

Personal Statement – Kevin Antshel

My name is Kevin Antshel and I am a Professor of Psychology and Director of the Clinical Psychology doctoral program at Syracuse University. I am also the Director of the ADHD Lifespan Treatment, Education and Research (ALTER) program at Syracuse University and an adjunct Associate Professor of Psychiatry at SUNY-Upstate Medical University. I have been a licensed psychologist for the past 15+ years and specialize in ADHD and associated conditions. My research has consistently been translational and clinically-oriented, focusing on developing and testing interventions for children, adolescents and young adults.

Serving Division 53 and its membership as a Member-at-Large for the Practice and Science Committee would simultaneously be a great honor and a significant responsibility. The experience, knowledge and abilities that I have gained through my years of clinical practice, leadership in doctoral education/training in our scientist-practitioner training program as well as my strong commitment to evidence-based practices all position me well to contribute meaningfully to this exciting SCCAP initiative.

I am particularly interested in efforts designed to increase the two-way conversations between practitioners and researchers around topics such as (a) the integration of behavioral health into pediatric primary care, (b) disseminating, implementing and sustaining evidence based practices, (c) moving towards a theoretically based dimensional system for mental health disorder diagnoses, (d) using routine clinical outcomes assessment, (e) improving accessibility and reducing attrition to mental health care in underserved populations, (f) efforts to reduce stigma and increase mental health advocacy, (g) involving stakeholders in practice-related decision making, (h) engaging fathers in child/adolescent treatment, (i) reducing provider burnout and (j) using technology-based service delivery models.

In this position, I will be committed to developing practice-relevant materials for SCCAP members and the public, such as practice related webinars and content for the website and newsletter for these and other contemporary, clinically relevant topics.