

DAVID A. LANGER, PhD, ABPP

**Office Address**

Department of Psychology  
Suffolk University  
73 Tremont St., 8<sup>th</sup> Floor  
Boston, MA 02108  
Email: dlang@ Suffolk.edu

**ACADEMIC APPOINTMENTS**

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2018 – present      **Assistant Professor**, *Department of Psychology*  
Suffolk University, MA

2018 – present      **Adjunct Associate Professor**, *Department of Psychological and Brain Sciences*  
Boston University, MA

2017 – 2018        **Research Associate Professor**, *Department of Psychological and Brain Sciences*  
Boston University, MA

2014 – present     **Director**, *CHOICES (Collaborating to Help Optimize Interventions for Children Experiencing Stress) Program*  
Boston University and Suffolk University, MA

2013 – 2018        **Co-Director of Research & Clinical Director**, *Child Program, Center for Anxiety and Related Disorders*  
Boston University, MA

2011 – 2017        **Research Assistant Professor**, *Department of Psychological and Brain Sciences*  
Boston University, MA

**EDUCATION & TRAINING**

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2009 – 2011        **Judge Baker Children’s Center, Harvard Medical School & Department of Psychology, Harvard University**  
Post-doctoral Fellowship in Child Interventions Research  
Primary Advisor: John R. Weisz, Ph.D., ABPP

2009                **University of California, Los Angeles, Ph.D. in Clinical Psychology**  
APA-accredited program in Clinical Psychology  
Major: Clinical Psychology. Minor: Measurement and Psychometrics.  
Dissertation Title: *Youth Psychopathology and Service Use in Schools and Clinics*  
Examining Committee: Jeffrey J. Wood (Co-Chair), Ph.D., Anna Lau (Co-Chair), Ph.D., Howard Adelman, Ph.D., Joan R. Asarnow, Ph.D., and Steven Reise, Ph.D.

- 2008 – 2009      **University of California, Los Angeles, Semel Neuropsychiatric Institute,**  
 APA-Accredited Clinical Internship in General Child Psychology  
Primary Advisor: John Piacentini, Ph.D.
- 2004              **University of California, Los Angeles, M.A. in Clinical Psychology**  
Master's Thesis Title: *The Therapeutic Alliance in Manualized versus Non-Manualized*  
*Treatments for Youth Depression and Anxiety.*  
Primary Advisor: John R. Weisz, Ph.D. Secondary Advisor: Andrew  
 Christiansen, Ph.D.
- 2003              **Washington University in St. Louis, B.A., Summa Cum Laude in Psychology**  
 and Philosophy, 2003.  
Honors Thesis Title: *Pain, Attributions, and Coping in Minor Laceration Repair.*  
Primary Advisor: Edith Chen, Ph.D.
- 2002              **Utrecht University, Utrecht, The Netherlands**  
 Study Abroad Program; Concentration in Philosophy

#### PROFESSIONAL LICENSURE & CERTIFICATION

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- 2017 – present      Board Certified in Clinical Child and Adolescent Psychology, American Board  
 of Professional Psychology
- 2012 – present      Massachusetts Licensed Psychologist, Health Service Provider #9496

#### HONORS AND AWARDS

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- 2017              Richard Abidin Early Career Award, Society of Clinical Child and Adolescent  
 Psychology (SCCAP)/APA Division 53
- 2014              Recognized as an Innovative Early Career Researcher by the Academy of  
 Psychological Clinical Science; Invited Participant to the Early Career Clinical  
 Science Forum at APS
- 2013– 2014      NIMH Child Intervention, Prevention, and Services Research Institute, Fellow
- 2010              Harvard University Certificate of Distinction in Teaching
- 2007              UCLA Dept. of Psychology Senior Scientist-Practitioner Award
- 2003 – 2007      Edwin W. Pauley Fellowship, University of California, Los Angeles
- 2006              ABCT Child and Adolescent Anxiety SIG Student Research Award
- 2006              UCLA Graduate Division Summer Fellowship
- 2005 – 2006      UCLA Graduate Research Mentorship Fellowship
- 2004              Society for Pediatric Psychology (APA Division 54) Research Poster Award
- 2004              UCLA Graduate Summer Research Mentorship Fellowship
- 2003              Summa Cum Laude, Washington University in St. Louis
- 1999 – 2003      Washington University Eliot Scholarship
- 2002              Phi Beta Kappa, early induction
- 2002              Phi Sigma Tau, Philosophy Honorary
- 2000              Psi Chi, Psychology Honorary

1999 – 2003 Dean's List

## GRANTS

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### Awarded

2017 – 2019 Richard Abidin Early Career Grant, Society of Clinical Child and Adolescent Psychology (SCCAP)/APA Division 53, Direct Costs: \$20,000

2014 – 2019 NIMH K23-MH101238, *Personalizing Treatment through Shared Decision-Making for Youth Psychotherapy*, Principal Investigator, Direct Costs: \$768,953

2012 – 2015 NIMH R34-MH093511, *Consumer and Clinician Feedback in Youth Mental Health Care*, Co-Investigator, Direct Costs: \$581,680

2011 – 2014 NIMH R01-MH082861, *Two-Site Evaluation of Family Focused Treatment for Childhood Depression*, Co-Investigator, Direct Costs: \$1,690,456

2007 – 2009 NIMH R03-MH081087, *Youth Psychopathology and School Attendance Problems*, Co-author, Direct Costs: \$100,000

2006 – 2008 NIMH F31-MH079631, National Research Service Award, *Youth Psychopathology and School/Clinic Service Use*, Fellow, Direct Costs: \$59,378

### Under Review

2018 – 2023 NIMH R01, *Personalized Delivery of a Modular, Transdiagnostic Treatment: Increasing Efficiency Using SMART Methods*, Co-Principal Investigator.

2018-2020 NIMH F31, *Identifying and Targeting Underlying Constructs of Sleep-Related Problems in Children with Anxiety*, Primary Sponsor

## PROFESSIONAL ORGANIZATIONS

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2015 – present Society for Medical Decision Making (2015-present)

2014 – present American Psychological Society

2012 – present Child and Adolescent Depression Special Interest Group, ABCT

2010 – present Dissemination and Implementation Science Special Interest Group, ABCT

2005 – present Child and Adolescent Anxiety Special Interest Group, ABCT

2004 – present Society for a Science of Clinical Psychology (Section III of Division 12; APS)

2004 – present Association for Behavioral and Cognitive Therapies

2001 – present Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues (Division 44), APA

2001 – present Clinical Psychology Division (Division 12), APA

2001 – present Society of Clinical Child and Adolescent Psychology (Division 53), APA

2001 – present American Psychological Association

## UNIVERSITY, PROFESSIONAL, AND COMMUNITY ENGAGEMENT

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### University & Department Service

2018 – present	Member, Institutional Review Board, Suffolk University
2013 – 2018	Co-Chair, Clinical Psychology Colloquium Committee, Boston University
2013 – 2018	Advisor, Master Student Research Projects, Boston University
2012 – 2018	Advisor, Undergraduate Research and Honors Projects, Boston University
2016 – 2018	Co-Director, Clinical Child & Adolescent Emphasis, Department of Psychological and Brain Sciences, Boston University
2008 – 2009	Intern Representative, Psychiatry Faculty Committee, Division of Child and Adolescent Psychiatry, UCLA NPI-Semel Institute
2005 – 2006	Student Member, Clinical Area Graduate Admissions Committee, UCLA Department of Psychology
2004 – 2005	Student Member, Clinical Area Graduate Admissions Committee, UCLA Department of Psychology
2003 – 2004	Student Member, Clinical Area Committee, UCLA Department of Psychology
2002 – 2003	Student Representative, Undergraduate Curriculum Committee, Department of Psychology, Washington University in St. Louis
2002 – 2003	Representative, Arts & Sciences College Council, Washington University in St. Louis
2001 – 2003	Co-Founder & Co-Director, Safe Zones (LGBTQ Education Organization), Washington University in St. Louis

### Professional Service

2018 – present	Member at Large, Board of Directors, American Board of Clinical Child and Adolescent Psychology
2017 – present	Treasurer, Society of Clinical Child and Adolescent Psychology (Division 53), APA
2017 – present	Program Reviewer, ABCT Conventions
2016 – present	University Representative, Clinical Child and Pediatric Psychology Training Council
2016 – present	Member, Committee on Research Facilitation, ABCT
2016 – 2017	Newsletter Editor, Society of Clinical Child and Adolescent Psychology (Division 53), APA
2014 – 2015	Newsletter Associate Editor, Society of Clinical Child and Adolescent Psychology (Division 53), APA
2012 – 2014	Co-Chair, Child and Adolescent Depression Special Interest Group, ABCT
2011	Program Reviewer, Society of Clinical Child and Adolescent Psychology (Division 53), 2011 APA Convention
2006 – 2008	Student Member, Public Education Committee, ABCT
2006	Program Reviewer, 2006 American Educational Research Association Conference

## JOURNAL REVIEWER AND EDITORIAL ASSIGNMENTS

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### Editorial Board

2018 – present            Cognitive and Behavioral Practice  
2013 – present            Behavior Therapy

*Ad-Hoc Reviewer*

Administration and Policy in Mental Health and Mental Health Services Research  
British Medical Journal – Open  
Child Psychiatry and Human Development  
Children and Youth Services Review  
Depression and Anxiety  
European Child & Adolescent Psychiatry  
International Journal of Cognitive Therapy  
Journal of Abnormal Child Psychology  
Journal of Adolescent Health  
Journal of the American Academy of Child and Adolescent Psychiatry  
Journal of Clinical Child and Adolescent Psychology  
Journal of Consulting and Clinical Psychology  
Journal of Latina/o Psychology  
Journal of Pediatric Psychology

PUBLICATIONS (\* = Student/mentee co-author)

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*Peer Reviewed Journal Articles*

1. \*O'Connor, E. E, & Langer, D. A. (in press). I Heard it Through the Grapevine: Where and What Parents Learn about Youth Mental Health Treatments. *Journal of Clinical Psychology*.
2. Langer, D. A. & Jensen-Doss, A. (2018). Shared decision-making in youth mental health care: Using the evidence to plan treatments collaboratively. *Journal of Clinical Child and Adolescent Psychology*, 47(5), 821-831.
3. De Los Reyes, A. & Langer, D. A. (2018). Assessment and the Journal of Clinical Child and Adolescent Psychology's Evidence Base Updates Series: Evaluating the Tools for Gathering Evidence. *Journal of Clinical Child and Adolescent Psychology*, 47(3), 357-365.
4. \*David, J. G., Lo, M. S., & Langer, D. A. (2018). Adolescent and caregiver perspectives on medical decision-making for chronic illness. *Families, Systems, and Health*, 36(2), 248-251.
5. Tompson, M.C., Sugar, C. A., Langer, D. A., & Asarnow, J. R. (2017). A randomized clinical trial comparing family focused treatment and individual supportive therapy for depression in childhood and early adolescence. *Journal of the American Academy of Child and Adolescent Psychiatry*, 56(6), 515-523.
6. \*O'Connor, E. E., Langer, D. A., & Tompson, M. C. (2017). Maternal depression and youth internalizing and externalizing symptomatology: Course of past maternal depression and maternal current functioning. *Journal of Abnormal Child Psychology*, 45(3), 557-568.

7. \*Rabner, J., \*Mian, N. D., **Langer, D. A.**, Comer, J. S., & Pincus, D. (2017). The relationship between worry and dimensions of anxiety symptoms in children and adolescents. *Behavioural and Cognitive Psychotherapy*, 45(2), 124-138.
8. \*Reid, G. M., Grills, A. E., \*Mian, N. D., Reid, A. A., \*Merson, R. A., & **Langer, D. A.** (2017). Using research-informed pedagogical practices to maximize learning in youth cognitive behavioral therapy. *Evidence-Based Practice in Child and Adolescent Mental Health*, 2(2), 82-95.
9. Tompson, M. C., **Langer, D. A.**, Hughes, J. L., & Asarnow, J. R. (2017). Family-focused treatment for childhood depression: Model & case illustrations. *Cognitive and Behavioral Practice*, 24(3), 269-287.
10. \*Kemp, G. N., **Langer, D. A.**, & Tompson, M. C. (2016). Childhood mental health: An ecological analysis of the effects of neighborhoods characteristics. *Journal of Community Psychology*, 44(8), 962-979.
11. **Langer, D. A.**, Wood, J. J., Wood, P. A., Garland, A. F., Landsverk, J., & Hough, R. L. (2015). Mental health service use in schools and non-school-based outpatient settings: Comparing predictors of service use. *School Mental Health*, 7, 161-173.
12. Tompson, M. C., \*O'Connor, E. E., \*Kemp, G. N., **Langer, D. A.**, & Asarnow, J. R. (2015). Depression in childhood and early adolescence: Parental expressed emotion and family functioning. *Annals of Depression and Anxiety*, 2, 1070-1077.
13. Galla, B. M., Wood, J. J., Har, K., Chiu, A. W., & **Langer, D. A.** (2014). A longitudinal multilevel model analysis of the within-person and between-person effect of effortful engagement and academic self-efficacy on academic performance. *Journal of School Psychology*, 52, 295-308.
14. Chiu, A. W., **Langer, D. A.**, McLeod, B. D., Har, K., Drahota, A., Galla, B. M., Jacobs, J., Ifekwunigwe, M., & Wood, J. J. (2013). Effectiveness of modular cognitive behavioral therapy for anxiety in schools: A randomized, controlled trial. *School Psychology Quarterly*, 28, 141-153.
15. Tompson, M. C., **Langer, D. A.**, & Davilla, J. (2012). Maternal behavior and cognitive vulnerability in early adolescence. *International Journal of Cognitive Therapy*, 5, 268-282.
16. Weisz, J. R., Chorpita, B. F., Palinkas, L. A., Schoenwald, S. K., Miranda, J., Bearman, S. K., Daleiden, E. L., Ugueto, A. M., Ho, A., Martin, J., Gray, J., Alleyne, A., **Langer, D. A.**, Southam-Gerow, M. A., Gibbons, R. D., and the Research Network on Youth Mental Health. (2012). Testing standard and modular designs for psychotherapy with youth depression, anxiety, and conduct problems: A randomized effectiveness trial. *Archives of General Psychiatry*, 69, 274-282.
17. Galla, B. M., Wood, J. J., Chiu, A. W., **Langer, D. A.**, Jacobs, J., Ifekwunigwe, M., & Larkins, C. (2012). One year follow-up to modular cognitive behavioral therapy for treatment of child anxiety disorders in elementary school settings. *Child Psychiatry & Human Development*, 43, 219-226.

18. Wood, J. J., Lynn, S. D., Langer, D. A., Wood, P. A., Clarke, S. L., Eddy, J. M., & Ialongo, N. (2012). School attendance problems and youth psychopathology: Structural cross-lagged regression models in three longitudinal datasets. *Child Development, 83* (1), 351-366.
19. Langer, D. A., McLeod, B. D., & Weisz, J. R. (2011). Do treatment manuals undermine youth-therapist alliance in youth clinical practice? *Journal of Consulting and Clinical Psychology, 79*, 427-432.
20. Weisz, J. R., Chorpita, B. F., Frye, A., Ng, M. Y., Lau, N., Bearman, S. K., Ugueto, A., Langer, D. A., & Hoagwood, K. (2011). Youth top problems: Using idiographic, consumer-guided assessment to identify treatment needs and to track change during psychotherapy. *Journal of Consulting and Clinical Psychology, 79*, 369-380.
21. Langer, D. A., Wood, J. J., Bergman, L., & Piacentini, J. (2010). A multitrait-multimethod analysis of the construct validity of child anxiety disorders in a clinical sample. *Child Psychiatry and Human Development, 41* (5), 549-561.
22. Weisz, J. R., Southam-Gerow, M. A., Gordis, E. B., Connor-Smith, J. K., Chu, B. C., Langer, D. A., McLeod, B. M., Jensen-Doss, A., Gelbwasser, A., & Weiss, B. (2009). Cognitive-behavioral therapy versus usual clinical care for youth depression: An initial test of transportability to community clinics and clinicians. *Journal of Consulting and Clinical Psychology, 77*, 383-396.
23. Wood, J. J., Drahota, A., Sze, K. M., Har, K., Chiu, A., & Langer, D. A. (2009). Cognitive behavioral therapy for anxiety in children with autism spectrum disorders: A randomized, controlled trial. *Journal of Child Psychology and Psychiatry, 50*, 224-234.
24. Eifert, G. H., Forsyth, J. P., Arch, J., Espejo, N., Keller, M., & Langer, D. A. (2009). Acceptance and Commitment Therapy for anxiety disorders: Three case studies exemplifying a unified treatment protocol. *Cognitive and Behavioral Practice, 16*, 368-385.
25. Langer, D. A., Chen, E., & Luhmann, J. D. (2005). Attributions and coping in children's pain experiences. *Journal of Pediatric Psychology, 30*, 615-622.
26. Chen, E., Langer, D. A., Raphaelson, Y. E., & Matthews, K. A. (2004). Socioeconomic status and health in adolescence: The role of stress interpretations. *Child Development, 75*, 1039-1052.

### Manuscripts Under Review

27. Langer, D. A., \*Mooney, T. K., Asarnow, J. R., & Tompson, M. C. (under review). Caregiver and Youth Preferences in the Treatment of Youth Depression.

### Chapters

28. Langer, D. A., \*Mooney, T. K., & Wills, C. E. (2015). Shared decision-making for treatment planning in mental health care. In P. Nathan (Ed.), *Oxford Handbooks Online* (November, 2015). Retrieved from <http://oxfordhandbooks.com>
29. \*Freed, R. D., \*Chan, P. T., Langer, D. A., Tompson, M. C. (2013). Depression, bipolar disorder and suicidality in children and adolescents. In S. G. Hoffman, D. Dozois, J. A. Smits, & W. Rief (Eds.), *Cognitive Behavioral Therapy: A Complete Reference Guide*. Wiley Publishing.
30. Langer, D. A., Chiu, A. W., Asarnow, J. R. (2009). How to use CBT. In Rey, J. M., & Birmaher, B. (Eds.), *Treating Childhood Depression* (pp. 100–113). Philadelphia, PA: Lippincott, Williams, & Wilkins.

### Other Professional Publications

1. Langer, D. A., & Tompson, M. C. (2012). When it's more than just the blues: Recognizing child and teen depression – and getting help. *Boston Parents Paper*, 32-33.
2. Wood, J. J., Chiu, A. W., & Langer, D. A. (2005). Treating child anxiety disorders in the school setting. *Child and Adolescent Anxiety SIG Newsletter*, 4, 23-25.

### Unpublished Treatment Manuals

1. Langer, D. A. (in preparation). *Planning treatment together: Conducting shared decision-making for youth psychotherapy*. Boston, MA: Boston University.
2. Asarnow, J. R., Berk, M. S., Devich-Navarro, M., Huey, S., & Langer, D. A. (2006). *The Safety Program: Ecological cognitive-behavioral intervention for adolescent suicide attempters*. Los Angeles, CA: University of California, Los Angeles.
3. Wood, J. J., Chiu, A., & Langer, D. A. (2006). *Power Up Program: Modular cognitive-behavioral therapy for school children with anxiety disorders*. Intervention study manual appendix. Los Angeles, CA: University of California, Los Angeles.

### RESEARCH CONFERENCE PAPER SYMPOSIA and POSTER PRESENTATIONS

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1. Langer, D. A. (Moderator), Bennett, S., \*Elkins, R.M., Pincus, D. B., & Wilkens, V. (2017, November). Treating anxiety disorders from early childhood to late adulthood: Developmental adaptations and clinical wisdom. Clinical roundtable presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
2. \*Dantowitz, A. W., \*Chevalier, L. L., \*Trent, E. S., Langer, D. A. (2017, November). Agree to Disagree: A Qualitative Study Looking at How Families Want to Handle Disagreement when Planning Psychotherapy. Poster presented at the 51st Annual Convention of the Association



for Behavioral and Cognitive Therapies, San Diego, CA.

3. \*Trent, E. S., \*Fenley, A. R., \*Holly, L. E., & Langer, D. A. (2017, November). Exploring the relationship between depression and emotion regulation deficits in transitional-aged youth: Recognizing the role of cultural values. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.  
Awarded Child and Adolescent Depression Special Interest Group Poster Award.
4. \*Fenley, A. R., \*Holly, L. E., \*Merson, R. A., Langer, D. A., & Pincus, D. B. (2017, November). An investigation of the association between parental stress and treatment outcomes in an intensive panic treatment for adolescents. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
5. \*Holly, L. E., \*O'Connor, E. E., \*Fishbein, D., Langer, D. A., & Pincus, D. B. (2017, November). Parental accommodation of child anxiety: Variations across mothers and fathers. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
6. \*Chevalier, L.L., \*O'Connor, E. E., \*Holly, L. E., Langer, D. A., & Pincus, D. B. (2017, November). Impact of Parental Differences in Accommodation on Sleep-Related Problems in Children. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
7. \*O'Connor, E. E., \*Holly, L. E., Langer, D. A., & Pincus, D. B. (2017, November). Mother and Child Emotion and Distress Responses Associated with Maternal Accommodation of Child Anxiety Symptoms. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
8. \*Chevalier, L.L., \*O'Connor, E. E., \*Holly, L. E., Langer, D. A., & Pincus, D. B. (2017, November). The Relationship Between Sleep Accommodation and Sleep-Related Problems in Children with Anxiety. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
9. Kurtz, S., Fernald, J., Lambright, N., Shipon-Blum, E., & Langer, D. A. (2017, October). The Strawman Fallacy: How Different are These Treatments Really? Symposium presented at the Selective Mutism Association Annual Conference. Boston, MA.
10. \*Merson, R. A., Pincus, D. B., Langer, D. A. (2017, October). Enhancing treatment for selective mutism through parent involvement: Treatment development, acceptability, & feasibility. Poster presented at the Selective Mutism Association Annual Conference. Boston, MA.
11. Langer, D. A., \*Nickson, E. K., \*Chevalier, L. L., \*Keller, A. E., \*Dantowitz, A. W., \*Mooney, T.K., Wills, C. E., & Palinkas, L. A. (2017, July). How do children and parents want their therapists to be involved in making decisions for psychotherapy?: A qualitative study. Paper presented at the bi-annual meeting of the International Shared Decision-Making Conference. Lyon, France.

12. **Langer, D. A.**, \*Holly, L. E., \*Chevalier, L. L., \*Keller, A. E., \*Dantowitz, A. W., \*Kritikos, T. K., Tompson, M. C., Wills, C. E., Chorpita, B. F. (2017, July). Testing a shared decision-making protocol for youth psychotherapy: A case series. Poster presented at the bi-annual meeting of the International Shared Decision-Making Conference. Lyon, France.
13. Ng, M. Y., McLeod, B. D., Southam-Gerow, M., **Langer, D. A.**, Chu, B. C., & Weisz, J. R. (2016, November). Therapist strategies and youth coping in a randomized effectiveness trial of cognitive behavioral therapy vs. usual care for youth anxiety and depression: A moderated mediation model. Paper presented at the annual meeting of the North American Society for Psychotherapy Research. Berkeley, CA.
14. \*Chevalier, L. L., \*Carpenter, A., \*Keller, A. E., **Langer, D. A.**, & Pincus, D. B. (2016, October). Family accommodation and sleep-related problems in children with anxiety. Poster presented at the 50<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). New York, NY.
15. \*O'Connor, E. E., \*Mooney, T. K., **Langer, D. A.**, Asarnow, J. R., & Tompson, M. C. (2016, October). Parent-child discrepancies in reporting child depressive symptoms. Poster presented at the 50<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). New York, NY.
16. \*Trent, E. S., \*Keller, A. E., Pincus, D. B., & **Langer, D. A.** (2016, October). Associations between levels of anxiety and depression and emotion expression deficits in children and adolescents. Poster presented at the 50<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). New York, NY.
17. **Langer, D. A.**, \*Chevalier, L. L., \*Keller, A. E., \*Dantowitz, A. W., \*Mooney, T. K., Nickson, E. K., Wills, C. E., & Palinkas, L. A. (2016, October). How do children and parents want to be involved in making decisions for child anxiety and depression treatment?: A qualitative study. Poster presented at the annual conference of the Society for Medical Decision Making. Vancouver, Canada.
18. Rutt, C., Raftery-Helmer, J. N., **Langer, D. A.**, Jensen-Doss, A., & Weisz, J. R. (2016, September). A pilot trial of a consumer-informed measurement and feedback system in youth outpatient psychotherapy: A qualitative investigation. Poster presented at the National Conference in Clinical Child and Adolescent Psychology. Lawrence, KS.
19. \*Mooney, T. K., **Langer, D. A.**, \*O'Connor, E. E., Tompson, M. C., & Asarnow, J. R. (2015, November). Where are the dads? And why are we failing to get both parents involved? Poster presented at the 49<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Chicago, IL.
20. \*Chevalier, L. L., \*Mian, N. D., **Langer, D. A.**, & Pincus, D. B. (2015, November). The impact of parent-child interaction therapy for Separation Anxiety Disorder on comorbid diagnoses. Poster presented at the 49<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Chicago, IL.

21. \*Mooney, T. K., **Langer, D. A.**, Asarnow, J. R., & Tompson, M. C. (2014, November). Parent and child preferences in a child depression treatment trial. Paper presented at the 48<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Philadelphia, PA.
22. Tompson, M. C., Asarnow, J. R., **Langer, D. A.**, Barbery, V., & Hughes, J. (2014, November). Family-focused treatment for pre- and early-adolescent depression: Initial findings on treatment implementation. Paper presented at the 48<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Philadelphia, PA.
23. Ng, M. Y., McLeod, B. D., Southam-Gerow, M., **Langer, D. A.**, Chu, B. C., & Weisz, J. R. (2014, November). Mediators in an effectiveness trial comparing cognitive behavioral therapy and usual care for youth internalizing disorders. Paper presented at the 48<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Philadelphia, PA.
24. Masland, S. R., Rutt, C., **Langer, D. A.**, Weisz, J. R., & Chorpita, B. F. (2014, November). The Post-Traumatic Stress Problems Scales: Internal properties, validity, use in younger and older youths, and comparison to the UCLA PTSD Index. Poster presented at the 48<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Philadelphia, PA.
25. \*Korn, A. S., \*Carpenter, A. L., \*Rodrigues, A. L., Comer, J. S., **Langer, D. A.**, Pincus, D. B., & \*Mian, N. M. (2014, November). Do parents agree on motives when seeking treatment for their anxious children? Poster presented at the 48<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Philadelphia, PA.
26. \*Mooney, T. K., \*O'Connor, E. E., **Langer, D. A.**, & Tompson, M. C. (2014, August). Social competence over time and its relation to child development and psychopathology. Poster presented at the annual conference of the American Psychological Association. Washington, DC.
27. \*O'Connor, E. E., Tompson, M. C., **Langer, D. A.**, & Asarnow, J. A. (2014, August). Parental expressed emotion, suicidal ideation and non-suicidal self-injury in depressed youth. Poster presented at the annual conference of the American Psychological Association. Washington, DC.
28. \*Cooper-Vince, C. E., \*Emmert-Aronson, B. O., Pincus, D. B., & **Langer, D. A.** (2014, May). The classification of specific phobias in childhood. Paper presented at the 2014 Association for Psychological Science Annual Conference. San Francisco, CA.
29. \*David, J. G., **Langer, D. A.**, & Lo, M. (2014, April). Evaluating decision-making in a pediatric rheumatology clinic. Paper presented at the 2014 Pediatric Rheumatology Symposium. Orlando, FL.
30. \*David, J. G., **Langer, D. A.**, & Lo, M. (2014, March). Evaluating decision-making in a pediatric rheumatology clinic. Poster presented at the 2014 Society for Pediatric Psychology Annual Conference. Philadelphia, PA.

31. **Langer, D. A.** (2013, November). Shared decision-making in mental health care: Is it relevant and how do we do it? Paper presented at the 47<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Nashville, TN.
32. **Langer, D. A.** (2013, November). Evidence-based assessment for feasible quality improvement in real-world service settings. Served as discussant for this symposium at the 47<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Nashville, TN.
33. \*Mooney, T. K., \*O'Connor, E. E., **Langer, D. A.**, & Tompson, M. C. (2013, November). The role of marital satisfaction, maternal depression, and children's perceived social support in prediction child internalizing and externalizing symptoms. Poster presented at the 47<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Nashville, TN.
34. \*Chang, W. C., \*Edson, A. L., **Langer, D. A.**, Comer, J. S., & Pincus, D. B. (2013, November). Associations between negative self-esteem and anxiety symptoms in an outpatient sample of anxious youth. Poster presented at the 47<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Nashville, TN.
35. **Langer, D. A.**, Ebesutani, C., Bernstein, A., Chorpita, B. F., & Weisz, J. R. (2012, November). Predicting treatment content in modular therapy: Understanding the relationships between family characteristics, psychopathology, and treatment variability. Poster presented at the 46<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). National Harbor, MD.
36. \*Rousseau, C. H., Chan, P. T., Freed, R. D., **Langer, D. A.**, & Tompson, M. C. (2012, November). Family interpersonal stress, negative attributional style, and depressive symptoms in youth: A longitudinal analysis. Poster presented at the 46<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.
37. \*Ledford, R., \*Afienko, S., \*Rutt, C., **Langer, D.A.**, Ugueto, A.M., Herren, J., Weissman, A.S., Chorpita, B.F., & Weisz, J.R. (2010, June). Child and adolescent non-suicidal self-injury in a welfare-referred population: Gender, clinical presentation and exposure to trauma. Poster presented at the 2010 World Congress for Behavioral and Cognitive Therapies. Boston, Massachusetts.
38. \*Guo, S., \*Dorf-Caine, R., **Langer, D.A.**, Bearman, S.K., Ugueto, A., Eckshtain, D. & Weisz, J.R. (2010, June). What motivates participation? A comparison of adolescents who accept and decline treatment for depression in a school-setting. Poster presented at the 2010 World Congress for Behavioral and Cognitive Therapies. Boston, Massachusetts.
39. Christ, G., McLeod, B. D., **Langer, D. A.**, Weisz, J. R. (2008, November). Assessing the relation between client and therapist characteristics and the quality of the child alliance in an effectiveness trial for youths. Poster presented at the 2008 ABCT convention. Orlando, FL.

40. Martin, A., Wood, B., McLeod, B. D., **Langer, D. A.**, Weisz, J. R. (2008, November). The association between therapist interventions and the quality of the child alliance in usual care child psychotherapy. Poster presented at the 2008 ABCT convention. Orlando, FL.
41. Wood, J. J., **Langer, D. A.**, & Chiu, A. (2008, March). Youth psychopathology and school attendance problems. Paper presented at the American Educational Research Association. New York, NY.
42. Har, K., Chiu, A. W., **Langer, D. A.**, & Wood, J. (2008, March). Parental intrusiveness, children's separation anxiety, and academic outcomes: A structural equation model. Poster presented at the meeting of the American Educational Research Association, New York, NY.
43. Chiu, A. W., Har, K., **Langer, D. A.**, & Wood, J. (2007, August). Is parental intrusiveness specific to separation anxiety disorder? Poster presented at the meeting of the American Psychological Association, San Francisco, CA.
44. Har, K., Chiu, A. W., **Langer, D. A.**, & Wood, J. (2007, April). Intrusiveness and children's self-efficacy, separation anxiety, and academic performance in a typically-developing sample. Paper presented at the meeting of the Society for Research on Child Development, Boston, MA.
45. Chiu, A., Har, K., **Langer, D.A.**, & Wood, J.J. (2007, April). Parental intrusiveness and childhood anxiety disorders. Paper presented at the Society for Research on Child Development convention. Boston, MA.
46. **Langer, D. A.**, Wood, J. J., & Piacentini, J. (2006, November). Anxious about construct validity?: A multitrait-multimethod analysis of anxiety disorders in a sample of anxious youth. Poster presented at the 2006 ABCT convention. Chicago, IL. Awarded 2006 Child and Adolescent Anxiety SIG Poster Award.
47. **Langer, D. A.**, McLeod, B. M., & Weisz, J. R. (2005, November). Addressing practitioners' concerns about empirically-based treatments: Treatment manuals and the therapeutic alliance. Paper presented at the 2005 ABCT convention. Washington, DC.
48. \*Fulford, D. C., & **Langer, D. A.** (2005, November). Exploring the gap between assessment methods: Structured interviews vs. clinician assessments in a sample of internalizing youth. Poster presented at the 2005 ABCT convention. Washington, DC.
49. **Langer, D. A.** (2005, August). The therapeutic alliance in youth psychotherapy: Comparing manualized and non-manualized treatments. Poster presented at the 2005 APA convention. Washington, DC.
50. **Langer, D. A.** (2004, July). The whats, whys, and hows of ouches and ows: Pain and its correlates in children undergoing minor laceration repair. Poster presentation at the 2004 APA convention. Honolulu, HI. Awarded 2004 APA Division 54 Poster Award.

## INVITED ADDRESSES, GRAND ROUNDS, WORKSHOPS, and COMMUNITY SERVICE LECTURES

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1. \*Merson, R. A., \*Dantowitz, A. W., Langer, D. A. (2017, October). Surviving the stress of silence: Self-care strategies for parents supporting a child with selective mutism. Invited workshop to be presented at the Selective Mutism Association Annual Conference. Boston, MA.
2. Langer, D. A. (2017, August). Approaching what works for whom: Using shared decision-making to personalize youth psychotherapy. Invited address presented to the Society of Clinical Child and Adolescent Psychology at the annual meeting of the American Psychological Association. Washington, DC.
3. Langer, D. A., Simmons, M. B., & Hayes, D. (2017, July). Conducting shared decision-making for mental health concerns: Strategies for adults and youth. Workshop provided at the International Shared Decision-Making Conference. Lyon, France.
4. Langer, D. A. (2017, May). Assessment and treatment of school phobia, avoidance, and refusal. Invited keynote address for Massachusetts Continuing Legal Education's School Law Conference. Boston, MA.
5. Langer, D. A. (2016, August). Helping the anxious student: A cognitive-behavioral approach. Invited staff training provided to Dearborn Academy staff. Arlington, MA.
6. Langer, D. A. (2016, April). Internalizing disorders: Symptoms and treatment. Invited lecture presented to the Association of Family and Conciliation Courts. Waltham, MA.
7. Langer, D. A., & Merson, R. A. (2015, August). Managing the anxious student: A cognitive-behavioral approach. Invited staff training provided to the Peabody School District. Peabody, MA.
8. Langer, D. A. (2015, May). Shared decision-making for youth psychotherapy: Personalizing treatment through active collaboration. Invited lecture presented to the May Institute. Randolph, MA.
9. Langer, D. A. (2014, May). Shared decision-making for youth psychotherapy: Personalizing treatment through active collaboration. Invited paper presented at the 2014 Association for Psychological Science Annual Conference. San Francisco, CA.
10. Langer, D. A., & Merson, R. A. (2014, February). School refusal: Identification and treatment in school settings. Invited workshop provided to Lynn Public Schools. Lynn, MA.
11. Langer, D. A. (2012, December). Childhood depression: Symptoms, treatment, and resources. Community service workshop provided to teachers and staff at Forestdale School. Malden, MA.

12. Langer, D. A. (2012, March). Identifying and treating childhood depression. Community service lecture provided to the Family Services Department at Brookside Community Health Center. Jamaica Plain, MA.
13. Langer, D. A. (2012, March). Children & depression. Community service lecture provided to the Community Health Education Center. Boston, MA.
14. Langer, D. A. (2011, December). Childhood depression: Symptoms, treatment, and resources. Community service workshop provided to school counselors at Angier Elementary School. Newton, MA.
15. Langer, D. A. (2011, November). Approaching what works for whom: Using collaborative treatment planning to match treatments and families in youth psychotherapy. Invited lecture given at the Center for Depression, Anxiety, and Stress Research at McLean Hospital. Boston, Massachusetts.
16. Langer, D.A. (2009, April). Do treatment manuals undermine youth alliance in youth clinical practice? Invited talk given for the Grand Rounds of the UCLA Department of Psychiatry, Child and Adolescent Division.
17. Langer, D. A. (2003, March). Pain and its correlates in children undergoing minor laceration repair. Invited talk given to the academic committee of Washington University's Board of Trustees. St. Louis, MO.
18. Langer, D. A., & Chen, E. (2002, November). Conducting a study to explore a child's pain experience. Invited talk given at Conference of Pediatric Emergency Medicine Faculty. St. Louis Children's Hospital, MO.

## TEACHING EXPERIENCE

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2011 – present	<p>Research Associate Professor, Boston University</p> <p><u>Graduate Courses</u></p> <p><i>Research Methods in Clinical Psychology</i> (CAS PS978)  Mean overall rating: 4.88 / 5</p> <p><i>Directed Reading/Independent Study</i> (CAS PS902)</p> <p><i>Research Apprenticeship</i> (SED RS699)</p> <p><u>Undergraduate Courses</u></p> <p><i>Introduction to Experimental Methods in Psychology</i> (Psych 211)  Mean overall rating: 4.75 / 5</p> <p><i>Senior Independent Work</i> (CAS PS401)</p>
2010	<p>Teaching Fellow, Harvard University</p> <p><i>Developmental Psychopathology</i> (Psychology 1861).  Mean overall rating: 4.71 / 5</p> <p>*Awarded Harvard University Certificate of Distinction in Teaching.</p>

- 2009 – 2011                      Research Mentor, Judge Baker Children’s Center; Harvard University  
Responsible for training and supervising 12 full-time post-B.A. research assistants and mentoring research assistants in developing individual research projects.
- 2003 – 2008.                      Graduate Mentor, University of California, Los Angeles  
Responsible for yearly mentorship and supervision of 4-6 undergraduates and post-B.A. research assistants working with my research group.
- 2005 – 2006                      Teaching Assistant, University of California, Los Angeles  
Graduate Course  
*Advanced Psychological Statistics* (Psych 250A/B)  
Mean overall rating: 8.48 / 9  
Undergraduate Courses  
*Counseling Relationships* (Psych 177)  
Mean overall rating: 8.75 / 9  
*Psychological Statistics* (Psych 100A)  
Mean overall rating: 8.18 / 9
- 2003                                  Undergraduate Teaching Assistant, Washington University in St. Louis  
Undergraduate Course  
*Psychological Statistics* (Psy 300)

## MENTORING EXPERIENCE

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Postdoctoral Mentor: Nicholas Mian, Ph.D.; Rachel Merson, Psy.D.; Lindsay Holly, Ph.D.  
Dissertation Committee Chair/Primary Mentor: Lydia Chevalier, Alicia Fenley, Alex Keller, Laura Nelson  
Dissertation Committee Member: Candice Chow, Christine Cooper-Vince, Meredith Elkins, Rachel Freed, Caroline Kerns, Gail King, Tessa K. Mooney, Mei Yi Ng (Harvard), Erin E. O’Connor, Christopher Rutt (Harvard), Alex Wheeler (Suffolk)  
Master’s Research Mentor: Jonathan Rabner, Erika Trent, Ming Him Tai, Adam Beerman  
Honors Thesis Advisor: Jennie David  
Honors Thesis Committee: Meiqi He, Lauren Eng, Grace Elow, Caroline Swetlick  
Undergraduate Research Mentor: Caroline Swetlick, Jennie David, Michelle Wiciak, Danielle Fishbein

## CLINICAL EXPERIENCE

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- 2013 – present                      Boston University, Clinical Director of the Child Program at BU’s Center for Anxiety and Related Disorders  
Description: Serve as Clinical Director, responsible for overseeing training and supervision of graduate students, practicum students, and pre-doctoral



interns, as well as directing the child-focused clinical services provided at our center.

- 2011 – 2014  
Boston University, Research Assistant Professor, Systems of Support Study  
Description: Served as therapist for NIMH-funded randomized trial comparing functional family therapy against client-centered therapy for childhood depression.
- 2009 – 2011  
Judge Baker Children's Center, Post-doctoral Fellow  
Advisor: John Weisz, Ph.D.  
Description: Provided diagnostic assessment and psychosocial treatment to children and parents presenting to Judge Baker Children's Center Clinical Care for treatment of childhood anxiety, depression, and disruptive behavior disorders (Supervisors: John Weisz, Ph.D., Sue Woodward, Ph.D.). Provided clinical supervision in cognitive-behavioral therapy and behavioral parent training to a set of community clinicians in conjunction with an ongoing research study (Supervisors: John Weisz, Ph.D., Karen Wells, Ph.D., Michael Southam-Gerow, Ph.D., Sarah Kate Bearman, Ph.D.).
- 2008 – 2009  
UCLA Semel Neuropsychiatric Institute, Psychology Intern  
Advisor: John Piacentini, Ph.D.  
Description: APA-accredited training in clinical psychology. Provided assessment and therapy to a diverse set of children and families in a range of contexts including a CBT-focused day treatment program for youth aged 5-12 (Supervisor: Mary O'Connor, Ph.D.), a child and adolescent psychiatric inpatient unit (Supervisors: Michael Strober, Ph.D., Rhonda Sena, Ph.D., Mark DeAntonio, M.D., Robert Suddath, M.D.), a pediatric consultation-liaison service (Supervisor: Brenda Bursch, Ph.D.), the UCLA Childhood OCD, Anxiety, and Tic Disorders Program (Supervisors: John Piacentini, Ph.D., James McCracken, M.D.), the Child Evaluation Clinic (Supervisors: Martha Jura, Ph.D., Bonnie Zima, M.D.), the Children's Friendship Program (Supervisor: Fred Frankel, Ph.D.), and a family therapy clinic (Supervisor: Veronica Barenstein, Ph.D.).
- 2005 – 2008  
School-Based Treatment Program for Childhood Anxiety, Project Co-Director, Therapist, and Assessor  
Supervisor: Jeffrey Wood, Ph.D.  
Description: Conducted family-focused CBT for elementary school children with clinically significant levels of anxiety. Administered semi-structured interviews including the Anxiety Disorders Interview Schedule (ADIS) to assess children's anxiety levels and diagnostic status before and after treatment.
- 2005 – 2008  
Behavioral Interventions for Autistic Children with Anxiety, Therapist and Assessor  
Supervisor: Jeffrey Wood, Ph.D.  
Description: Conducted family-focused CBT for autistic children with clinically significant levels of anxiety. Administered semi-structured

assessments evaluating improvements in anxiety symptomatology (including the ADIS) and general functioning as a result of therapeutic treatment.

- 2007 – 2008  
UCLA Psychology Clinic, Clinical Supervisor  
Supervisor: Jill Waterman, Ph.D.  
Description: Supervised graduate level students in the UCLA Clinical Program in providing therapy to adult clients.
- 2006 – 2008  
UCLA Psychology Clinic, Advanced Therapist  
Supervisors: Linda Goodman, Ph.D., Stephen Schneider, Ph.D.  
Description: Conducted psychodynamic therapy for adult clients presenting with interpersonal difficulties.
- 2006 – 2007  
Treatment of SSRI-Resistant Depression in Adolescents (TORDIA), Therapist  
Supervisors: Maureen Maher, Ph.D., Joan R. Asarnow, Ph.D.  
Description: Provided CBT to adolescents participating in the TORDIA randomized clinical trial, met CBT standards as assessed by the TORDIA team and received group supervision led by Greg Clarke, Ph.D.
- 2005 – 2007  
Youth Stress and Mood Clinic, UCLA Medical Center  
Supervisors: Joan R. Asarnow, Ph.D., Robert Suddath, M.D., Michelle Berk, Ph.D.  
Description: Conducted CBT and dialectical-behavior therapy for children and adolescents presenting with severe depression and/or Axis II traits. Co-led a suicide prevention team.
- 2004 – 2006  
UCLA Anxiety Disorders Behavioral Program, Therapist and Assessor  
Supervisors: Michelle Craske, Ph.D., Georg Eifert, Ph.D.  
Description: Conducted structured diagnostic interviews for anxiety disorders and individual psychotherapy for anxiety disorder patients using cognitive-behavioral and mindfulness techniques as part of a clinical study comparing cognitive-behavioral treatments against Acceptance and Commitment Therapy.
- 2006  
UCLA Psychology Clinic, Clinical Intake Supervisor  
Supervisor: Jill Waterman, Ph.D.  
Description: Supervised a team of second-year clinical graduate students conducting psychotherapy intakes for adults, children, and families.
- 2003 – 2005  
School-Based Prevention Program for Adolescent Depression, Therapist  
Supervisor: John R. Weisz, Ph.D.  
Description: Co-led cognitive-behavioral groups of 12 and 13 year-old middle school students at risk for depression; administered diagnostic interviews to evaluate treatment effectiveness.
- 2004 – 2005  
UCLA Psychology Clinic, Therapist and Assessor  
Supervisors: Jill Waterman, Ph.D., Eric Miller, Ph.D., Dorli Burge, Ph.D.

Description: Conducted intake interviews, neuropsychological assessments, individual and family psychotherapy.

- 2003 – 2004      UCLA Youth Anxiety and Depression Study, Assessor  
Supervisor: John R. Weisz, Ph.D.  
Description: Administered semi-structured diagnostic interviews (including the Diagnostic Interview Schedule for Children [DISC]) to youth presenting to community clinics.
- 2001 – 2002      Life Crisis Services, Crisis Worker  
Description: Counseled and appropriately referred those who called a national and local crisis hotline, dealing with issues such as suicide, abuse, poverty, and addictions.
- 1999 – 2002      Clayton Unified School District, Missouri, Behavioral Therapist  
Description: Administered applied behavior analysis techniques for a young boy with severe autism.

## MEDIA APPEARANCES

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- May, 2018      Interview, Fox 25, “Study Showing Surge in Depression Diagnoses Among Teens, Millennials.” Interviewed for edited segment interpreting recent Blue Cross Blue Shield publication on increase in depression diagnoses.
- November, 2016      Interview, Fox 25, “Coping After the Election.” Interviewed for edited segment on how people can cope with stress after the conclusion of the election.
- November, 2016      Interview, New England Cable News (NECN), “Coping After the Election.” Interviewed for edited segment on how people can cope with stress after the conclusion of the election.
- November, 2016      Interview, US News & World Report, “9 Phobias that are Surprisingly Common.” Interviewed for news piece on identifying and managing specific phobias.
- December, 2015      Interview, Daily Free Press, “Cognitive Behavioral Therapy Helps Patients Overcome Dentist Anxiety.” Interviewed for news piece.
- September, 2014      Interview, Working Mother online magazine ([www.workingmother.com](http://www.workingmother.com)), “Got an Anxious Teen? Here’s How to Help.” Interviewed for news piece to assist parents in identifying and responding to adolescents’ anxiety.
- August, 2014      Interview, Fox 25, “Helping Kids with Anxiety Find their Voice in the Classroom.” Appeared on a morning news show to discuss Boston University’s Center for Anxiety and Related Disorder’s Selective Mutism Intensive Treatment Camp, and how to help kids with selective mutism find their voice.
- April, 2014      Interview, NYU Langone Medical Center “Doctor Radio,” SiriusXM Satellite Radio, Channel 81. “Talking to Your Kids About the Pittsburgh School Stabbing: PTSD, Parenting, & Helping a Troubled Child.” Interviewed by Drs. Jess Shatkin and Lori Evans on how to facilitate coping and strengthen resilience in children.
- October, 2013      Interview, Fox 25, “Helping Anxious Children on Halloween.” Appeared on morning news show to provide guidance to parents on how to help anxious children enjoy trick-or-treating on Halloween.

- October, 2013 Interview, New England Cable News (NECN), “How Can Parents Handle Difficult Children.” Appeared on morning news show to discuss tips for parenting difficult children, and how to recognize when to seek professional help.
- July, 2013 Interview, New England Cable News (NECN), “Discussing the Death of a Celebrity with Children.” Appeared on morning news show to discuss the recent death of Cory Monteith, a star of a television show popular with youth, focusing on how to discuss death with children.
- June, 2013 Interview, New England Cable News (NECN), “Helping Children Cope with the Sandy Hook Tragedy.” Appeared on morning news show to provide guidance for parents on how to assist children with how to cope effectively following the tragedy at Sandy Hook Elementary School.
- June, 2013 Interview, New England Cable News (NECN), “The Psychological Impact of Birth Order.” Appeared on morning news show to discuss the potential impact of birth order on child functioning and provide guidance for parents on responding to sibling rivalry.