

## **Dr. Michael A. Southam-Gerow**

**Brief biographical information.** Dr. Southam-Gerow is a professor of Psychology at Virginia Commonwealth University (VCU). He serves as Chair for the Psychology Department at VCU. His research focuses on the dissemination and implementation of psychological treatments for mental health problems in children and adolescents. Dr. Southam-Gerow also studies emotion processes (e.g., emotion regulation) in children and adolescents and treatment integrity. He is Associate Editor of the *Journal of Consulting and Clinical Psychology*, the author of dozens of scholarly paper. He is also the author of *Practitioner's guide to emotion regulation in children and adolescents*, now available in paperback as well as translated into Dutch and Korean, and a forthcoming book, *Exposure therapy with children and adolescents*, to be published in 2019 by Guilford Press.

**Statement.** I am honored to have been nominated to serve as president. I have been a member of the society since the 1990s and have been involved with the society in one or way or another for more than a decade. I served the society as the editor of the Newsletter for five years. The society also sponsored me to serve on the APA Committee on Children, Youth, and Families from 2012-2014 and I served as Associate Editor of *JCCAP*, where I coordinated the first wave of evidence base updates. In terms of initiatives, I am particularly interested in identifying ways that our society can work with other disciplines, such as American Academy of Pediatrics and the National Association of Social Workers. Multidisciplinary effort is needed to solve the myriad problems we face with regard to child/adolescent mental health and wellness. Furthermore, I would like to continue the society's efforts to find the best ways to give science away through no- and low-cost training for members and the public. In particular, finding ways to get the benefits of our scientific and practice-based expertise into the hands of families represents an important area for continued work. Third, I would like to identify ways to increase equity, diversity, and inclusion in SCCAP and APA. Finally, I would like to learn what the members of the society would like from the society and its board. I would be eager to develop initiatives based on member input.