, A., Violante, S., McLeod, B. D., Southam-Gerow, M. A. (November, 2017).

- Reliability and validity of an adapted version of the Cognitive-Behavioral Treatment for Anxiety in Youth Competence Scale (CBAY-C). Poster accepted for presentation at the Annual Conference of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
3. Violante, S., Miller, C., Melo, L., Southam-Gerow, M. A., McLeod, B. D., Chorpita, B. F., & Weisz, J. R. (2017). *Reliability and validity of the Cognitive-Behavioral Therapy for Anxiety in Youth Adherence scale (CBAY-A) adapted for use with modular treatments*. Poster presented at the Society for Implementation Research Collaboration 4<sup>th</sup> Biennial Conference, Seattle, WA.
  4. Melo, L., Miller, C., Violante, S., Southam-Gerow, M. A., McLeod, B. D., Chorpita, B. F., & Weisz, J. R. (2017, April). Reliability and validity of the Cognitive-Behavioral Therapy for Anxiety in Youth Adherence scale (CBAY-A) adapted for use with modular treatments. Poster presented at the VCU Poster Symposium for Undergraduate Research and Creativity, Richmond, VA.
  5. Wu, E.G., Martinez, R.G., Hicks, C.P., Violante, S., McLeod, B.D., Southam-Gerow, M.A., Chorpita, B.F., Weisz, J.R. (2017). *Comparing treatment differentiation and adherence instruments across two youth anxiety treatments in community settings*. Poster presented at the Association for Behavioral and Cognitive Therapy 51st Annual Convention, San Diego, CA.
  6. Martinez, R.G., Wu, E.G., Hicks, C.P., Violante, S., McLeod, B.D., Southam-Gerow, M.A., Chorpita, B.F., & Weisz, J.R. (2017). *Comparing treatment differentiation and adherence instruments across two youth anxiety treatments in community settings*. Poster presented at the Society for Implementation Research and Collaboration. Seattle, WA.
  7. Srivastava, V., Cox, J. R., Erny, D., Southam-Gerow, M. A., McLeod, B. D. (2017, November). *Use of Specific Delivery Strategies in Cognitive Behavioral Therapy for Anxious Youth in Different Therapy Settings*. Poster session presented at the meeting of the Child & Adolescent Anxiety Special Interest Group of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
  8. Cox, J. R., Brosnan, P., Southam-Gerow, M. A., Farmer, E. M. Z., & Kinnebrew, A. (2016, October). Training future mental health professionals in an evidence-informed system of care. Poster session presented at the preconference of the Dissemination and Implementation Science Special Interest Group preconference meeting, New York, NY.
  9. Srivastava, V., Cox, J. R., Southam-Gerow, M. A., McLeod, B. D. (2016, October). Do different types of treatment manuals undermine the alliance in CBT for youth anxiety? Poster session presented at the meeting of Dissemination and Implementation Special Interest Group of the Association for Behavioral and Cognitive Therapies, New York, NY.
  10. Ng, M. Y., McLeod, B. D., Southam-Gerow, M., Langer, D. A., Chu, B. C., & Weisz, J. R. (2016, November). Therapist strategies and youth coping in a randomized effectiveness trial of cognitive behavioral therapy vs. usual care for youth anxiety and depression: A moderated mediation model. Paper to be presented at the annual meeting of the North American Society for Psychotherapy Research, Berkeley, CA.
  11. Southam-Gerow, M. A. (2015, Nov.) Moderator of: Implementing Exposure-Based CBT Across Health Care Settings: Challenges and Solutions to Training Clinicians. Panel presented at the 49th Annual Association for Behavioral and Cognitive Therapies Conference, Chicago, IL.
  12. Southam-Gerow, M. A. (2015, Nov.). Panelist in: Strengthening the Reciprocal Relationship between Practice and Research: Logistics, Challenges, and Benefits from Treatment Effectiveness and Dissemination Studies. Roundtable presented at the 49th Annual Association for Behavioral and Cognitive Therapies Conference, Chicago, IL.
  13. Smith, M. M., Rodriguez, A., McLeod, B. D., & Southam-Gerow, M. A. (2015, Nov.). Do pretreatment characteristics affect therapist treatment delivery? Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
  14. Cox, J. R., Southam-Gerow, M. A., & McLeod, B. D. (2015, Nov.). Measuring order: Therapist adherence to CBT for anxious youth across a case. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
  15. McLeod, B. D., Southam-Gerow, M. A., Kendall, P. C., & Weisz, J. R. (2015, Oct.). Characterizing the delivery of CBT for youth anxiety in community settings. Symposium presented at the 3rd

- Biennial Society for Implementation Research Collaboration, Seattle, WA.
16. Cox, J. R., Smith, M. M., Southam-Gerow, M. A., & McLeod, B. D. (2015, Oct.). Successful usual care: Therapeutic interventions and contextual factors. Symposium presented at the 3rd Biennial Society for Implementation Research Collaboration, Seattle, WA.
  17. Martinez, R. G., McLeod, B. D., Sutherland, K. S., Conroy, M. A., Snyder, P., & Southam-Gerow, M. A. (2015, Oct.). A treatment integrity measure for early childhood education settings. Symposium presented at the 3rd Biennial Society for Implementation Research Collaboration, Seattle, WA.
  18. Southam-Gerow, M. A., Bernstein, A., Hailu, S. (2015, Oct.). Which treatments do I need? A preliminary look with one agency. Symposium presented at the 3rd Biennial Society for Implementation Research Collaboration, Seattle, WA.
  19. Arnold, C.C., Rodriguez, A., Southam-Gerow, M.A. & McLeod, B.D. (2014, November). *Exploring the relationship between therapist adherence to and competence with CBT for youth anxiety*. Symposium presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
  20. Ng, M., McLeod, B. D., Southam-Gerow, M. A., Langer, D. A., Chu, B. C., & Weisz, J. R. (2014, November). *Mediators in an effectiveness trial comparing CBT and usual care for youth internalizing disorders*. Symposium presented the 48<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
  21. Smith, M. M., Islam, N. Y., McLeod, B. D., & Southam-Gerow, M. A. (2014, November). *Do pre-treatment child factors influence CBT implementation?* Poster session presented at the 48<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Conference, Philadelphia, PA.
  22. Southam-Gerow, M. A. (2014, November). Panelist in *Training Clinicians in the Practice of CBT With Young Patients* (Chairs: R. Friedberg & M. Thordarson). Panel presented at the 48<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Conference, Philadelphia, PA
  23. Morelen, D., Zeman, J., & Southam-Gerow, M. A. (2014, November). Links Among Emotion Regulation, Bullying, and Victimization: Moderating Role of Gender. Poster session presented at the 48<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Conference, Philadelphia, PA.
  24. Sanchez, K.S., Tully, C.B., Wheat, E., Southam-Gerow, M.A., & McLeod, B.D. (2013). *Evaluation of therapist common factors competence across settings*. Poster presented at the 48<sup>th</sup> annual Association for Behavioral and Cognitive Therapies conference, Nashville, TN.
  25. Southam-Gerow, M. A., & McLeod, B. D. (2013, November). Co-Chair, Applications of treatment integrity research to dissemination and implementation research. Symposium presented at the 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
  26. Smith, M. M., Southam-Gerow, M. A., & McLeod, B. D. (2013, November). Characterizing the Implementation of CBT for Youth Anxiety in Research and Practice Settings. Symposium presented at the 47<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Conference, Nashville, TN.
  27. Smith, M. M., Sanchez, K. S., Southam-Gerow, M. A., & McLeod, B. D. (2013, November). The Effects of Treatment Setting on the Competent Delivery of Core Cognitive Behavioral Therapy Interventions. Poster presented at the 47<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Conference, Nashville, TN.
  28. Cox, J. R., Smith, M. M., Rodriguez, A., Arnold, C., McLeod, B. D., & Southam-Gerow, M. A. (2013, November). The extensiveness of therapist adherence to a cognitive behavioral therapy protocol for youth anxiety across skills training components. Poster presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
  29. Arnold, C.C., Rodriguez, A., Southam-Gerow, M.A. & McLeod, B.D. (2013, November). *Adherence differences in community versus research clinics for CBT youth anxiety*. Symposium presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.
  30. Wheat, E., Tully, C.B., McLeod, B.D., & Southam-Gerow, M.A. (2013). *Relation between client involvement and therapist competence with youth anxiety*. Poster presented at the 48<sup>th</sup> annual Association for Behavioral and Cognitive Therapies conference, Nashville, TN.
  31. Islam., N. Y., Southam-Gerow, M. A., Flores, L. Y., Vrana, S. R. (November 2013). Incorporating

- iPads when Implementing CBT: Experiences and Considerations from an Anxiety Disorders Training Clinic. In Higa McMillan, C. (Chair). *Harnessing the Synergy of Technology and Training in Evidence-Based Practice*. Symposium at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
32. Southam-Gerow, M. A. (2012, Nov.) Discussant for Common Element Methodologies for Steering Youth Mental Health Dissemination and Implementation Efforts in Public-Sector Settings, B. Nakamura (Chair). Symposium presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
  33. *Implementing EBTs With Youth and Families in Poverty: Challenges and Lessons Learned*. Symposium presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
  34. *Antecedent Variables and Mechanisms of Behavior Change in Youth Psychotherapy*. Symposium presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
  35. Wheat, E., Bair, Bair, Brown, R. C., McLeod, B. & Southam-Gerow, M. A. (2012, November). *The Effect of Therapist Competence on Client Involvement in Community Settings for Youth with Anxiety Diagnoses*. Poster presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
  36. Bair, C, Wheat, E., Rodriguez, A., McLeod, B. & Southam-Gerow, M. A. (2012, November). *Differences in Therapist Responsiveness in Implementing Child Anxiety Treatments with Youth from Different Cultural Backgrounds*. Poster presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
  37. Southam-Gerow, M. A. (2012, November). Discussant in symposium, *Low Resources and High Stress: Meeting the Needs of Low Socioeconomic Youth Through Evidence-Based Protocols*, A. Polo (Chair). Symposium presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
  38. Islam, N. Y., Smith, M. M., Lerner, M. D., Parker, K. M., Rodriguez, A., Arnold, C. C., McLeod, B. D., & Southam-Gerow, M.A. (2012, October). *The Role of Pre-treatment Factors in Alliance and Client Involvement in CBT for Youth Anxiety Delivered in Community Clinics*. Poster presented at the *National Conference in Clinical Child and Adolescent Psychology*, Lawrence, KS, October 18-20.
  39. Arnold, C. C. & Southam-Gerow, M. A. (2011, November). *How evidence based is usual care assessment?: A program evaluation*. Symposium presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
  40. Arnold, C. C. & Southam-Gerow, M. A. (2011, November). *The Strength of Measure (SoM) Scale: The development of a systematic method for evaluating the strength of psychological assessment measures within clinical practice*. Poster presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.
  41. Bair, C.E., Wheat, E., McLeod, B.D., & Southam-Gerow, M.A. (2011, November). *Observational fidelity rating measures: Reliability of independent raters in audio versus video recordings*. Poster session presented at the 45th annual Association for Behavioral and Cognitive Therapies conference, Toronto, Canada.
  42. Islam, N. Y., Wheat, E. J., McLeod, B. D., Southam-Gerow, M., & Weisz, J. R. (2011, November). *Disentangling Alliance and Client Involvement in Youth Anxiety Treatment*. Poster session presented at the 45th annual Association for Behavioral and Cognitive Therapies conference, Toronto, Canada.
  43. Southam-Gerow, M. A. (2010, November) Panelist in Y. Watabe (Chair), *Measuring Treatment Integrity in Clinic- and School-Based Treatments for Children*. Panel discussion presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA
  44. Quinoy, A. M., Hourigan, S. E., Brown, R. C., & Southam-Gerow, M. A. (2010, November). *Using Functional Analysis to Guide Treatment Using Elements from Evidence-Based Treatments*. In C. Higa-McMillan (Chair), *Revisiting Evidence-Based Practices: Enhancing the Relevance of Treatment Criteria and Treatment Design in Community Mental Health Settings for Children and Adolescents*. Symposium presented at the annual meeting of the Association for Behavioral and

- Cognitive Therapies, San Francisco, CA.
45. Hourigan, S. E., Quinoy, A. M., & Southam-Gerow, M. A. (November, 2010). Mental health problems in pediatric primary care settings: Youth symptom prevalence and parent beliefs. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
  46. Southam-Gerow, M. A. (2010, November) Panelist in Y. Watabe (Chair), Measuring Treatment Integrity in Clinic- and School-Based Treatments for Children. Panel discussion presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
  47. Southam-Gerow, M. A., Chorpita, B. F., Daleiden, E., Hershberger, A. M., & Nygaard, P. (2009, November). Adventures in dissemination: Training practitioners in the Managing and Adapting Practices system. In A. D. Herschell (Chair), Innovations in integrating evidence-based practices in real-world systems. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
  48. Southam-Gerow, M. A. (2009, November) Panelist in K. Koerner (Chair), Scaling Up: What Is Successful, Promising, and Problematic About Our Dissemination and Implementation Efforts. Panel discussion presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
  49. Hourigan, S. E., Goodman, K. L, Quinoy-Boe, A. M., Brown, R. C., & Southam-Gerow, M. A. (2009, November). Associations among child report of poor emotion awareness and discrepancies in parents' and children's reports of child emotion regulation. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
  50. Hourigan, S. E., Goodman, K. L, Quinoy-Boe, A. M., Brown, R. C., & Southam-Gerow, M. A. (2009, November). Discrepancies in parents' and children's reports of child anger regulation. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
  51. Arnold, C. A., Quinoy-Boe, A. M., Brown, R. C., Chu, B. C., McLeod, B. D., Weisz, J. R., & Southam-Gerow, M. A. (November, 2009). Therapist perceptions and use of manualized treatments after participating in an effectiveness trial. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
  52. Quinoy-Boe, A. M., Southam-Gerow, M. A., Hourigan, S. E., Brown, R. C., & Allin, R. B. (2009). Who is training whom?: Partnering with community mental health therapists in a test of evidence-based treatments. In M. Khanna (Chair), Building an evidence base for clinician training and supervision procedures. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
  53. Quinoy-Boe, A. M., Brown, R. C., & Southam-Gerow, M. A. (2009, November). A confirmatory factor analysis of the Revised Child Anxiety and Depression Scale in a pediatric African-American sample. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
  54. Brown, R. C., Marder, A. A., McLeod, B. D., & Southam-Gerow, M. A. (2009, November). Development of an observer-rated measure of common-factor therapist competence. In R. C. Brown & M. A. Southam-Gerow (Chairs), The use of observational measures in youth psychotherapy process research. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
  55. Southam-Gerow, M. A., Chorpita, B. F., Daleiden, E. L. & Nygaard, P. (2009, August). A Minnesota story: The evolution of the PracticeWise approach to training and consultation. In A. M. Marder (Chair), Demonstration of mapping and traversing the science--practice gap. Symposium presented at the annual meeting of the American Psychological Association, Toronto, ON, Canada.
  56. Southam-Gerow, M. A., Haskell, A., MacPhee, M., Hourigan, S. E., Brown, R. C., & Allin, R. B. (2008, November). Resistance to CBT for youth: Case examples from a transportability study. In S. R. Shirk (Chair), Responding to resistance in youth CBT. Symposium presented at the annual meeting of the Association for Cognitive and Behavior Therapies, Orlando, FL.
  57. Southam-Gerow, M. A. (2008, November). Moderator of Clinical Round Table, What do you mean, think about my thinking? Making abstract concepts come to life in CBT for children.

- Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.
58. Southam-Gerow, M. A. & Marder, A. M. (2008, November). Treatment integrity in clinical trials for youth internalizing disorders: Review and recommendations. In B. D. McLeod (Chair), Treatment integrity research in child psychotherapy. Symposium presented at the annual meeting of the Association for Cognitive and Behavior Therapies, Orlando, FL.
  59. Southam-Gerow, M. A. & Vrana, S. R. (2008, November). How (and how not) to run an evidence-based anxiety clinic in an urban, university-based setting. In S. M. Panichelli-Mindel (Chair), Graduate training clinics serving the community: How we integrate science and practice. Symposium presented at the annual meeting of the Association for Cognitive and Behavior Therapies, Orlando, FL.
  60. Chu, B. C., Southam-Gerow, M. A. & Weisz, J. R. (2008, November). An effectiveness trial of CBT versus usual clinical care for youth depression. In S. K. Bearman (Chair), Bridging the gap for youth depression: Using the Deployment-Focused Model (DFM) of treatment development and testing in children's mental health. Symposium presented at the annual meeting of the Association for Cognitive and Behavior Therapies, Orlando, FL.
  61. Southam-Gerow, M. A., Chorpita, B. F. & Nygaard, P. (2008, November). Implementation of EBTs and innovative outcome tracking tool: Data from a state-wide implementation project. In A. M. Marder & B. Nakamura (Chairs), Implementation of evidence-based treatments in community settings. Symposium presented at the annual meeting of the Association for Cognitive and Behavior Therapies, Orlando, FL.
  62. Hourigan, S. E., Brown, R. C., Boe, A. Q., Goodman, K. L., & Southam-Gerow, M. A. (2008, November). Predictors of discrepancies in parents' and children's reports of child emotion regulation. In C. Suveg (Chair), Assessment of emotion regulation in youth: The feasibility of several progressive strategies. Symposium presented at the annual meeting of the Association for Cognitive and Behavior Therapies, Orlando, FL.
  63. Brown, R. C., Marder, A. M., McLeod, B. D., & Southam-Gerow, M. A. (2008, November). The development of a child therapist competence measure. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.
  64. Boe, A.Q., Brown, R.C., Marder, A.M., & Southam-Gerow, M.A. (2008, November). Factor structure of the Strengths and Difficulties Questionnaire in an African-American pediatric sample. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
  65. Brown, R.C., Boe, A.Q., Marder, A.M., & Southam-Gerow, M.A. (2008, November). Predictive validity of the Strengths and Difficulties Questionnaire in an African-American Sample. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies in Orlando, FL.
  66. Hourigan, S.E., Boe, A.Q., Brown, R.C., Arnold, C.C., & Southam-Gerow, M.A. (2008, November). Examining differences between clinic-referred and non-referred youths on the Child Emotion Management Scales. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
  67. Boe, A.Q., Hourigan, S.E., Southam-Gerow, M.A., Marder, A.M., Brown, R.C., Haskell, A., et al. (2008, November). Single case design test of multi-focus modular CBT for childhood disorders in a public mental health setting. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
  68. Brown, R. C., Marder, A. M., Southam-Gerow, M. A., & McLeod, B. D. (November, 2007). Therapist adherence and competence in the treatment of child anxiety. In A. Przeworski & L. W. Coyne (Chairs), Therapeutic Process in the treatment of childhood anxiety. Symposium presented at the annual meeting of the Association for Cognitive and Behavior Therapies, Philadelphia, PA.
  69. Hourigan, S. E., Southam-Gerow, M. A., Wright, L. R., Ehrenreich, J. T., Pincus, D. B., & Weisz, J. R. (2007, November). Examining similarities and differences in characteristics of anxious youth in research and service clinics. Poster session presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
  70. Wright, L. R., Ehrenreich, J. T., Pincus, D. B., Hourigan, S. E., Southam-Gerow, M. A., & Weisz, J.

- R. (2007, November). Examining differences and similarities for youth with depressive disorders in research and service clinics. Poster session presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
71. Southam-Gerow, M. A. (2007, August). Discussant. What's happening in usual care psychotherapy?: Implications for EBP translation (A. F. Garland, Chair). Symposium presented at the American Psychological Association Conference, San Francisco, CA.
  72. Brown, R. C., Marder, A. M., Hourigan, S. E., Webb, M. L., Friedman, A. D. Brookman, R. R., & Southam-Gerow, M. A. (2007, August). Concurrent validity of RCADS and MASC: Measures of child anxiety. Poster presented at the American Psychological Association Conference, San Francisco, CA.
  73. Hourigan, S. E., Brown, R. C., Webb, M. L., Friedman, A. D., Brookman, R. R., & Southam-Gerow, M. A. (2007, August). Anxiety, depression, and substance use symptomatology in a pediatric primary care setting. Poster presented at the American Psychological Association Conference, San Francisco, CA.
  74. Goodman, K. L., Brown, R. C., Southam-Gerow, M. A., & Garner, P. W. (2007, August). Perceiving rejection through rose-colored glasses: Positive reappraisal as coping. Poster presented at the American Psychological Association Conference, San Francisco, CA.
  75. Southam-Gerow, M. A., Discussant. (November, 2006). In S. M. Kehle & B. C. Chu (Chairs), The effectiveness of cognitive-behavioral treatments for anxiety disorders. Symposium presented at the meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
  76. Southam-Gerow, M. A., Panelist. (2006, November). In R. D. Friedberg (Chair), Developing blueprints for disseminating effective treatments to the community: Moving beyond hammers and nails. Clinical roundtable presented at the meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
  77. Miller, L. M., Hourigan, S. E., & Southam-Gerow, M. A. (2006, November). Who stays in therapy? Predictors of youth client retention and attrition in a community mental health center. Poster presented at the meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
  78. Brown, R. C., Goodman, K. L., Newgen, J., Southam-Gerow, M. A., & Garner, P. (2006, November). The role of coping strategies in response to negative peer experiences. Poster presented at the meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
  79. Southam-Gerow, M. A., Chorpita, B. F., Brown, L. A., Newgen, J. C., Taylor, K. A., & Burns, K. (November, 2006). Evidence-based assessment of anxiety in children: A quantitative review of the literature. Poster presented at the meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
  80. Hershberger, A. M., Bettencourt, A. F., Brown, R. C., McLeod, B. D., Southam-Gerow, M. A., & Weisz, J. R. (November, 2006). The PASCET program: Therapist adherence & treatment outcomes. Poster presented at the meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
  81. Goodman, K. L., Brown, R. C., Newgen, J. C., Southam-Gerow, M. A., & Garner, P. W. (November, 2006). Children's awareness and management of emotion in the prediction of anxiety and depression. Poster presented at the meeting of the Association for Behavior and Cognitive Therapies, Chicago, IL.
  82. Sherrill, J. T. & Southam-Gerow, M. A., Chairs. (August, 2006). Implementation and outcomes in child/adolescent community mental health. Symposium presented at the meeting of the American Psychological Association, New Orleans, LA.
  83. Southam-Gerow, M. A., Allin, R., Hershberger, A. M., Haskell, A., MacPhee, M., & Morgan, J. R. (August, 2006). Using partnerships to adapt evidence-based treatments for practice settings. In J. T. Sherrill & M. A. Southam-Gerow (co-chairs), Implementation and outcomes in child/adolescent community mental health. Symposium presented at the meeting of the American Psychological Association, New Orleans, LA.
  84. Southam-Gerow, M. A., Discussant (November, 2005). In A. J. Doss (Chair), Moving toward dissemination: An assessment of the youth therapy evidence base. Symposium presented at the meeting of the Association for Behavior and Cognitive Therapies, Washington, DC.
  85. Southam-Gerow, M. A., Discussant (November, 2005). In B. F. Chorpita (Chair), Bridging science

- and community practice: An overview of the Child STEPs Clinic Treatment Project. Symposium presented at the meeting of the Association for Behavior and Cognitive Therapies, Washington, DC.
86. Chu, B. C., Weisz, J. R., & Southam-Gerow, M. A. (November, 2005). In S. A. Lauderdale (Chair), Anxiety across the life span: Diagnostic prevalence, service use, attitudes toward treatment, and treatment utilization of anxious children, young adults, and older adults in diverse settings. Symposium presented at the meeting of the Association for Behavior and Cognitive Therapies, Washington, DC.
  87. Goodman, K., Newgen, J., Hershberger, A., Brown, R., Southam-Gerow, M., & Garner, P. (2005, November). Predictors of report discrepancies in the assessment of child anxiety and depression. Poster presented at the meeting of the Association for Behavior and Cognitive Therapies, Washington, DC.
  88. Hershberger, A.M., Bettencourt, A. F., McLeod, B. D., Southam-Gerow, M. A., & Weisz, J. R. (2005, August). Measuring adherence in manual-based child-therapy: A preliminary test. Poster presented at the American Psychological Association Conference, Washington, DC.
  89. Hinton, T., Garner, P., Southam-Gerow, M., & Mills, K. (2005, April). Bullying and victimization : The result of emotional incompetence? Poster presented at the Biennial Meeting of the Society for Research in Child Development, Atlanta, GA.
  90. Southam-Gerow, M. A., Goodman, K. L., & Garner, P. W. (2004, November). Preliminary findings from the VCU Child Emotion Study: Relations of emotion and adjustment in a child sample. In J. Zeman (Chair), Emotion regulation: Implications for psychological maladjustment. Symposium presented at the Association for the Advancement of Behavior Therapy Convention, New Orleans, LA.
  91. Goodman, K. L., Southam-Gerow, M. A., & Garner, P. W. (2004, November). Coping with peer rejection: Preliminary findings from a comparative Study of clinic-referred and non-referred children. Poster presented at the Association for the Advancement of Behavior Therapy Convention, New Orleans, LA.
  92. Southam-Gerow, M. A., Chair. (July, 2004). Integrating interventions and services research: Progress and prospects. Symposium presented at the meeting of the American Psychological Association, Honolulu, HI.
  93. Southam-Gerow, M. A., Hawley, K. M., Weisz, J. R., Chu, B. C., & Miller, L. M. (2003, November). Who stays in therapy? Prediction of treatment retention in community clinics. In M. K. Nock & A. L. Krain (Chairs), Issues related to the initiation of, and adherence to, treatments for childhood disorders. Symposium conducted at the Association for the Advancement of Behavior Therapy Convention, Boston, MA.
  94. Southam-Gerow, M. A., Hershberger, A. M., Nelson, C. A., & Miller, L. M. (2003, November). Single case design test of adapted CBT for childhood internalizing disorders. Poster presented at the Association for the Advancement of Behavior Therapy Convention, Boston, MA.
  95. Southam-Gerow, M. A., Silverman, W. K., & Kendall, P. C. (2003, November). Client differences and similarities in two childhood anxiety disorders research clinics. Poster presented at the Association for the Advancement of Behavior Therapy Convention, Boston, MA.
  96. Taylor, A. A., Francis, S. E., Chorpita, B. F., Southam-Gerow, M. A., & Lam, C. (2003, November). Examining differences between publicly and privately referred youth at a university-based clinic. Poster presented at the Association for the Advancement of Behavior Therapy Convention, Boston, MA.
  97. Chu, B. C., Flannery-Schroeder, E. F., Southam-Gerow, M. A., & Kendall, P. C. (2003, November). Therapist experience, therapeutic relationship, and treatment outcome in cognitive-behavioral treatment for anxious youth. Poster presented at the Association for the Advancement of Behavior Therapy Convention, Boston, MA.
  98. Southam-Gerow, M. A., Discussant. (2003, November). Innovative treatments of separation anxiety and panic disorder in youth. Symposium presented at the Association for the Advancement of Behavior Therapy Convention, Boston, MA.
  99. Southam-Gerow, M. A. (2002, November). The development of emotion regulation. In B. Abbott (Chair), Incorporating emotion regulation into couple therapy. Symposium conducted at the

- Association for the Advancement of Behavior Therapy Convention, Reno, NV.
100. Southam-Gerow, M. A., Weisz, J. R., Valeri, S. M., McCarty, C. A., & Lau, A. S. (2002, November). Parent-youth agreement on youth depressive and conduct disorders: Rates and moderators of agreement. Poster presented at the Association for the Advancement of Behavior Therapy Convention, Reno, NV.
  101. Hudson, J. L., Southam-Gerow, M. A., & Kendall, P. C. (2002, August). Evaluation of a tripartite model of childhood anxiety and depression. Poster presented at the American Psychological Association Convention, Chicago, IL.
  102. Southam-Gerow, M. A., Kendall, P. C., & Weersing, V. R. (1998, October). Why treatment fails: Factors associated with poor outcomes in a child anxiety clinic. Poster presented at the Kansas Conference on Clinical Child Psychology, Lawrence, KS.
  103. Sugarman, A., Kendall, P., Flannery-Schroeder, E., Henin, A., Southam-Gerow, M., & Warman, M. (1996, November). Attrition from a cognitive-behavioral treatment for childhood anxiety disorders. Poster presented at the Association for the Advancement of Behavior Therapy Convention, New York, NY.
  104. Warman, M., Kendall, P., Flannery-Schroeder, E., Southam-Gerow, M., Henin, A., & Sugarman, A. (1996, November). Anxiety disorders in youth: Diagnostic consistency across DSM-III-R and DSM-IV. Poster presented at the Association for the Advancement of Behavior Therapy Convention, New York, NY.
  105. Kendall, P. C., Gerow, M. A., & Gosch, E. (1995, July). Two- to five-year follow-up of a cognitive-behavioral treatment for anxiety-disordered youth. Paper presented at World Congress of Behavioral and Cognitive Therapies Meeting, Copenhagen, Denmark.
  106. Gerow, M. A., Kendall, P. C., & Gosch, E. (1994, November). Long-term follow-up: Treatment efficacy and client-perceived curative factors. Poster presented at the Association for the Advancement of Behavior Therapy Convention, San Diego, CA.
  107. Panichelli, S. M., Kendall, P. C., Ashmore-Callahan, S., Levin, M. R., & Gerow, M. A. (1993, November). Social behavior scale for anxious children: Initial development and validation. Poster presented at the Association for the Advancement of Behavior Therapy Convention, Atlanta, GA.
  108. Kendall, P. C. & Gerow, M. A. (1993, October). Bringing psychotherapy treatment research from the laboratory into the community. Paper presented in a Symposium at the American Academy of Child and Adolescent Psychiatry Convention, San Antonio, TX.

### Invited

1. Southam-Gerow, M. A. (2015, August). Building Emotional Competence: Helping Families Support Emotional Development. Invited workshop, Batavia, NY (invited by NYS OMH Children, Youth and Families Evidence-Based Practice Project Advisory Board).
2. Southam-Gerow, M. A. (2014, October). How dissemination and implementation science can change the world (and improve child/adolescent mental health). Keynote talk, National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
3. Southam-Gerow, M. A. (2014, October). Building Emotional Competence: Interventions to Strengthen Child/Adolescent Emotion Regulation Invited workshop, Batavia, NY (invited by NYS OMH Children, Youth and Families Evidence-Based Practice Project Advisory Board)
4. Southam-Gerow, M. A. (2014, Mar-April). Building Emotional Competence: Interventions to Strengthen Child/Adolescent Emotion Regulation. Invited two-day workshop, Melbourne, Australia
5. Southam-Gerow, M. A. (2014, April). Building Emotional Competence: Interventions to Strengthen Child/Adolescent Emotion Regulation. Invited two-day workshop, Sydney, Australia.

6. Southam-Gerow, M. A. (2014, April). Building Emotional Competence: Interventions to Strengthen Child/Adolescent Emotion Regulation. Invited two-day workshop, Brisbane, Australia.
7. Southam-Gerow, M. A. (2010, January). Evidence-based practices for children's mental health: Using partnerships to adapt treatments in context. Invited talk, Department of Psychology, Boston University, Boston, MA.
8. Southam-Gerow, M. A. (2009, December). Evidence-based practices: How they fit into flexible packages of care for children. Invited talk, Governor's Conference on Children's Services Transformation, Richmond, VA.
9. Southam-Gerow, M. A. (2009, October). The why, what, and how of evidence-based treatments (EBTs) for children and adolescents and their families. Invited talk, Comprehensive Services Act meeting, Richmond, VA.
10. Southam-Gerow, M. A. (2009, September). Evidence-based practices for children's mental health: Using partnerships to adapt treatments in context. Invited talk, Department of Psychology, University of Virginia, Charlottesville, VA.
11. Southam-Gerow, M. A. (2009, September). Evidence-based practices for children's mental health: Managing and adapting practices. Fairfax County Public Schools, Fairfax, VA.
12. Southam-Gerow, M. A. (2009, September). Evidence-based practices for children's mental health: Using partnerships to adapt treatments in context. Invited talk, Fairfax/Falls Church Community Services Board, Fairfax, VA.
13. Southam-Gerow, M. A. & O'Connor, M. A. (2009, February). Using focus group interviews: Design and analysis issues in the context of a mixed methods study. Seminar presented for the Center for the Advancement of Research Methods and Analysis, Richmond, VA.
14. Southam-Gerow, M. A. (2007, June). Engaging and helping children with disruptive behavior problems and their families: Engagement strategies. Keynote speaker for the 1<sup>st</sup> Annual School-based Behavioral Health Conference, Honolulu, HI.
15. Southam-Gerow, M. A. (2007, June). Engaging and helping children with disruptive behavior problems and their families: Intervention strategies. Keynote speaker for the 1<sup>st</sup> Annual School-based Behavioral Health Conference, Honolulu, HI.
16. Southam-Gerow, M. A. (2007, June). Parent-based strategies for youth with disruptive behavior problems. Workshop at the 1<sup>st</sup> Annual School-based Behavioral Health Conference, Honolulu, HI.
17. Southam-Gerow, M. A. (2007, June). Child-based strategies for youth with disruptive behavior problems. Workshop at the 1<sup>st</sup> Annual School-based Behavioral Health Conference, Honolulu, HI.
18. Southam-Gerow, M. A. (2005, October). Anxious and acting out: Treating anxiety in troubled children. Keynote speaker for the 3<sup>rd</sup> Annual Fall Conference in Child Psychiatry, Richmond, VA.
19. Southam-Gerow, M. A. (2003, November). Adapting children's mental treatments for use outside the lab. Invited presentation at Child and Adolescent Anxiety Special Interest Group Annual Meeting, Association for the Advancement of Behavior Therapy Convention, Boston, MA.
20. Southam-Gerow, M. A. (2002, November). Top 5 reasons why we should care about effectiveness research (and how we can do it). Invited presentation at Child and Adolescent Anxiety Special Interest Group Annual Meeting, Association for the Advancement of Behavior Therapy Convention, Reno, NV.

21. Southam-Gerow, M. A. (2002, October). Evidence-based practice in community settings: The UCLA Project. Invited colloquium at the Department of Psychology, Virginia Polytechnic Institute and State University, Blacksburg, VA.
22. Southam-Gerow, M. A. (2002, October). Current findings and future directions on evidence-based treatments: Improving mental health service for children and families. Grand Rounds, Chesterfield County Community Services Board, Chesterfield, VA.
23. Southam-Gerow, M. A., Weisz, J. R., Connor-Smith, J. K., & Gordis, E. B. (2002, August). The UCLA Project: The nuts and bolts of an effectiveness trial. In S. Hinshaw (Chair), Empirically supported treatments: Transporting effective procedures into practice. Symposium conducted at the American Psychological Association Convention, Chicago, IL.
24. Southam-Gerow, M. A. (2000, Sept.). Current findings and future directions on evidence-based treatments: Improving mental health service for children and families. Intern seminar, Didi Hirsch Community Mental Health Center, Culver City, CA.
25. Southam-Gerow, M. A. (2000, August). Participant in A. Marrs-Garcia & A. Gelbwasser (Chairs), Career options in child and adolescent clinical psychology. Symposium conducted at the American Psychological Association Convention, Washington, DC.
26. Southam-Gerow, M. A. (2000, Aug.). Evidence-based child anxiety treatment in the UCLA community clinic project. In Chair (Chair), Making evidence-based treatments work in clinical practice. Symposium conducted at the American Psychological Association Convention, Washington, DC.
27. Southam-Gerow, M. A. (1999, Apr.). Empirically supported treatments for childhood psychological problems. In-service seminar, Saint John's Child and Family Development Center, Santa Monica, CA.
28. Southam-Gerow, M. A. (1998, Aug.). Empirically supported treatments for childhood psychological problems. Intern seminar, Child and Family Guidance Center, Los Angeles, CA.
29. Southam-Gerow, M. A. (1998, Aug.). Empirically supported treatments for childhood psychological problems. Intern seminar, Didi Hirsch Community Mental Health Center, Culver City, CA.
30. Southam-Gerow, M. A. (1998, Apr.). Issues in the treatment of anxiety-disordered youth. Seminar, Department of Psychology, California State University-Northridge, Los Angeles, CA.
31. Southam-Gerow, M. A. (1998, Jan.). Developmental psychopathology and treatment research on anxiety disordered youth. Brown Bag Seminar, Department of Psychology, University of California at Los Angeles, Los Angeles, CA.
32. Southam-Gerow, M. A. (1997, March). Anxiety disorders in youth: Clinical and developmental research directions. Colloquium, Washington State University, Pullman, WA.
33. Southam-Gerow, M. A. (1997, Feb.). Behavioral management principles for use with children in inpatient psychiatric settings. In-service training, Child and Adolescent Psychiatric Service, University of California-San Diego.
34. Southam-Gerow, M. A. (1996, Oct.). The development of emotion understanding. In-service training. Central Burlington Co. Region School District, NJ
35. Southam-Gerow, M. A. (1996, Oct.). The development of emotion understanding. In-service training, Mt. Holly, NJ School District.
36. Southam-Gerow, M. A. (1996, Aug.). Cognitive-behavioral treatment of youth. (Aug. 1996). Psychology Intern Training Seminar. VA Medical Center San Diego, CA.

37. Southam-Gerow, M. A. (1996, Apr.). The development of emotion understanding In-service training, Westhampton, NJ School District.
38. Southam-Gerow, M. A. (1996, Feb.). Coping with anger. Staff training seminar, Nehemiah Youth Mission, Philadelphia, PA
39. Kendall, P. C., Gerow, M. A., Panichelli-Mindel, S., & Flannery, E. (1994, Dec.). Anxiety disorders in youth: Assessment and treatment issues. In-service training, Burlington Co., NJ School District.

**CLINICAL TRAINING, SUPERVISION, AND CONSULTATION ACTIVITIES**

- **Co-Director, Anxiety Clinic at VCU, (2003-2017).** Provide supervision and co-direct a specialty anxiety clinic located within the training clinic for the VCU doctoral programs in clinical and counseling psychology. The Anxiety Clinic provides evidence-based assessment and intervention services across the lifespan.
- **Director of Quality and Performance, PracticeWise, LLC (2010-2015).** Coordinate trainer quality monitoring for PracticeWise, LLC, a private company that provides trainings and consultation to mental health providers, mental health agencies, and localities.
- **Training Director, PracticeWise, LLC (2008-2010).** Coordinated trainer development, managed trainer and consultant staff, coordinated staffing of trainings, and maintained and improved the training curriculum for PracticeWise, LLC, a private company that provides trainings and consultation.
- **Trainer, PracticeWise, LLC (2005-present).** Conduct trainings for PracticeWise, LLC, a private company that provides trainings and consultation to mental health providers, mental health agencies, and localities. Trainings are provided in different approaches to evidence-based treatment. Training also involves the use of tools for identifying evidence based treatment strategies and tracking outcomes. Trainings (n=35) I have conducted to date are listed in the table.

<b>Location</b>	<b>Dates</b>	<b>Location</b>	<b>Dates</b>
St. Paul, MN	Oct. 2005 (2 day)	St. Cloud, MN	Jan. 2007 (5 day)
Washington, DC	May 2007 (3 day)	Detroit Lakes, MN	Oct. 2007 (5 day)
San Jose, CA	Dec. 2008 (5 day)	Bloomington, MN	Dec. 2008 (5 day)
Honolulu, HI	Dec. 2008 (2 day)	Pasadena, CA	Mar. 2009 (5 day)
Washington, DC	Mar. 2009 (2 day)	Bloomington, MN	Mar. 2009 (5 day)
Sacramento, CA	June 2009 (5 day)	Sacramento, CA	Dec. 2009 (5 day)
Pasadena, CA	Dec. 2009 (5 day)	Bloomington, MN	Mar. 2010 (5 day)

Pasadena, CA	May 2010 (2 day)	Campbell, CA	June 2010 (5 day)
Campbell, CA	June 2010 (2 day)	Pasadena, CA	June 2010 (5 day)
Los Angeles, CA	July 2010 (2 day)	Montebello, CA	Oct. 2010 (5 day)
Pasadena, CA	Dec. 2010 (5 day)	Los Angeles, CA	Jan. 2011 (5 day)
Altadena, CA	Mar. 2011 (5 day)	Pasadena, CA	May 2011 (5 day)
Pasadena, CA	Feb. 2012 (1 day)	Los Angeles, CA	June 2012 (5 day)
Los Angeles, CA	Oct. 2012 (5 day)	Bloomington, MN	Feb. 2013 (5 day)
Los Angeles, CA	Feb. 2013 (1 day)	Louisville, KY	July 2013 (5 day)
Baltimore, MD	April 2014 (2 day)	Louisville, KY	June 2014 (2 day)
Minneapolis, MN	Feb. 2015 (5 days)	Minneapolis, MN	Mar. 2015 (2 days)
Los Angeles, CA	June 2015 (2 days)	Los Angeles, CA	May 2016 (2 days)
Denver, CO	July 2016 (2 days)	Los Angeles, CA	May 2017 (2 days)
Minneapolis, MN	Oct. 2017 (2 days)		

- **Practice Consultant, PracticeWise, LLC (2005-present).** Conduct phone consultation with mental health providers, mental health agencies, and localities after trainings. Consultation involves clinical supervision as well as consultation on the use of the core PracticeWise tools.
- **Expert Consultant, Child STEPs Project, Phase III (2008-2011).** Provided consultation to clinical supervisors for a randomized controlled trial testing the effects of an evidence-based manual-based treatment for anxiety and depression. Also provided training to therapists participating in the trial. Study took place in the state of Maine.
- **Expert Consultant, Child STEPs Project, Phase II (2004-2008).** Provide consultation to clinical supervisors for a randomized controlled trial testing the effects of several evidence-based manual-based treatments for anxiety and depression. Also provide training to therapists participating in the trial. Study took place in Boston, MA and Honolulu, HI.

### **PROFESSIONAL SERVICE ACTIVITIES**

#### **Grant Review Committees**

- **Ad Hoc Member,** National Institute of Mental Health Special Emphasis Panels, Oct. 2011, Feb. 2012, Oct. 2012, Sep. 2013, Feb. 2015, June 2015; Oct. 2015; June 2016, Sept. 2016, Feb. 2017, June 2017, Oct. 2017
- **Chair and Ad Hoc Member,** National Institute of Mental Health Review Panel for

RFA: Innovative Treatment Development (R21/R33), May 2014; Training grant (R36/F31) panel, Oct. 2017

- **Ad Hoc Member**, Centers for Disease Control Review Panel CE8-003, April 2008.

### Editorships

- **Associate Editor**, *Journal of Consulting and Clinical Psychology* (2014-present)
- **Associate Editor**, *Journal of Clinical Child & Adolescent Psychology*, (2012-2016)
- **Editor**, *In Balance (Society of Clinical Child and Adolescent Psychology [APA Division 53] Newsletter)*, 2004-2009

### Masthead Editorial Boards

- *Clinical Psychology: Science and Practice* (2003-2012)
- *Journal of Consulting and Clinical Psychology* (present)
- *Journal of Clinical Child & Adolescent Psychology* (2007-present)

### **PROFESSIONAL AFFILIATIONS**

- American Psychological Association (APA), Member
- APA, Division 12 (Society of Clinical Psychology), Member
- APA, Division 53 (Society of Clinical Child Psychology), Member
- Association for Behavioral and Cognitive Therapies (ABCT), Member

### **TEACHING**

#### Undergraduate courses

- Abnormal Psychology
- Abnormal Child Psychology
- Introduction to Psychology

#### Graduate courses

- Child and Adolescent Therapy
- Clinical Practicum

### **SERVICE ACTIVITIES**

#### Service to the Clinical PhD Program

- Member, Admissions Committee (2001-2007)
- Coordinator, Preliminary Examinations, (2002-2005)
- Member, Ad Hoc Committee on Clinical Training (2001-2002)
- Year-round clinical supervisor, Anxiety Clinic (2003-2017)
- Chair, Ad hoc Assessment Training Committee (2006-2007)
- Member, Ad Hoc Committee on the Clinical Preliminary Examination (2008-2009)
- Director, Clinical Child/Adolescent Concentration (2008-2010)

#### Service to the Psychology Department

- Director of Graduate Studies (2010-present)
- Member, Personnel Committee (2008-2011)
- Psi Chi Advisor (2002-2008)
  - Achievements: Psi Chi won the University award for Student Organization Service Excellence in the 2002-2003 academic year and I was named Student Organization Advisor of the Year for the 2003-2004 academic year
- Member, Undergraduate Committee (2004-2007)
- Member, Diversity Interest Group (2006-2011)
- Member, Faculty Development Committee (2002-2003)
- Chair, Third Year Review Committee for Terri Sullivan-2009-10
- Member, Third Year Review Committee for Natalie Shook-2010-11
- Chair, Search Committee for Clinical Child/Adolescent Position (2010-11)
- Member, Search Committee for Assistant Director of Undergraduate Advising Position (2010-11)
- Member, Search Committee for Three (3) Collateral Teaching Faculty Positions (2010-11)
- Chair, Search Committee for Department Service Center Director of Operations (2012)
- Chair, Search Committee for the Associate Director of Graduate Operations (2017)

#### Service to VCU's College of Humanities & Sciences

- Member, Search Committee for Associate Dean of Research (2012)
- Chair, College Graduate Academic Committee (2012-2013, 2016-17)
- Member, College Graduate Academic Committee (2010-present)
- Member, Ad hoc grade appeal committee (2005)
- Member, Phi Kappa Phi Undergraduate Scholarship Review Committee (2003-2007)

#### Service to the University

- Member, Promotion and Tenure Committee, Dr. Andrew Daire, School of Education, (2016)
- Member, Electronic Thesis & Dissertation Task Force (2012-2014)
- Member, Promotion and Tenure Committee, Dr. Martin Reardon, School of Education, (2011-2012)
- Member, Ad hoc committee to charter Phi Beta Kappa Chapter for VCU (Aug. 2011-2013)

#### Service to the Profession: Local, State, & National

- Participant, National PTA-APA Mental Health Recognition Webinar: 2014
- Member, Y-APA Violence Prevention Workgroup: 2013
- Member, Revision of the Lesbian Gay Bisexual Transgender APA Resolution Work Group: 2012-2014
- Member, APA Committee on Children, Youth, and Families (CYF), 2012-2014
- Non-voting member, Board of the Society of Clinical Child and Adolescent Psychology (APA Division 53), 2004-2009
- Liaison for APA Division 53 to the APA Committee on Children, Youth, and

Families (CYF), 2006-2011

- Planning committee member, Systems of Care and Evidence-Based Practices Conference, state-wide conference sponsored by the VA Department of Mental Health, Mental Retardation, and Substance Abuse Services and the Virginia Commission on Youth, 2007
- Advisory Board, Commission on Youth, served on advisory board for state legislative commission related to producing a biennial report on evidence-based treatments for children and adolescents, Aug. 2007-present
- Ad Hoc Advisory Committee Member, State Council of Higher Education for Virginia, participated in writing a report on state universities and colleges emphasis of evidence-based assessments and treatments, requested by state legislative body, Commission on Youth, Aug. 2011-Oct. 2011

Service to the Community

- Member, Vice-President (2005), and President (2006), Board for Agoraphobics Building Independent Lives (ABIL), ([www.anxietysupport.org](http://www.anxietysupport.org)). Richmond, Virginia. (2004-2006)
- Vestry Member, St. Thomas' Episcopal Church, Richmond, VA: 2006-2008
- Trustee, Board of Trustees, Seven Hills School, Richmond, VA: 2011-2015
- Vice President, Board of Trustees, Seven Hills School, Richmond, VA: 2013-2014
- Secretary, Board of Trustees, Seven Hills School, Richmond, VA: 2014-2015
- Trustee, Board of Trustees, Orchard House School, Richmond, VA: 2014-present
- Secretary, Board of Trustees, Orchard House School, Richmond, VA: 2016-present