

JARROD M. LEFFLER, Ph.D., ABPP

200 First Street SW • Rochester, MN 55905 • O: 507-293-2557 • Fax: 507-284-4158 • leffler.jarrod@mayo.edu
C: 614-580-2101

EDUCATION

Doctor of Philosophy in Psychology (Clinical) (APA Accredited), October 2004

Saint Louis University, Saint Louis, Missouri.

Dissertation: *Group Treatment for Youth with Disruptive Behaviors: Clinically Significant Outcome and Consumer Satisfaction*. Chair: Honore M. Hughes, Ph.D.

Master of Arts in Community Counseling (CACREP Accredited), August 1998

Southeast Missouri State University, Cape Girardeau, Missouri.

Thesis: *The Effects of Youth Sports on Depression: A Comparison Between First Year Participants and Participants Who Have Prior Playing Experience*. Chair: Ann Puryear, Ed.D.

Bachelor of Science in Psychology/minor: Sociology May 1995

Southeast Missouri State University, Cape Girardeau, Missouri.

Undergraduate Research: *Personality Differences Between High and Low Risk Alcohol Abuse*. Advisor: William E. Snell Jr., Ph.D.

LICENSES

Minnesota Licensed Psychologist 2011 - present

Ohio Licensed Psychologist: 2006 – present

BOARD CERTIFICATION

American Board of Professional Psychology – Clinical Child and Adolescent Specialty 2008

National Board of Certified Counselors 1998-2002

ACADEMIC AFFILIATIONS

Assistant Professor of Psychology, Mayo Medical School 2012-present

Clinical Assistant Professor, Department of Psychiatry The Ohio State University 2006-2011

HONORS and AWARDS

Silver Award: Teens+ Worst Day Ever (Video) National Health Information Awards, 2017

Silver Award: Teens + Worst Day Ever. Health and Wellness, 38th Annual Telly Awards, 2017

Distinguished Service for Diversity and Inclusion in Education Department of Psychiatry and Psychology, Mayo Clinic (inaugural award), 2015

Teacher of the Year (Psychology) Department of Psychiatry and Psychology, Mayo Clinic, 2015

American Board of Professional Psychology Early Career Psychology Service Award (inaugural award), 2015

Merit Award Winner: Teens+ A Personal Safety Plan. Patient education Booklet/Brochure, 22nd Annual National health Information Awards, 2015

Gold Reel Award: Preventing Teen Suicide. Training/Education, Media Communications Association International 44th Annual Media Festival, 2013

Silver Award Winner: Preventing Teen Suicide. Patient education video, 20th Annual National Health Information Awards, 2013

Nominated for the Theodore Blau Early Career Award (APA Division 12), 2011

Doctoral Oral Examination – Successful Completion with Distinction, Saint Louis University, 2003

Tall Memorial Award for Academic and Clinical Excellence, Saint Louis University, 2003

Severin Award/Grant for Research, Saint Louis University, 2003

College of Education Leadership Award, Southeast Missouri State University, 1997-1998

Chi Sigma Iota, Counseling Academic & Professional Honor Society, 1997

President, Sigma Epsilon Sigma chapter, 1997-1998

Psi Chi, 1995

University Student Advisory Council to the Dean, College of Education, Southeast Missouri State University, 1997

College Council, Community and Graduate Representative, Southeast Missouri State University, 1997-1998

Graduation with Distinction in Graduate School, Southeast Missouri State University, August 1998

Distinction in Graduate School Award, Southeast Missouri State University, fall 1995 to summer 1998

Dean's List and National Dean List 1995

CLINICAL and ADMINISTRATIVE ACTIVITIES

Director, Pediatric Transition Program (PTP)

June 2015 - Present

Mayo Clinic, Division of Child and Adolescent Psychiatry and Psychology, Department of Psychiatry and Psychology, Rochester, MN

- Developed and direct a 3-week transdiagnostic Intensive Outpatient Program (IOP) for youth that demonstrates financial success.

Director, Child and Adolescent Integrated Mood Program (CAIMP)

December 2012 - Present

Mayo Clinic, Division of Child and Adolescent Psychiatry and Psychology, Department of Psychiatry and Psychology, Rochester, MN

- Developed and direct a unique 2-week family-based Partial Hospitalization Program (PHP) for youth with mood disorders and their parents that demonstrates clinical effectiveness and financial success.

Co-Director, Pediatric Mood Clinic

March 2012 – Present

Mayo Clinic, Division of Child and Adolescent Psychiatry and Psychology, Department of Psychiatry and Psychology, Rochester, MN

- Primary psychologist in a multidisciplinary diagnostic and referral clinic for national and international patients with complex psychopathology concerns.

Consultant

November 2014 – Present

Mayo Clinic, Division of Child and Adolescent Psychiatry and Psychology, Department of Psychiatry and Psychology, Rochester, MN

- Provide primary psychological services to a wide range of patients in outpatient, PHP, IOP, and pediatric C/L services.

Quality Improvement Project:

- Silver Quality Fellow, December 2016
Project: Early Management and Evidence-based Recognition of Adolescents Living with Depression (EMERALD)

Senior Associate Consultant

November 2011 – November 2014

Mayo Clinic, Division of Child and Adolescent Psychiatry and Psychology, Department of Psychiatry and Psychology, Rochester, MN

Quality Improvement Project:

- Bronze Quality Fellow, December 2011

Director, Outpatient Group Therapy Program

January 2011 – November 2011

Nationwide Children's Hospital, Psychiatry and Community Behavioral Health Services, Columbus, Ohio.

Director, Clinical Quality and Training

August 2009 – January 2011

Nationwide Children's Hospital, Psychiatry and Community Behavioral Health Services, Columbus, Ohio.

Leadership Training:

- Nationwide Children's Hospital Medical Leadership Program 2010-2012
- Senn Delaney Leadership and team building training 2011
- *Cultural Competence Training for Hospital Leaders and Providers*, Webinar, April 27, 2011, (Yolanda Robles –CulturaLink, Inc., & David Hunt, Critical Measures, LLC).
- Making Outcomes Management Work for Your Organization, National Council Live Webinar, January, 13, 2010. (Kay Hodges, University of Michigan, & Jim Worthing, Georgetown University National Technical Assistance Center for Children's Mental Health).
- Zero Hero Safety Training 2010
- Zero Hero Safety Coach Manager 2010- present

Clinical Programming:

- Psychological Assessment Triage Clinic (2011 NCH) – Co-developed, implemented, and facilitated
- Evidence-Based Practice in Group Therapy (2008 NCH) – Developed, implemented, facilitated, supervised/consulted, evaluated. In 2008 began with one mood group and four Incredible Years groups and by 2011 were running 12 of each group across four sites.
- Psychometrician FTE position (2008 NCH) – Developed, implemented, evaluated
- Outpatient based Community Support worker FTE position (2008 NCH) – Developed, implemented, consulted (has grown into 4 FTE positions)

Administrative/Operational Programming:

- Safety Initiative "Zero Hero – Safety Coaches" (2010 NCH) – Organized training schedule and agenda for all of Behavioral Health (three areas that consisted of 10 sites/programs) to review progress and implementation of NCH initiative for zero safety events by 2013. Within 4 meetings brought reporting from "below expectation" to "exceeded expectations"
- Assisted in preparing Behavioral Health Outpatient and Community Based staff (7 sites over 200 clinical staff) and engaged in The Joint Commission Review – Review resulted in 3 indirect findings (2010 NCH)
- Chart audit procedure (2010 NCH)
- Clinical Forms
 - Treatment/Service Plan (2011 NCH)
 - Diagnostic Assessment Form/procedure (2010 NCH & OSU)

Training/Educational Programming:

- Diversity and Inclusion Cultural Awareness SIM center training (annually 2013 – present, Mayo Clinic)
- Diversity Training Workshop – Jessica Henderson Daniel, Ph.D., ABPP. Recruiting and Retaining a Diverse Workforce in a Behavioral Health Setting. February 8th 2010. Nationwide Children's Hospital – Facilitated
- Behavioral Health Diversity Workgroup – Developed and Facilitated 8 member group to address diversity topics in Behavioral Health Outpatient and Community Based programs (2009-2011 NCH)
- Multidiscipline Case Presentation Seminar (2010-present NCH & OSU) – Developed, Implemented, Facilitated/Supervised

- Psychology undergraduate and graduate student professional psychology placement (2010-present NCH & OSU) – Developed with Mary Fristad, Implemented, Supervised
- Evidence Base Practice in Group Therapy (2009-present NCH)– Developed, Implemented, Supervised, Evaluated
- Social Work graduate field placement training for first and second year students with a focus on training in providing mental health services to children and their families. (2009-2010 NCH & OSU) - Co-developed, Implemented, Facilitated, Evaluated -This program was award the *2010 Outstanding Agency award by the Ohio State University College of Social Work.*
- Social Work Therapy Skills Lab (2009-2010 NCH & OSU) Developed, Implemented, Facilitated
- Multi-Family Psychoeducational Psychotherapy Day long Didactics (2009-present NCH) – Developed, Implemented, Facilitated day long training offered yearly 2009- present
- Research Journal Club – Developed, Implemented, oversee monthly meeting for faculty to engage in discussion of empirical data. This is also a required training activity for postdoctoral fellows to attend (2009 – present NCH)
- Young Leaders Group – Developed, Implemented, Facilitated monthly meeting for 4 middle management staff to use external resources to foster growth in leadership style and address challenges (2009-2011 NCH)

Associate Director of Internship: Clinical Child Track

August 2009 – November 2011

Nationwide Children's Hospital, Psychiatry and Community Behavioral Health Services, Columbus, Ohio.

Clinical Coordinator (Outpatient Site Director)

May 2007 - August 2009

Nationwide Children's Hospital, Psychiatry and Community Behavioral Health Services, Columbus, Ohio.

Outpatient Child and Adolescent Psychologist

July 2006 – November 2011

Nationwide Children's Hospital, Psychiatry and Community Behavioral Health Services, Columbus, Ohio.

Postdoctoral Fellowship: Clinical Child Psychology

September 2004-June 2006

The Ohio State University Medical Center, Division of Child and Adolescent Psychiatry, Columbus, Ohio.

Supervisor: Mary A. Fristad, Ph.D., ABPP

Predoctoral Internship: Clinical Child and Pediatric Psychology

(APA Accredited) September 2003-August 2004

Harvard Medical School/Children's Hospital Boston, Department of Psychiatry, Boston, Massachusetts.

Eugene D'Angelo, Ph.D. Chief of Psychology

Jessica Henderson-Daniel, Ph.D., ABPP Director of Training

Pediatric Psychiatry Consultation Liaison Service

Supervisors: Pamela Beasley, M.D., Lou Baptista, M.D., and David DeMaso, M.D.

Outpatient Medical Coping Clinic

Supervisor: Carol Thomson, Ed.D.

Conducted psychological evaluations for clinical child and pediatric populations. Developed treatment *Emergency Department*

Supervisors: Beth Wharff, Ph.D. and Elizabeth Colton, MSW

Outpatient Child and Family Psychiatry Program

Supervisor: William DeFranc, Ph.D.

Inpatient Unit

Supervisor: Peter Hunt, Ph.D.

Neuropsychology

Supervisors: Celiame Rey-Casserly, Ph.D., ABPP/CN and Colleen Ewing, Ph.D.
Psychological Assessment
Supervisor: Eugene D'Angelo, Ph.D.

Testing Assistant - Psychological Service Center

September 2002-May 2003

Saint Louis Children's Hospital/Washington University School of Medicine, Department of Pediatric Neuropsychology, Saint Louis, Missouri.

Supervisors: Russell Hoffman, Ph.D., Lynn Blackburn, Ph.D., ABPP, Mary Michaelleen Cradock, Ph.D.

Clinic Assistant - Psychological Service Center

July 2002-June 2003

Saint Louis University Psychological Services Center, St. Louis, Missouri.

Supervisor: Phyllis Terry Friedman, Ph.D.

Disability Determination Evaluator

February 2002-December 2002

Saint Louis University Psychological Services Center, St. Louis, Missouri.

Supervisor: Phyllis Terry Friedman, Ph.D.

Pediatric Psychology Trainee

August 2001-August 2002

Saint Louis Children's Hospital/Washington University School of Medicine, Department of Psychology, Saint Louis, Missouri.

Placement Supervisor: Russell Hoffman, Ph.D. Director Department of Psychology
Craniofacial/Cleft Palate Clinic

Supervisors: Kristin Kullgren, Ph.D., Mary Michaelleen Cradock, Ph.D.

Newborn Clinic

Supervisor: Mary Michaelleen Cradock, Ph.D.

Testing Materials Coordinator

August 2001-July 2002

Saint Louis University Psychological Services Center, Saint Louis, Missouri.

Supervisor: Phyllis Terry Friedman, Ph.D.

Psychological Trainee

August 2000-July 2003

Saint Louis University Psychological Services Center, Saint Louis, Missouri.

Supervisors: Honore M. Hughes, Ph.D., Frank H. Gilner, Ph.D., Phyllis Terry Friedman, Ph.D., & Paul J. Handal, Ph.D.

Therapist

July 1999-August 2000

Providence Employee Assistance Program, Granite City, Illinois.

Supervisor: Kim Hardy, M.A.

Therapist II

November 1998-August 2002

Gateway Regional Medical Center, Granite City, Illinois. (Formerly: Saint Elizabeth Medical Center)

Supervisor: Allan Barclay, Ph.D., ABPP

Provided play, cognitive behavioral, rational emotive behavioral therapy, and behavior modification

Therapist

August 1998-November 1998
Community Counseling Center, Cape Girardeau, Missouri.
Supervisor: Audrey Bruckerhoff, MSW

M.A. Internship

January 1998-August 1998
Community Counseling Center, Cape Girardeau, Missouri.
Supervisor: Gary Underwood, M.A.

M.A. Practicum

August 1997-December 1997
Community Counseling Center, Cape Girardeau, Missouri.
Supervisor: Gary Underwood, M.A.

Intensive Targeted Case Manager for Children

September 1996-November 1998
Community Counseling Center, Cape Girardeau, Missouri.
Supervisor: Paul Schniedermeier, M.A.

Therapeutic Aid

February 1995-May 1996
Cottonwood Residential Treatment Center, Cape Girardeau, Missouri.
Supervisor: Tim Jones, B.S.

Summer Staff

June 1995-August 1995, June 1996-August 1996
Evangelical Children's Home, Saint Louis, Missouri.
Supervisor: Terri Buckner, M.A.

Undergraduate Internship

August 1994-December 1994
Cottonwood Residential Treatment Center, Cape Girardeau, Missouri.
Supervisor: Angela VanSchiek, M.A.

TEACHING & TRAINING EXPERIENCE**National Courses**

Approaches to Pediatric Depression and Related Disorders
September 20, 2013 Minneapolis, MN
Course Directors: Croarkin, Paul E., D.O. Bhagia, Jyoti, M.D. Leffler, Jarrod M., Ph.D., L.P. (7.00 Credits)

Mayo Clinic

Department of Education Committee – Member 2012- present
Child and Adolescent Psychiatry Education Committee – Member 2012 - present
Evidence Based-Treatment Seminar (Adult/Child PGY III) – Instructor 2012 - present
Diagnostic Interviewing Seminar (Child and Adolescent PGY I & II) – Instructor 2012 - present
Cultural Diversity Seminar – Co-facilitator 2013
Family Therapy Seminar (Child and Adolescent Psychiatry Fellows) – Instructor 2013 – present
Introduction to Psychotherapy Skills (Adult/Child PGYII) – Instructor 2013 - present

Undergraduate Psychology Research Lab

January 2011 – August 2011

Nationwide Children's Hospital, Psychiatry and Community Behavioral Health Services, Columbus, Ohio.

Graduate student Social Work Training

July 2009 – August 2011

Nationwide Children's Hospital, Psychiatry and Community Behavioral Health Services, Columbus, Ohio.

Psychology Practicum, Intern and Postdoctoral Fellow Training

July 2006 – November 2011

Nationwide Children's Hospital, Psychiatry and Community Behavioral Health Services, Columbus, Ohio.

Multi-Family Psychoeducation Psychotherapy Trainer

July 2006 – present

Adjunct Faculty

August 2001-May 2002

Saint Louis College of Pharmacy, Saint Louis, Missouri.

Supervisor: Peter Hurd, Ph.D.

Full responsibility for three-credit Introduction to Psychology (100 students) and Abnormal Psychology (16 students). Course format combined lecture and active learning strategies.

Teaching Assistant

January 1998-May 1998

Southeast Missouri State University, Department of Education/Counseling, Cape Girardeau, Missouri.

Supervisor: Verl T. Pope, Ed.D.

Assisted in planning and presenting topics in graduate and undergraduate level courses. Taught two sections of Exploration of Self, a three-credit hour undergraduate course. Assisted Cheryl Milde, Ph.D. in teaching Theories of Personal Growth, a graduate level Interactive Television (ITV) course.

MENTORING/SUPERVISION

Undergraduate Students

Kayden Healey (undergraduate clinical research student) 2011

Laura Shaffer (undergraduate clinical research student) 2011

Samantha Dedios (undergraduate clinical research student) 2011

Hope Boyd (undergraduate clinical research student) 2011

Jill Pritchett (undergraduate clinical research student) 2011

Nick Purcell (undergraduate clinical research student) 2011

Tosin Shenbanjo (undergraduate clinical research student) 2011

Dissertation Committees

Dissertation Committee Member

Emily McTate, M.S.

St. Louis University, St. Louis, MO

Title: An Examination of Practicing Clinicians Beliefs, Knowledge, and Experience with Bipolar Disorder in Childhood. Defense May 2013.

Graduate Students

Matthew Young M.S. Advanced Psychology Extern 2006-2008

Colleen Cummings M.S. Advanced Psychology Extern 2007-2008

Molly Martinez M.A. Advanced Psychology Extern 2008-2009

Heather McPherson, M.A. Advanced Psychology Extern 2009-2011

Psychology Interns

Radha Nadkarni, M.S., Psychology Intern 2008-2009
Rebecca Denning, Ph.D., Psychology Intern 2009-2010
Ben Fields, M.S., Psychology Intern 2010-2011

Psychology Postdoctoral Fellows

Kate Zelic, Ph.D. 2017- present
Julia Benjamin, Ph.D., 2017-present
Michele Tsai Owens, Ph.D., 2016-2018
Melissa Hord, Ph.D., 2015-2017
Kendra Homan, PhD., 2015-2017
Ashley Junghans, Ph.D., 2014-2016
Emily McTate, Ph.D., 2013-2015
Martha Early, Ph.D., 2013-2015
Chelsea Ale, Ph.D., 2012-2014
Karen Tabern, Psy.D. 2007-2008
Susan Hernandez, Ph.D. 2008-2009
Nicolette Howell, Ph.D., 2009-2010
Lindsay Johannes Ph.D. 2010-2011

Pediatric Residents

Cree Kachelski, M.D. 2018

Psychiatry Residents and Fellows

Sogand Ghassemi, MD Psychiatry CAP Fellow 2015-2016
Lauren Murphy, DO Psychiatry CAP Fellow 2015-2016
Eliza Sukiennik, MD Psychiatry CAP Fellow 2015-2016
Hannah Betcher, MD Psychiatry CAP Fellow 2016-2017
Jacquetta Blacker, MD Psychiatry CAP Fellow 2016-2017
Michael Warden, MD Psychiatry CAP Fellow 2016-2017
Kristen Cowan, MD Psychiatry Resident 2016
Elliot Handler, MD Psychiatry Resident 2016
Bruno Elliot, MD Psychiatry Resident 2016
Alastair McKean, MD Psychiatry CAP Fellow 2014
Scott Schmidt, MD Psychiatry CAP Fellow 2014
Chad Puffer, DO Psychiatry CAP Fellow 2014
Gonter, Carolyn, MD Psychiatry CAP Fellow 2014
Kyle Cedermark, MD Psychiatry CAP Fellow 2014
Jesus Exposito-Cespedes, MD Psychiatry Resident 2013-2014
Carlos Salgado, MD Psychiatry CAP Fellow 2013
Rosei Skipper, MD Psychiatry CAP Fellow 2013
Asfia Qaadir, D.O. Psychiatry CAP Fellow 2012-2013
Charles Lewis, MD Psychiatry CAP Fellow 2014
Christopher Takala, MD Psychiatry CAP Fellow 2014

Medical Residents

Paige Partain MD (Pediatric Resident) 2016

RESEARCH EXPERIENCE

Faculty Member

February 2011

The Ohio State University Center for Clinical & Translational Science

Mentor

Mentor to Heather McPherson, The Ohio State University clinical child doctoral candidate on her Center for Clinical and Translational Science (CCTS) TL1 Mentored Research Training Award (2011 – present)

Training/Workshops

Tools of the Trade. The Ohio State University Center for Clinical and Translational Science (CCTS). February 22, 2011.

Introduction to SPSS. The Ohio State University Office of Continuing Education. November 8, 15, & 22, 2010.

Research Projects

Biomarkers of Tryptophan Metabolism in First Incidence Adolescent Depression and Association with SSRI Treatment Response

Mayo Clinic

Role: Co-Investigator

2014 – present

Feasibility of the Child and Adolescent Integrated Mood Program (CAIMP)

Mayo Clinic

Role: Principle Investigator

2014 – present

Pediatric Bipolar Disorder Genomics Program

Mayo Clinic

Role: Principle Investigator

2012 – present

The Care of Child and Adolescent Psychiatric Patients

Mayo Clinic

Role: Study Staff

2012-present

Expressed Emotion in the Families of Adolescents with Major Depression

Joint project through University of Chicago and Mayo Clinic

Mayo Clinic

Role: Co-Investigator

2011- 2014

SPRITES: SERTRALINE PEDIATRIC REGISTRY FOR THE EVALUATION OF SAFETY

A Non-interventional, Longitudinal, Cohort Study to Evaluate the Effects of Long-term Sertraline Treatment in Children and Adolescents

Pfizer (Awarded)

Mayo Clinic

Role: Co-PI

2011-present

Efficacy to Effectiveness Study for Multi-Family Psychoeducation Psychotherapy (MF-PEP) Treatment

Joint project though Nationwide Children's Hospital and The Ohio State University

Role: Principle Investigator

2008-2011

Longitudinal Assessment of Manic Symptoms (LAMS) a Multisite program
The Ohio State University
Role: Study Staff: Interviewer and rater
2005-2006

Efficacy of Multifamily Psychoeducation Group (MFPG)
The Ohio State University
Role: Study Coordinator
2004-2006

Graduate Research Assistant

August 2000-May 2001
Saint Louis University, Department of Psychology, Saint Louis, Missouri.
Supervisors: Jeffrey Gfeller, Ph.D. and Joan Oliver, Ph.D.

Graduate Research Assistant

January 1997-May 1998
Southeast Missouri State University, Department of Education/Counseling, Cape Girardeau, Missouri.
Supervisor: Dottie Cruz, Ph.D.
Participated in researching, writing, and completing self-study for the Council for Accreditation of

GRANT ACTIVITY

Submissions

(2017) NIMH R34 Pilot Effectiveness Trials for Post-Acute Interventions and Services to Optimize Longer-term Outcomes
Project Title: Take Home Resource for Enhancing Engagement with My Mood Mentor (M³)
Role: Principal Investigator
Award: \$715,500
Unfunded with positive reviews – resubmission in progress

(2017) Mayo Clinic CoDE
Project Title: Family Engagement for Health and Mood Management (FEHaMM)
Role: Principal Investigator
Award: \$10,000
Submission was reviewed positively and fast-tracked to the enterprise Connective Care Team

(2017) APA CEMRRAT2
ETHNIC MINORITY RECRUITMENT, RETENTION, & TRAINING IN PSYCHOLOGY Grant
Project Title: Cross-Cultural Communication Workshop
Role: Principal Investigator
Award: \$9,962
Unfunded with positive reviews

(2014) Center for Clinical and Translational Science (CCaTS) Early Stage Investigator Award
Project Title: Feasibility Study of Measuring Adjunctive Antioxidant Therapy for Youth Depression
Role: Principal Investigator
Award: \$68,000
Unfunded with positive reviews

(2014) Center for Clinical and Translational Science (CCaTS) Community Health: Assessment and Improvement Measures Program (CHAMP)
Study Title: Community Outreach and Education on Depression (COED)

Role: Principal Investigator
Award: \$88,000
Unfunded with positive reviews

(2011) Society for a Science of Clinical Psychology Clinical Scientist Training Initiative.
Project Title: Evidence Based Practice in Group Therapy (EBP-GT)
Role: Principle Investigator
Award: \$1,500
Unfunded

Funded

(2018) Mayo Clinic Values Council
Project Title: Health and Wellness for Youth and Families: Evaluating the Clinical and Fiscal Outcomes of an Innovative Family-Based Treatment for Mood Disorders
Role: Principle Investigator
Award: \$10,000

(2017) Omnibus Solicitation of the NIH for Small Business Technology Transfer Grant Applications PA-15-270 STTR [R41/R42]
Project Title: Using Technology to Optimize Child Mental Health Care In Real World Settings
Role: Co-Investigator
Award: \$224,744

(2014) Mayo Clinic Department of Psychiatry and Psychology Small Grants Program
Project Title: Biomarkers of Tryptophan Metabolism in First Incidence Adolescent Depression and Association with SSRI Treatment Response
Role: Co-Investigator

(2009) OSU Center for Clinical and Translational Science Seed Grant.
Project Title: Dissemination of an Evidence-Based Multi-Family Psychoeducational Psychotherapy (MF-PEP) for Children with Mood Disorders
Role: Nationwide Children's Hospital Principal Investigator
Award: \$14,991

(2007) National Institute of Mental Health STTR Award
Project Title: Developing Psychotherapy Training Materials for Pediatric Bipolar Disorder. STTR (SBC: Child & Family Psychological Services, Inc.)
Principal Investigator: Mary Fristad
Role: Co-investigator
Award: \$100,000

PUBLICATIONS

Leffler, J.M., Zelic, K., Benjamin, J., & Kirtley A.T. (in preparation). Validity of the PHQ-9 as a measure of pediatric depression: Comparison with structured clinical interview and a standardized measure of child and adolescent depression.

Leffler, J.M., McTate, E.A., & Junghans-Rutelonis, A.N. (under review). Integrated Family-Based Partial Hospitalization Program for Children and Adolescents with Mood Disorders: Feasibility and Consumer Satisfaction

Zelic, K.J., Kruser, A.F., & **Leffler, J.M.** * (under review). Feasibility and Acceptability of Mindfulness in an Integrated Family-Based Approach to Treating Youth Mood Disorders

- Junghans-Rutelonis, A.N., Boland, T.A., Borah, B.J., & **Leffler, J.M.**,* (under review). An Examination of a Stepped-care Model for Treating Mood Disorders in Adolescents.
- Whiteside, S.P., **Leffler, J.M.**, Hord, M.K., Sim, L.A., Schmidt, M.M., & Geske, J.R. (2018). The Compatibility of Clinical Child Mental Health Treatment and Evidence-Based Treatment Protocols. *Psychological Services*. doi: 10.1037/ser0000267
- Sattler, F.A., **Leffler, J.M.**, Whiteside, S.P., Sim, L.A., Harrison, N., Bieber, E.D.(2018) The Quality of Assessments for Childhood Psychopathology within a Regional Medical Center Psychological Services. *Psychological Services*. doi: 10.1037/ser0000241
- Leffler, J.M.**, Junghans, McTate, E., A., Geske, J., & Hughes, H.M. (2017). An uncontrolled pilot study of an integrated family-based partial hospitalization program for youth with mood disorders. *Evidence-Based Practice in Child and Adolescent Mental Health*, DOI: 10.1080/23794925.2017.1362329
- Zarate-Garza, P.P., Biggs, B.K., Croarkin, P., Morath, B. **Leffler, J.**, Cuellar-Barboza, A. & Tye, S.J. (2017). How well do we understand the long-term health implications of childhood bullying? *Harvard Review of Psychiatry*, 25 (2), 89-95.
- McTate E.A., & **Leffler, J.M.** * (2017) Diagnosing disruptive mood dysregulation disorder: Integrating semi-structured and unstructured interviews. *Clinical Child Psychology and Psychiatry*, Vol. 22(2) 187–203.
- Leffler, J.M.**, Harbeck-Weber, C., & Steele, R.G. (2016). Integrating Board Certification Expectations and Examinations Practice into Clinical Child and Pediatric Psychology Training Programs. *Evidence-Based Practice in Child & Adolescent Mental Health*.
- MacPherson, H., Mackinaw-Koons, B., **Leffler, J.M.**, & Fristad M. A. (2016). Pilot Effectiveness Evaluation of Community-Based Multi-Family Psychoeducational Psychotherapy for Childhood Mood Disorders, *Couple and Family Psychology: Research and Practice*, 5, 43–59.
- Scola, G., McNamara, R.K., Croarkin, P.E., **Leffler, J.M.**, Cullen, K.R., Geske, J.R., Biernacka, J.M., Frye, M.A., DelBello, M.P., & Andreatza, A.C. (2016). Lipid peroxidation biomarkers in adolescents with or at high-risk for bipolar disorder. *Journal of Affective Disorders*, 192, 176-183.
- Leffler, J.M.**, Riebel, J., & Hughes, H.M. (2015). A Review of Child and Adolescent Diagnostic Interviews for Clinical Practitioners. *Assessment*, 22(6): 690-703.
- Leffler, J.M.**, Jackson, Y., West, A., Mccarthy, C, & Atkins, M (2013). Training in Evidence-Based Practice across the Professional Continuum. *Professional Psychology: Research & Practice*, 11: 20-28.
- MacPherson, H. A., **Leffler, J. M.**, & Fristad, M. A. (2013). Implementation of Multi-Family Psychoeducational Psychotherapy for Childhood Mood Disorders in an Outpatient Community Setting. *Journal of Marital and Family Therapy*. Article first published online: 24 JAN 2013 DOI: 0.1111/jmft.12013
- Fristad, M.A., Goldberg Arnold, J.S. & **Leffler, J.M.** (2011). Psychotherapy for Children with Bipolar and Depressive Disorders. New York: Guilford Press.
- Fristad, M.A., Goldberg Arnold, J.S. & **Leffler, J.M.** (2011). Multi-Family Psychoeducational Psychotherapy (MF-PEP): Child Workbook. Columbus, OH: CFPSI Press.

Fristad, M.A., Goldberg Arnold, J.S. & **Leffler, J.M.** (2011). Individual-Family Psychoeducational Psychotherapy (IF-PEP): Child Workbook. Columbus, OH: CFPSI Press.

Leffler, J.M., Fristad, M.A. & Klaus, N.M. (2010). Psychoeducational psychotherapy (PEP) for children with bipolar disorder: Two case studies. Journal of Family Psychotherapy, 21:269–286.

Leffler, J.M. (2009). The SCCAP Listserv: Source of news, information, and networking. In Balance: Society of Clinical Child and Adolescent Psychology Newsletter, 24, vol 3, p. 7.

Leffler, J.M., Young, M., & Fristad, M.A. (2008). Psychoeducation. In Encyclopedia of Counseling Psychology. Sage Publication, Inc.

Fristad, M.A., Davidson, K.H., & **Leffler, J.M.** (2007). Thinking-feeling-doing: A therapeutic technique for children with bipolar disorder and their parents. Journal of Family Psychotherapy, 18, 81-103.

Leffler, J.M., & Fristad, M.A. (2006). Mood disorders in children and adolescents. In T. G. Plate (Ed.), Abnormal psychology in the 21st century Vol I behavioral issues. Greenwood.

INVITED ARTICLES/TALKS/PRESENTATIONS/WORKSHOPS/INTERVIEWS

Leffler, J.M. (December 13, 2018) Diversity and Inclusion: Patient and Visitor Conduct. Mayo Clinic Department of Psychiatry and Psychology Advance Practice Registered Nurse monthly meeting, Rochester, MN

Interviewed by Mayo Clinic Facebook Live Show (September 6, 2018). Treating Pediatric Mood Disorders.

Leffler, J.M. (August 10, 2018). Development, Implementation, and Maintenance of a Family-Based Partial Hospitalization Program for Youth with Mood Disorders. Stanford Department of Psychiatry and Behavioral Sciences: Pediatric Mood Disorders Program, Stanford, CA.

Leffler, J.M. (January 19, 2018). Mental Health in Academic Settings. From Clinic to Classroom: Enhancing School Interventions for Youth with Behavioral and Emotional Concerns Concordia University Wisconsin-Mequon, Mequon, WI.

Leffler, J.M. (October 24, 2017). Review of Psychosocial Treatments for Mood Disorders in Children and Adolescents. Grand Rounds University of Kansas School of Medicine – Wichita, Wichita, KS.

Leffler J.M., Bhagia, J., Luedtke, C., Quirindongo-Cedeno, Onelis, & Chutka, Darryl S. (October 2017). Cross Cultural Communication. Mayo Clinic Equity + Inclusion in Healthcare, Rochester, MN.

Leffler, J.M., (October 2017). Review of Psychosocial Treatments for Mood Disorders in Children and Adolescents. University of Kansas School of Medicine-Wichita Psychiatry Grand Rounds, Wichita, KS

Interviewed by Buzz Feed (Sept 8, 2017). Role of child and adolescent psychologist: What parents and patients should know.

Interviewed by KTIC (May 9, 2017) Special report: An in-depth look at teen suicide.
<http://www.kimt.com/story/35375774/preventing-teen-suicide>

Interviewed by Mayo Clinic Q&A (May 31, 2016). Mayo Clinic Q and A: Rapid Mood Changes Normal For Teens.

Interviewed by Globe and Mail (June 20, 2013). How group therapy can hold the key to treating mental illness.

Leffler, J. M. (2007 April). *Assessment and Treatment of Children with Bipolar Disorder: Applications in Clinical Settings*. Colloquium presented at Saint Louis University, St. Louis, Missouri.

Leffler, J. M. (2007 April). *Group Therapy Interventions for Children*. Presented to advanced psychology graduate Child Intervention class at Saint Louis University, St. Louis, Missouri.

Requested Interview for Lutz, M. (2004). On the Student Front – What's next: Life after the internship process. Progress Notes, The Society of Pediatric Psychology Newsletter, 28, issue 2, p. 8-9.

Invited Interview by Edwardsville Intelligencer News Paper (July 4, 2000). Ecstasy use increase in region

PRESENTATIONS/TRAININGS/POSTERS

Azzopardi Larios, D, Galanter, C.A., **Leffler, J.M.**, Shi, F., Jensen, P.S., Casuto, L., Croarkin, P.E., Cullen, K.R., Duffy, A., Klimes-Dougan, B., Post, R.M., Vande Voort, J.L., Dineen Wagner, K., & Wolf, D.V. (October, 2018). Expert Rater Agreement for Symptoms and Diagnosis of Bipolar Disorder in Youth. American Academy of Child and Adolescent Psychiatry 65th Annual Meeting, Seattle, Washington.

Zelic, K. J. & **Leffler, J. M.***(June, 2018). An integrated family-based approach to treating youth mood disorders. Poster presented at the 2nd Annual Journal of Clinical Child & Adolescent Psychology (JCCAP) Future Directions Forum. Washington, DC.

Zelic, K.J., & **Leffler, J.M.*** (May, 2018). An Integrated Family-Based Approach to Treating Youth Mood Disorders. Department of Psychiatry and Psychology Grand Rounds 2018 Research Summit. Rochester, MN

Leffler, J.M. (September, 2017). Screening and Intervention Models for Treating Pediatric Mood Disorders. Mayo Clinic Approaches to Pediatric Mood Disorders and Related Conditions. Minneapolis, MN.

Homan, K. J., Crowley, S., & **Leffler, J.M.*** (June, 2017). Predictors of Adolescent Readmission after Psychiatric Hospitalization: An Assessment of the Impact of Psychiatric Follow-Up/Aftercare. Poster presented at Association for Contextual Behavioral Science World Conference 15, Seville, Spain.

Leffler, J.M., Shi, F., Stein, H., Casuto, L., Croarkin, P.E., Cullen, K.R., Duffy, A., Jensen, P.S., Kadagkar, F., Klimes-Dougan, B., Post, R.M., Sukiennik, E., Vande Voort, J.L., Dineen Wagner, K., Wolf, D.V., & Galanter, C.A. (May, 2017). Enhancing the Reporting and Rating of Symptoms and Presentation of Bipolar Disorder in Youth: Preliminary Outcomes and Next Steps. Poster presented at 19th Annual Conference of the International Society of Bipolar Disorders, Washington, DC.

Leffler, J.M. (December, 2016). Screening, Interview, and Diagnosis for Depression, Master Level Psychologist Training, Mayo Clinic, Rochester, MN

Leffler, J.M., & Albano, A.M. (September, 2016). Becoming Board Certified in Child and Adolescent Clinical Psychology. National Conference in Clinical Child and Adolescent Psychology, Lawrence KS

Leffler, J.M., & Washington, G. (September, 2016) Obtaining Your ABPP Certification in Child and Adolescent Clinical Psychology, UTSW Training on ABPP Certification, Dallas, TX

Vande Voort J, Orth S, Schak K, Johnson T, **Leffler J**, Huxsahl J, Frye M, Croarkin P. (July, 2016). Serotonin transporter gene promoter polymorphisms in adolescents presenting for depression treatment in a pharmacogenomic guided clinic. 18th Annual Conference of the International Society of Bipolar

Disorders, Amsterdam, The Netherlands.

Leffler, J.M. (April, 2016). Healthy Body, Healthy Mood: Strategies for Teens. Mayo Clinic Wellness Across the Lifespan: Psychological Science Update for Clinicians and Coaches. Minneapolis, MN

Leffler J.M., Bhagia, J., Luedtke, C. (December, 2015). Cross Cultural Communication. Mayo Clinic Department of Psychiatry and Psychology Grand Rounds. Rochester, MN.

Leffler, J.M., & Geske, J.R. (November, 2015). Clinician Rated Family Functioning Related to Attending a Family-Focused Intensive Treatment Program for Youth with Mood Disorders. Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL.

Leffler, J.M., McTate, E., Junghans-Rutelonis, A, & Geske, J.R. (November, 2015). Feasibility of a Family-Focused Intensive Treatment Program for Youth with Mood Disorders. Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL.

Junghans-Rutelonis, A., **Leffler, J.M.**, White C., & Meincke, K. (November, 2015). Reductions in Psychiatric Inpatient Hospitalizations Among Participants in a Child and Adolescent Intensive Mood Program: Examining Program Outcome Predictors Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL.

Leffler, J.M. (November, 2015) Assessment and Treatment of Mood Disorders in Children and Adolescents. Minnesota Psychological Association, St. Paul, MN.

Hayes, S.N., **Leffler, J.M.**, Myszkowski, M.R., & van Ryn, M., (September, 2015). We Don't Think the Way We Think We Think: Uncovering Hidden Biases That Affect the Care of Our Patients. Mayo Clinic Department of Psychiatry and Psychology Grand Rounds. Rochester, MN.

Leffler, J.M. (June, 2015). Utilization and Preliminary Outcomes of the Child and Adolescent Integrated Mood Program (CAIMP). Mayo Clinic Department of Psychiatry and Psychology Grand Rounds. Rochester, MN.

Andreazza, A., McNamara, R., **Leffler, J.**, Cullen, K., Croarkin, P, Geske, J., Biernacka, J., Frye, M., & DelBello, M. (June, 2015). Lipid Peroxidation Biomarkers In Adolescents With or At High-Risk For Bipolar Disorder. Poster presented at 17th Annual Conference of the International Society of Bipolar Disorders, Toronto, Canada.

Leffler, J.M., Frye, M.A., & Jensen, P.S. (June, 2015). Developing a Pediatric Bipolar Biobank: Initial Steps and Goals. Poster presented at 17th Annual Conference of the International Society of Bipolar Disorders, Toronto, Canada.

Leffler, J.M. (February, 2015.) Supervision Across the Training and Professional Continuum: Styles and Competencies. Minnesota Psychological Association, Friday Forum Encore. St. Paul, MN.

Leffler, J.M. (October, 2014.) Child and Adolescent Bipolar Disorders. Mayo Clinic Pediatric PM&R Weekly Conference, Mayo Clinic, Rochester, MN.

Leffler, J.M. (October, 2014). Screening and Intervention for Pediatric Mood Disorders. Mayo Clinic Approaches to Pediatric Depression and Related Conditions. Minneapolis, MN.

McTate, E., Vercellone, A., Hughes, H., & **Leffler, J.M.***. (October, 2014). Feasibility of the Child and Adolescent Integrated Mood Program. Poster presented at National Conference in Clinical Child and Adolescent Psychology, Lawrence, Kansas

McTate, E., Handal, P.J., **Leffler, J. M.**, & Hughes, H.M. (July, 2014). An Examination of Practicing Clinicians Beliefs, Knowledge, and Experiences with Bipolar Disorder in Childhood and Adolescence. Poster presented at 9th International Conference on Child and Adolescent Psychopathology, Roehampton University, London, United Kingdom

Leffler, J.M., McTate, E.A., Croarkin, P.E., & Geske, J. (submitted/not accepted). Clinical outcomes of a two-week family-focused hospital based program for pediatric mood disorders. American Academy of Child and Adolescent Psychiatry 61st Annual Meeting. San Diego, CA Oct. 20th to 25th.

Menard, T. V., Galanter, C., E., Youngstrom, E.A., Duffy, A., Carlson, G., Chang, K., Klimes-Dougan, B., Cullen, K., Post, R., Doucette, S., Jensen, P. S., **Leffler, J. M.**, Seymour, L. R., & Wall, C. A., (October, 2013). Strategies for Improved Classification of Pediatric Biobank Participants, New Research Poster presentation, AACAP's 60th Annual Meeting, Orlando, FL.

Leffler, J.M. (September, 2013). Integrated Care for Child and Adolescent Mood Disorders. Mayo Clinic Approaches to Pediatric Depression and Related Conditions. Minneapolis, MN.

Leffler, J.M. (September, 2013). Supervision across the Training and Professional Continuum: Styles and Competencies. Minnesota Psychological Association First Friday Forum. St. Paul, MN.

Leffler, J.M. (2013). Cultural Communication Workshop. Mayo Clinic, Rochester, MN.

Leffler, J.M. (2013) Integrated Care for Child and Adolescent Mood Disorders. Psychiatry and Psychology Grand Rounds, Mayo Clinic, Rochester, MN.

Boesch, R., Hoffman, D.L., Robbins, S., **Leffler, J.**, & Grant, P. (2012). Dissemination, training, and implementation of cognitive behavioral principles in acute and long-term care settings. Association for Behavioral and Cognitive Therapies 46th Annual Convention. National Harbor, MD.

MacPherson, H.A., Mackinaw-Koons, B., **Leffler, J.M.**, & Fristad, M.A. (2012). Effectiveness of Multifamily Psychoeducational Psychotherapy for Childhood Mood Disorders. American Psychological Association 120th National Convention, Orlando, FL.

Leffler, J.M. (2012) Youth Suicide: What We Know and What We Can Do. An Evening of Mental Health Reflections, 3rd Annual. Mayo Clinic. Rochester, MN.

Carlson, G. A., Galanter, C.A., **Leffler, J.M.**, & Youngstrom, E. (2012). Strategies for Improved Classification of Pediatric Bipolar Biobank Participants. The Mayo Clinic Individualized Medicine Biobank for Bipolar Disorder 2012 Scientific Review. Rochester, MN.

Leffler, J.M. (2011). Implementing Evidence-Based Treatments: Training and Utilization in a Community Mental Health Setting. American Psychological Association 119th National Convention, Washington D.C.

Session Chair: (2011). Answering the Call: Education, Training, Implementation and Supervision of Evidence-Based Practice. American Psychological Association 119th National Convention, Washington D.C.

MacPherson, H.A., Fristad, M.A., **Leffler, J.M.**, & Cunningham, N. (2010). Referring Therapist Satisfaction in an Effectiveness Trial of Multi-Family Psychoeducational Psychotherapy for Childhood Mood Disorders in a Community Mental Health Setting. Association for Behavioral and Cognitive Therapies, 44th Annual Convention, San Francisco, CA.

Macpherson, H., Fristad, M., **Leffler, J.M.**, & Cunningham, N. (2010). Pilot Effectiveness and Transportability Trial of Multi-Family Psychoeducational Psychotherapy (MF-PEP) for Childhood Mood Disorders in a Community Mental Health Setting. Kansas Conference in Clinical Child and Adolescent Psychology: Translating Research into Practice. Lawrence, KS

Leffler, J.M. (2010) Practical Concerns of Applying Evidence-Based Interventions in a Community Mental Health System. American Psychological Association 118th National Convention, San Diego, CA.

Leffler, J.M. (2010). Addressing Ethical Concerns in Mental Health Settings. Nationwide Children's Hospital (3 Continuing Education Credits)

Leffler, J.M. (2010) Supervision Strategies. Nationwide Children's Hospital (3 Continuing Education Credits)

Leffler, J.M. (2010) Group Supervision. Nationwide Children's Hospital, Columbus OH (1.5 Continuing Education Credits)

Leffler J.M. (2010) Supervision Strategies. Nationwide Children's Hospital, Columbus, OH (3 Continuing Education Credits)

Leffler, J.M. (2010) Addressing Ethical Concerns in Mental Health Settings. Nationwide Children's Hospital, Columbus, OH 5/26, 6/1, 6/4, 6/7, 6/14, 6/15, & 6/29/10. (3 Continuing Education Credits)

Leffler, J.M. (2010) Accurate Assessment and Diagnosis of Manic Symptoms in Children. Nationwide Children's Hospital, Columbus, OH 4/7/10. (1 Continuing Education Credit)

Leffler, J.M. (2010) Assessment and Documentation of Suicide and Self-Harm in Youth. Nationwide Children's Hospital, Columbus, Ohio 2/25/10. (1 Continuing Education Credit)

Leffler, J.M. (2006-2009). Suicide and Mental Status. Nationwide Children's Hospital Pre-Doctoral Internship Program.

Leffler, J.M. (2006-2009). Application of Structured Interviews. Nationwide Children's Hospital Pre-Doctoral Internship Program.

MacPherson, H.A., Fristad, M.A., Danner, S., **Leffler, J.M.**, & Cunningham, N. (2009) Efficacy to Effectiveness Trial of Multi-Family Psychoeducational Psychotherapy (MF-PEP) in a Community Mental Health Setting. Association of Behavior and Cognitive Therapy Conference, New York.

Lorenz, E., **Leffler, J.M.**, Campo, J.V., & Shiels, W.E. (2009) Self-Embedding Disorder. Poster presented at the American Psychological Association Conference, Toronto, Canada.

MacPherson, H. A., Fristad, M. A., Danner, S., **Leffler, J.M.**, & Cunningham, N. (2008). Therapist Satisfaction and Feedback in an Efficacy to Effectiveness Trial of Multi-Family Psychoeducational Psychotherapy (MF-PEP) in a Community Mental Health Setting. Abstract for poster presentation, *Association for Behavioral and Cognitive Therapies Conference*, Orlando, FL.

Leffler, J. M. (November, 2006). Guiding *Treatment for Bipolar Disorder in Children Through Accurate Assessment and Diagnosis*. Presented at the 40th Annual Association for Behavioral and Cognitive Therapies Conference, Chicago, Illinois.

Leffler, J.M. (October, 2006). *Pilot Results from Individual Family Psychoeducation (IFP) – 24 Session: Adaptation in Children with Bipolar Disorder*. Poster presented at the Kansas Conference in Clinical

Child and Adolescent Psychology: Translating Research into Practice. Lawrence, Kansas.

Leffler, J. M. (August, 2006). *Collaboration of Academic and Clinical Services for Children with Bipolar Disorder*. Presented at the Columbus Public Schools Administrators' Academy. Columbus, Ohio.

Fristad, M.A., Verducci, J.S., Walters, K., & **Leffler, J.** (April, 2006). *18-month Outcome of Multi-Family Psychoeducation Groups for Children with Bipolar Disorder*. Poster presentation at the 4th Annual NIMH Pediatric Bipolar Disorder Conference, Chicago, Illinois.

Leffler, J.M., Fristad, M.A., & Walters, K.A. (November, 2005). *Getting the Job Done: The Impact of Parental Involvement in Therapy on Children's Improvement in Mood*. Poster presented at the 39th Annual Association for Behavioral and Cognitive Therapies Convention, Washington, D.C.

Leffler, J.M., Alvarez, H., & Leonard, L. (2005). *Post-docs 101*. Ohio Psychological Association Graduate Student Spring Workshop. Columbus, Ohio.

Leffler, J.M. (October, 2002). *Outpatient Group Therapy for Youth: Measuring Outcome through Clinical Significance*. Presented at the Kansas Conference in Clinical Child and Adolescent Psychology: Translating Research into Practice. Lawrence, Kansas.

Leffler, J.M. (2001). *ADHD Across the Life Span: Diagnosis and Intervention*. Presented at St. Elizabeth Medical Center, Granite City, Illinois.

Leffler, J.M. (2000). *Benefits of Play Therapy*. Presented at Illinois Counseling Association, Lewis and Clark Chapter, Quarterly Meeting, Granite City, Illinois.

Leffler, J.M. (2000). *Interviewing Children*. Presented at the Juvenile Fire Setter Networking Meeting, St. Elizabeth Medical Center, Granite City, Illinois.

Veneziano, L., & **Leffler, J.M.** (1999). *Establishing the Concurrent Validity of the Child Behavior Checklist*. Poster presented at the Midwestern Psychological Association Annual Meeting, Chicago, Illinois.

Leffler, J.M. (1999). *Enhancing Parenting Skills*. Presented at St. Elizabeth Medical Center, Granite City, Illinois.

Milde, C.M., **Leffler, J.M.**, & Budt, K. *Three People and a Baby: A Faculty Member, a Teaching Assistant, and a Student Share Their First-Time Experiences with a Graduate Interactive Television (ITV) Course*. Presented at the Mid-South Instructional Technology Conference, Murfreesboro, Tennessee.

Leffler, J.M., & Humphrey, R.A. (1998). *A Multimodal Approach to Time-Limited Family Play Therapy*. Presented at the American Counseling Association of Missouri Annual Conference and Professional Development Workshop, Kansas City, Missouri.

Leffler, J.M. (1997). *The Child Behavior Checklist*. Presented at Community Counseling Center, Cape Girardeau, Missouri.

Puryear, A., & **Leffler, J.M.** (1997). *School Violence*. Presented to the Southeast Missouri Secondary School Principals Association, Cape Girardeau, Missouri.

Leffler, J.M. (1997). *Depression: A Disorder Without An Age Range*. Poster presented at Southeast Missouri State University Fifth Annual Student Research Conference, Cape Girardeau, Missouri.

Leffler, J.M., & Humphrey, R.A. (1996). *The Community Counseling Graduate Program at Southeast Missouri State University.* spoke to Psi Chi, and psychology club members.

Leffler, J.M. (1994). *Personality and the Risk of Alcohol Use.* Poster presented at Southeast Missouri State University Second Annual Student Research Conference, Cape Girardeau, Missouri.

PROFESSIONAL AFFILIATIONS

American Board of Clinical Child and Adolescent Psychology
American Board of Professional Psychology Foundation – Executive Board Member 2015 - 2017
American Psychological Association (APA)
Society of Clinical Psychology Division 12 of APA
Society of Group Psychology and Group Psychotherapy Division 49 of APA
Society of Clinical Child and Adolescent Psychology Division 53 of APA
Association of Behavioral and Cognitive Therapy (ABCT)
 Dissemination and Implementation Science Special Interest Group 2011 - present
 Bipolar Disorder Special Interest Group 2011 – present
 Depression Special Interest Group 2011 - present
Ohio Psychological Association
Minnesota Psychological Association

Editorial Boards

Evidence-based Practice in Child and Adolescent Mental Health 2016- present

Invited and Ad Hoc Reviewer

BMC Psychiatry 2018- present
Journal of Abnormal Child Psychology 2014 - present
Journal of the American Academy of Child and Adolescent Psychiatry 2014 - present
Journal of Child Neurology 2013 – present
Journal of Child and Family Studies 2013- present
Journal of Clinical Child and Adolescent Psychology 2014 - present
Journal of Clinical Psychology 2007-present
Journal of the Canadian Academy of Child and Adolescent Psychiatry 2009-present
Journal of Research on Adolescence 2014 - present

PROFESSIONALSERVICE

National

Clinical Child Task Force for CRSPPP 2018- present

American Psychological Association

- Summit on Master's Training in Psychological Practice 2016

InterDivisional Task Force (IDTF) on Children's Mental Health

- Nominated by APA Division 53 to participate in a Delphi survey by the IDTF on Children's Mental Health to identify issues and future activities for the IDTF for the next 5-10 years 2010

Consulted to provide information regarding evidence-based assessment for outpatient intakes by Clinical Psychology Program at the University of Buffalo, State University of New York 2010

American Board of Professional Psychology Clinical Child and Adolescent Specialty

- Executive Board Member 2014- Present
 - President 2019
 - Past President and President Elect 2018
 - President 2017
 - President Elect 2016
 - Exam Coordinator 2015
 - Credential Reviewer 2014
- Member at Large 2012 – 2014 (Marketing Committee)
- Examination Chair 2010 - present
- Examiner 2010 – present

American Board of Professional Psychology Foundation

- Board Member 2015 - 2017

American Psychological Association, Division 53 - Society of Clinical Child and Adolescent Psychology

- Practice Committee – Member 2017 - present
- Evaluation Subcommittee – Member 2011 - 2013
- Invited Panelist for Careers in Clinical Child and Adolescent Psychology at APA Annual Convention 2010
- Invited Panelist for Careers in Clinical Child and Adolescent Psychology at APA Annual Convention 2009
- Participated in discussion of seeking board certification in Clinical Child and Adolescent Psychology at APA Annual Convention 2009 - present
- Division Listserv Manager (3 year team) 2009 – 2012
- Submission Reviewer American Psychological Association 117th Annual Convention 2008

Saint Louis University

- National Anxiety Screening Day Supervisor 2002 & 2003

Southeast Missouri State University

- National Depression Screening Day
- Screening Clinician 1997

Organizational

Mayo Clinic

- Mayo Medical School Diversity and Inclusion Council 2016 - present
- Diversity and Inclusion department representative 2013 - 2019
- Ethical Sterilization Committee 2014 - present

Nationwide Children's Hospital Diversity and Inclusion Council

Member 2010-2012

- Member of Human Resources Subcommittee
- Assisted with Search Program for undergraduate students
- Assisted with recruitment and retention efforts within Behavioral Health Programs
- Organized and lead focus group for Behavioral Health specific topics

Community Counseling Center

Family Fun Fair Committee Member 1997 & 1998

Departmental

Mayo Clinic

Department of Psychiatry and Psychology Executive Board 2014 - 2019

Department of Psychiatry and Psychology Hospital Operations Committee 2014 - present
Department of Psychiatry and Psychology Convergence Child Specialty Committee 2015 - present
Department of Psychiatry and Psychology Education Committee 2012 - present
Department of Psychiatry and Psychology Diversity and Inclusion Liaison to the Department 2014-2019
Department of Psychiatry and Psychology Diversity and Inclusion Co-Chair 2013 - 2014
Department of Psychiatry and Psychology Diversity and Inclusion Committee 2011-present
Staff/faculty recruitment Subcommittee 2012-present

Gateway Regional Medical Center, Behavioral Health System
Mentor January 2000-May2000

- Mentored master's level student

Southeast Missouri State University, Department of Psychology
Student Research Conference Committee 1994-1995

- Session Chair 1995

Community

Rochester Youth Soccer Association

Volunteer Soccer coach Youth Girls grades 3-4 Fall 2017 - present

WEBSITES and ELECTRONIC SOURCES

moodychildtherapy.com

[Linkedin.com](https://www.linkedin.com)