

# Anna Van Meter

avanmeter@northwell.edu • 401.378.0209  
Licensed psychologist • New York • #020886

---

## CURRENT APPOINTMENTS

---

<b>The Feinstein Institute for Medical Research</b> <b>The Zucker Hillside Hospital</b> Assistant Investigator	Glen Oaks, NY January 2018 to present
<b>Yeshiva University</b> <b>Ferkauf Graduate School of Psychology</b> Adjunct Assistant Professor	Bronx, NY January 2018 to present

## PAST APPOINTMENTS

---

<b>Yeshiva University</b> <b>Ferkauf Graduate School of Psychology</b> Assistant Professor	Bronx, NY September 2013 to January 2018
<b>National Institute of Mental Health</b> <b>Genetic Epidemiology Branch</b> Visiting Scientist	Bethesda, MD 2017

## EDUCATION

---

<b>University of North Carolina, Chapel Hill</b> Doctor of Philosophy, Clinical Psychology Quantitative Psychology Minor	Chapel Hill, NC 2013
<b>University of Illinois, Chicago</b> Predoctoral Clinical Psychology Internship	Chicago, IL 2012-2013
<b>University of North Carolina, Chapel Hill</b> Master of Arts, Clinical Psychology	Chapel Hill, NC 2010
<b>Dartmouth College</b> Bachelor of Arts, Psychology/Women's Studies	Hanover, NH 2001 <i>cum laude</i>

## FUNDED GRANTS AND FELLOWSHIPS

---

<b>Rising Star</b> <i>Association for Psychological Science</i> Recognition for outstanding scientists in the earliest stages of their research career whose innovative work has already advanced the field and signals great potential for their continued contributions.	2018
<b>John and Polly Sparks Foundation Early Career Grant</b> <i>American Psychological Foundation</i> The John and Polly Sparks Early Career Grant supports early career psychologists conducting research in the area of early intervention and treatment for serious emotional disturbance in children.	2017
<b>Visionary Grant</b> <i>American Psychological Foundation</i> APF Visionary Grant to support research designed to solve social problems by improving our understanding of the connection between behavior and physical health.	2016

<b>Hollander Seed Grant</b>	2016
<i>The Hollander Foundation</i>	
Award to fund novel research and facilitate award applications for external federal or foundation funding.	
<b>Kavli Summer Institute in Cognitive Neuroscience</b>	2016
<i>The National Institute of Mental Health, the National Institute on Drug Abuse, the Kalvi Foundation</i>	
Competitive fellowship in cognitive neuroscience to train researchers in translational research that addresses major mental health challenges.	
<b>Career Development Institute for Bipolar Disorder</b>	2015
<i>The National Institute of Mental Health and the University of Pittsburgh</i>	
Junior investigator award designed to foster mentorship and collaboration and to reduce the time between the end of research training and the receipt of extramural funding.	
<b>Clinical Scientist Training Initiative Grant</b>	2014
<i>Society for a Science of Clinical Psychology</i>	
Grant awarded to support the use of electronic medical records as a tool for measuring patient outcomes, providing therapists feedback, and answering research questions.	
<b>Institute of Clinical and Translational Research Grant</b>	2014
<i>Einstein-Montefiore Institute of Clinical and Translational Research</i>	
Grant awarded to investigate neural correlates of emotion recognition in young people with bipolar disorder using a novel task and fMRI.	
<b>Child Intervention, Prevention and Services (CHIPS) Fellowship</b>	2014
<i>National Institute of Mental Health</i>	
Interdisciplinary training consortium for early career investigators pursuing research related to prevention and intervention for child psychiatric disorders.	
<b>Translational Research Pilot Grant</b>	2011
<i>North Carolina Translational and Clinical Sciences Institute</i>	
Grant awarded for promising and innovative research designed to impact clinical practice, used to fund clinical phase of dissertation study.	
<b>Future Faculty Fellowship</b>	2011
<i>Center for Faculty Excellence, University of North Carolina</i>	
Funded fellowship awarded to a competitive number of graduate students for faculty training. Recipients chosen based upon essays, teaching experience, and academic recommendation letters.	
<b>Travel Award, International Review of Bipolar Disorders</b>	2011
<i>Graduate and Professional Student Federation, University of North Carolina</i>	
Competitive award granted to fund travel for professional conference presentations.	

---

## LEADERSHIP ROLES

---

Bipolar Disorder Special Interest Group Co-President	2015-Present
<i>Association for Behavioral and Cognitive Therapies</i>	
APA Annual Convention Programming Co-Chair	2016 and 2017
<i>American Psychological Association – Division 53</i>	
SAMHSA Bipolar and Suicide Prevention Task Force	2017-Present
<i>Substance Abuse and Mental Health Services Administration</i>	

Task Force on Research Assistance for Practitioners <i>Society for a Science of Clinical Psychology</i>	2015-Present
Suicidal Ideation and Behavior Assessment Working Group <i>International Society for CNS Clinical Trials and Methodology</i>	2015

## PUBLICATIONS

### Peer-reviewed Papers:

- Youngstrom, E.A., Egerton, G., Genzlinger, J., Freeman, L., Rizvi, S., & **Van Meter, A.** (in press). Improving the Global Identification of Bipolar Spectrum Disorders: Meta-Analysis of the Diagnostic Accuracy of Checklists. *Psychological Bulletin*.
- Goldstein, B., Birmaher, B., Carlson, G., DelBello, M., Findling, R., Fristad, M., Kowatch, R., Miklowitz, D., Nery, F., Perez-Algorta, G., **Van Meter, A.**, Zeni, C., Correll, C., Kim, H.W., Wozniak, J., Chang, K., Hillegers, M., Youngstrom, E. (2017) The International Society for Bipolar Disorders Task Force Report on Pediatric Bipolar Disorder: Knowledge to Date and Directions for Future Research. *Bipolar Disorders*, 19(7), 524-543. doi:10.1111/bdi.12556
- Moreira, A.L., **Van Meter, A.**, Genzlinger, J., Youngstrom, E. (2017). Review and Meta-analysis of Epidemiological Studies of Adult Bipolar Disorder. *Journal of Clinical Psychiatry*. doi:10.4088/jcp.16r11165
- Van Meter, A.**, Perez Algorta, G., Youngstrom, E., Lechtman, Y.\*, Youngstrom, J.K., Feeny, N.C., Findling, R.L. (2017). Assessing for Suicidal Behavior in Youth Using the Achenbach System of Empirically Based Assessment. *European Child & Adolescent Psychiatry*. doi:10.1007/s00787-017-1030-y
- Van Meter, A.**, Youngstrom, E.A., Birmaher, B., Fristad, M.A., Horwitz, S.M., Frazier, T.W., Arnold, L.E., Findling, R.L. (2017). Longitudinal course and characteristics of cyclothymic disorder in youth. *Journal of Affective Disorders*, 215, 314-322. doi:http://dx.doi.org/10.1016/j.jad.2017.03.019
- Youngstrom, E., **Van Meter, A.**, Frazier, T., Hunsley, J., Prinstein, M., Ong, M.L., Youngstrom, J.K. (2017). Guiding the Voyage of Treatment: Evidence Based Assessment. *Clinical Psychology: Science and Practice*, 24(4), 331-363. doi:10.1111/cpsp.12207
- Gruber, J., **Van Meter, A.**, Youngstrom, E.A., Gilbert, K., Youngstrom, J.K., Feeny, N.C., Findling, R. (2017). Positive Emotion Specificity and Mood Symptoms in an Adolescent Outpatient Sample. *Cognitive Therapy and Research*, 41(3), 393-405. doi:10.1007/s10608-016-9796-7
- Jarrett, M. A., **Van Meter, A.**, Youngstrom, E. A., Hilton, D. C., & Ollendick, T. H. (2016). Evidence-based assessment of ADHD in youth using a receiver operating characteristic (ROC) approach. *Journal of Clinical Child & Adolescent Psychology*, 1-13. doi:10.1080/15374416.2016.1225502
- Youngstrom, E.A., & **Van Meter, A.** (2016). Empirically supported assessment of children and adolescents. *Clinical Psychology: Science and Practice. Special Issue: Evidence-Based Assessment*. Guest Editors: P.A. Arbisi & J.G. Beck, 23(4), 327-347. doi:10.1111/cpsp.12172
- Peters, A.T., **Van Meter, A.**, Pruitt, P.J., Briceno, E.M., Ryan, K.A., Hagan, M., Weldon, A.L., Kassel, M.T., Vederman, A., Zubieta, J.K., McInnis, M., Weisenbach, S.L., & Langenecker, S.A. (2016). Acute cortisol reactivity attenuates engagement of fronto-parietal and striatal regions during emotion processing in negative mood disorders. *Psychoneuroendocrinology*. 67-78. doi: 10.1016/j.psyneuen.2016.07.215
- Van Meter, A.**, You, D.S., Halverson, T., Youngstrom, E.A., Birmaher, B., Fristad, M.A., Kowatch, R.A., Horwitz, S.M., Frazier, T.W., Arnold, L.E., Findling, R.L., the LAMS Group. (2016). Diagnostic efficiency of caregiver report on the SCARED for identifying youth anxiety disorders in outpatient settings. *Journal of Clinical Child & Adolescent Psychology*. 1-15. doi:10.1080/15374416.2016.1188698

- Van Meter, A.,** Burke, C., Youngstrom, E., Faedda, G., Correll, C. (2016). The bipolar prodrome: Meta-analysis of symptom prevalence prior to initial or recurrent mood episodes. *Journal of the American Academy of Child and Adolescent Psychiatry*, 55(7), 543-555. doi:10.1016/j.jaac.2016.04.017
- Van Meter, A.,** Burke, C., Youngstrom, E.A., Kowatch, R., Findling, R. (2016). Ten-Year Updated Meta-Analysis of the Clinical Characteristics of Pediatric Mania and Hypomania. *Bipolar Disorders*. 18, 19-32. doi:10.1111/bdi.12358
- Van Meter, A.,** Youngstrom, E.A., Freeman, A.J., Youngstrom, J.K., Feeny, N., & Findling, R. (2016) Impact of irritability and impulsive aggressive behavior on impairment and social functioning in youth with cyclothymic disorder. *Journal of Child and Adolescent Psychopharmacology*. 26(1), 26-37. doi: 10.1089/cap.2015.0111
- Youngstrom, E.A., Hameed, A., Mitchell, M., **Van Meter, A.,** Freeman, A.J., Perez Algorta, G., White, A.M., Clayton, P., Gelenberg, A., & Meyer, R.E. (2015). Direct comparison of the psychometric properties of multiple interview and patient-rated assessments of suicidal ideation and behavior in an adult psychiatric inpatient sample. *Journal of Clinical Psychiatry*. 76(12), 1676-1682. doi: dx.doi.org/10.4088/JCP.14m09353
- Youngstrom, E.A., Genzlinger, J., Egerton, G., & **Van Meter, A.** (2015). Multivariate meta-analysis of the discriminative validity of caregiver, youth, and teacher rating scales for pediatric bipolar disorder: Mother knows best about mania. *Archives of Scientific Psychology*. 3(1), 112-137. doi:10.1037/arc0000024
- Van Meter, A.,** Youngstrom, E.A. (2015). Distinct roles of emotion reactivity and regulation in depressive and manic symptoms among euthymic patients. *Cognitive Therapy and Research*. 1-13. doi:10.1007/s10608-015-9738-9
- Van Meter, A.,** Youngstrom, E.A. (2015). A Tale of Two Diatheses: Temperament and BIS/BAS as risk factors for mood disorder. *Journal of Affective Disorders*. 180, 170-178. doi: 10.1016/j.jad.2015.03.053
- Weldon, A., Hagan, M., **Van Meter, A.,** Jacobs, R., Kassel, M., Hazlett, K., Haase, B., Vederman, A., Avery, E., Briceno, E., Welsh, R., Zubieta, J., Weisenbach, S., Langenecker, S. (2015). Stress response to fMRI challenge in healthy adults relates to degree of limbic reactivity during emotion processing. *Neuropsychobiology*, 71(2), 85-96. doi: 10.1159/000369027
- Weinstein, S., **Van Meter, A.,** Katz, A., Henry, D., Peters, A., West, A. (2015). Cognitive and family predictors of current suicidal ideation in children with bipolar disorder. *Journal of Affective Disorders*, 173(0), 15-21. doi: 10.1016/j.jad.2014.10.058
- Van Meter, A.,** Youngstrom, E.A., Youngstrom, J.K., Ollendick, T.D., Demeter, C., Findling, R.L. (2014). Clinical decision-making about child and adolescent anxiety disorders: Using the Achenbach System of Empirically Based Assessment. *Journal of Clinical Child & Adolescent Psychology*. doi: 10.1080/15374416.2014.883930
- Van Meter, A.,** Henry, D.B., West, A.E. (2013). What goes up must come down: The burden of bipolar depression in youth. *Journal of Affective Disorders*. doi: 10.1016/j.jad.2013.05.039
- Van Meter, A.,** Youngstrom, E.A. (2013). Cyclothymic Disorder in Youth: Why is it overlooked, what do we know, where is the field headed? *Neuropsychiatry*. doi: 10.2217/np.12.64
- Van Meter, A.,** Youngstrom, E.A., Demeter, C., & Findling, R. (2012). Examining the validity of cyclothymic disorder in a youth sample: Replication and extension. *Journal of Abnormal Child Psychology*. doi: 10.1007/s10802-012-9680-1
- Van Meter, A.,** Youngstrom, E.A., & Findling, R.L. (2012). Cyclothymic disorder: A critical review. *Clinical Psychology Review*. 32, 229-243. doi: 10.1016/j.cpr.2012.02.001

**Van Meter, A.,** Moreira, A.L., Youngstrom, E.A. (2011). Meta-analysis of epidemiological studies of pediatric bipolar disorder. *The Journal of Clinical Psychiatry*. 72(9), 1250-1256. doi: 10.4088/JCP.10m06290

**Van Meter, A.,** Youngstrom, E.A., Youngstrom, J.K., Feeny, N., & Findling, R. (2011). Examining the validity of cyclothymic disorder in a youth sample. *Journal of Affective Disorders*. 132(1-2), 55-63. doi: 10.1016/j.jad.2011.02.004

Youngstrom, E.A., **Van Meter, A.,** Perez-Algorta, G., (2010). The bipolar spectrum: Reality or myth? *Current Psychiatry Reports*, 12(6), 479-489. doi: 10.1007/s11920-010-0153-3

### **Chapters:**

Youngstrom, E.A., & **Van Meter, A.R.** (in press). Advances in evidence-based assessment: Using assessment to improve clinical interventions and outcomes. In Hunsley, J., & Mash, E. (Eds.). *Guide to Assessments that Work*, 2<sup>nd</sup> Ed. New York, NY: Oxford University Press.

Youngstrom, E.A., & **Van Meter, A.R.** (in press). Working smarter, not harder: comparing evidence based assessment to the conventional routine assessment process. In Dimidjian, S. (Ed.). *Evidence-based practice in action*. New York, NY: Guilford Press.

**Van Meter, A.R.,** Youngstrom, E.A. (2017). Matching Empirically Supported Therapies to Treatment Targets in Bipolar Disorder. In McKay, D., Abramowitz, J. & Storch, E. (Eds). *Mechanisms of Syndromes and Treatment for Psychological Problems*. . Hoboken, NJ: Wiley Blackwell.

Perez Algorta, G., **Van Meter, A.,** & Youngstrom, E.A. (2015). The apple and the tree: What family and offspring studies of bipolar disorder show about mechanisms of risk and prevention. In Yildiz, A., Ruiz, P., & Nemeroff, C. (Eds.), *Bipolar disorder: Millennium update*. New York, NY: Oxford University Press.

**Van Meter, A.,** Youngstrom, E.A. (2015). Cyclothymic disorder. In Robin Cautin and Scott Lilienfeld (Eds.), *The Encyclopedia of Clinical Psychology*. Hoboken, NJ: Wiley Blackwell.

Youngstrom, E.A., & **Van Meter, A.** (2014). Comorbidity of Bipolar Disorder and Depression. In S. Richards & M.W. O'Hara (Eds.), *The Oxford Handbook of Depression and Comorbidity*. New York: Oxford University Press.

Wheaton, M. G. & **Van Meter, A.** (2014). Comorbidity in Hoarding Disorder. In, R. O. Frost & G. Steketee. (Eds), *The Oxford Handbook of Hoarding and Acquiring*. New York: Oxford University Press.

Youngstrom E.A., **Van Meter A.,** and Freeman A. (2011). Bipolar Disorder. In B. Bradford Brown and Mitchell J. Prinstein (Eds.), *Encyclopedia of Adolescence*, Vol. 3 (pp. 76-84). San Diego: Academic Press.

### **Under Review:**

**Van Meter, A.,** Moreira, A.L., Youngstrom, E., (2018). *Updated Meta-analysis of Epidemiological Studies of Pediatric Bipolar Disorder*.

Perez Algorta, G., **Van Meter, A.,** Dubicka, B., Jones, S., Lobban, F., Youngstrom, E. (2017). *Blue Blocking Glasses Worn at Night in First Year Higher Education Students with Sleep Complaints: A Feasibility Study*.

Glaus, J., **Van Meter, A.,** Cui, L., Marangoni, C., Merikangas, K. (2017). *Factorial structure and familial aggregation of the Hypomania Checklist-32 (HCL-32): Results of the NIMH Family Study of Affective Spectrum Disorder*.

**Van Meter, A.,** Goldstein, B., Goldstein, T., Yen, S., Hower, H., Strober, M., Merranko, J, Gill, M.K., Diler, R., Axelson, D., Ryan, N., Keller, M., Birmaher, B. (2017). *Parsing cyclothymic disorder and other specified bipolar spectrum disorders in youth*.

Peters, A., Weinstein, S., Isaia, A., **Van Meter, A.**, Zulauf, C., Henry, D., West, A. (2016). *Symptom dimensions and trajectories of functioning among bipolar youth: A cluster analysis.*

**Other Publications:**

**Van Meter, A.**, Agrawal, N.\*, Roed, M.\* (*in press*). Let's Get Interpersonal: A Review of a Manualized Group Therapy to Prevent Adolescent Depression. Review of the book *Preventing Adolescent Depression: Interpersonal Psychotherapy-Adolescent Skills Training* (By Jami F. Young, Laura Mufson, and Christie M. Schueler). *PsycCRITIQUES*.

Lechtman, Y.\*, Roed, M.\*, Tarsia, C.\*, & **Van Meter, A.** (2016). Cyclothymic Disorder: A Critical Review. *Paradigm*. 20(4), 12-14.

Youngstrom, E.A., & **Van Meter, A.** (2009). A care package for treating the tsunami of pediatric bipolar disorder. Review of the book *Treatment of Bipolar Disorder in Children and Adolescents* (B. Geller & M. DelBello, Eds.). *Contemporary Psychology/PsycCRITIQUES*, 54(22). doi: 10.1037/a0015070

\*denotes mentee

**C O N F E R E N C E P R E S E N T A T I O N S**

**International symposia and platform talks:**

**Van Meter, A.**, Youngstrom, E. (2017, May). *Getting Meta About Pediatric Bipolar Disorder: What Does It Look Like? How Common Is It? What Are the Warning Signs?* Paper accepted for presentation at the annual conference of the International Society for Bipolar Disorders, Washington, District of Columbia.

**Van Meter, A.**, Youngstrom, E. (2016, July). *Pediatric bipolar disorder: Meta analysis of prevalence, phenomenology and evidence-based assessment.* Paper presented at the annual conference of the International Society for Bipolar Disorders, Amsterdam, The Netherlands.

**Van Meter, A.**(chair), Youngstrom, E. (2016, July). *The bipolar prodrome: Meta analysis of symptom prevalence prior to initial or recurrent mood episodes.* Paper presented at the annual conference of the International Society for Bipolar Disorders, Amsterdam, The Netherlands.

Youngstrom, E., **Van Meter, A.** (2015, June). *The state of assessment in pediatric bipolar disorder: Time to burn the old textbooks.* Paper presented at the annual conference of the International Society for Bipolar Disorders, Toronto, Canada.

**Van Meter, A.** (2014, March). *Identifying mood disorder and correlates in youth from different cultures.* Paper presented at the Annual Conference of the International Society for Bipolar Disorders, Seoul, Korea.

**Van Meter, A.** & Youngstrom, E.A. (2014, March). *Precursors and risk factors for bipolar disorder: The role of temperament, cyclothymic disorder, disruptive mood dysregulation disorder, and behavioral disorders.* Paper presented at the Annual Conference of the International Society for Bipolar Disorders, Seoul, Korea.

Youngstrom, E.A., **Van Meter, A.**, Genzlinger, J., Egerton, G., Sowder, C., McKinney, E., & Kim, H.W. (2014, March). *Benchmarking Korean data against a meta-analysis of the discriminative validity of caregiver, teacher, and youth checklists for assessing pediatric bipolar disorder.* Paper presented at the Annual Conference of the International Society for Bipolar Disorders, Seoul, South Korea.

Youngstrom, E.A., & **Van Meter, A.** (2014, March). *Sleep dysregulation in pediatric bipolar disorder: How common? How specific?* Paper presented at the annual meeting of the Norwegian Psychiatric Association, Bergen, Norway.

- Van Meter, A.** & Youngstrom, E.A. (2012, May). *Validating cyclothymic disorder in youth*. Paper presented at the International Review of Bipolar Disorders, Nice, France.
- Youngstrom, E.A. & **Van Meter, A.** (2011, October) *Validating cyclothymia in young bipolar*. Paper presented at the meeting of Burning Issues in Psychiatry, Beirut, Lebanon.
- Van Meter, A.** & Youngstrom, E.A. (2011, April). *Validating cyclothymic disorder in a youth sample: Replication and extension*. Paper presented at the International Review of Bipolar Disorders, Rome.
- Youngstrom, E.A., **Van Meter, A.**, Jenkins, M.M., Moreira, A.L., & Youngstrom, J.K. (2010, July). *A global perspective on bipolar disorder in children and adolescents: Strategies for improving early recognition*. Colloquium presented at the Department of Sociology and the Center for Conflict in Society, Korea University, Seoul, South Korea.
- Van Meter, A.**, Moreira, A.L. & Youngstrom, E.A. (2010, May). *Meta-analysis of epidemiological studies of pediatric bipolar disorder*. Paper presented at the International Review of Bipolar Disorders, Budapest, Hungary.
- Van Meter, A.**, Moreira, A.L, Youngstrom, E.A., & Karam, E. (2010, May). *Advances and issues in the global epidemiology of bipolar disorder*. Paper presented at the International Review of Bipolar Disorders, Budapest, Hungary.
- Moreira, A.L, **Van Meter, A.**, & Youngstrom, E.A. (2010, May). *Meta-analysis of published epidemiological studies of adult bipolar disorder*. Paper presented at the International Review of Bipolar Disorders, Budapest, Hungary.

#### **National symposia and platform talks:**

- Van Meter, A.** (chair), Stoddard, J., Singh, M., Fristad, M. (2017). *Subclinical Mood Symptoms: Working toward a better understanding of phenomenology and treatment*. Paper accepted for presentation at the American Academy of Child and Adolescent Psychiatry, Washington, D.C.
- Van Meter, A.**, Youngstrom, E., Freeman, A., Youngstrom, J.K., Findling, R.L. (August, 2017). *Irritability and impulsive aggression: Angry birds of a feather or unique features of childhood disorders?* Paper accepted for presentation at the Annual Convention of the American Psychological Association, Washington, D.C.
- Van Meter, A.** (chair), Youngstrom, E., Youngstrom, J.K., Ollendick, T., Findling, R.L. (2016, August). *Comparing the diagnostic efficiency of different scales using ROC analysis*. Paper presented at the Annual Convention of the American Psychological Association, Denver, CO.
- Van Meter, A.** (chair), Walshaw, P., Stoddard, J., Freeman, A. (2016, August). *Beyond Bad Moods--- Building a Better Understanding for the Characteristics, Clinical Correlates, and Prognosis of Youth With Extreme Irritability*. Symposium presented at the Annual Convention of the American Psychological Association, Denver, CO.
- Van Meter, A.**, Perez Algorta, G., Youngstrom, J.K., Findling, R.L., Youngstrom, E.A. (2014, November). *Evidence-based assessment with the CBCL*. Paper presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapy (ABCT), Philadelphia, PA.
- Van Meter, A.** (chair), Burke, C. \*, Friedrich, L. \*, Silvestri, B.\* *Meta-analysis of the symptoms of the bipolar prodrome*. (October, 2014). Paper presented at the American Academy of Child and Adolescent Psychiatry, San Diego, CA.
- Youngstrom, E.A., Hameed, A., Mitchell, M., Freeman, A.J., **Van Meter, A.**, Perez Algorta, G., Gelenberg, A., & Meyer, R. (2013, December). *Brief synopsis of the psychometrics and clinical application of several interview and patient-rated measures of suicidal ideation and behavior*. Study group at the Annual Meeting of the American College of Neuropsychopharmacology, Boca Raton, FL.

**Van Meter, A.** (chair), Youngstrom, E., Findling, R. (2013, October). *A tantrum by any other name... Two disorders of chronic irritability and rage*. Paper presented at the American Academy of Child and Adolescent Psychiatry, Orlando, FL.

**Van Meter, A.**, Moreira, A.L, & Youngstrom, E.A. (2011, March). *Bipolar spectrum – Myth or reality? Is it a clinical concern?* Paper presented at the Pediatric Bipolar Disorder Conference, Cambridge, MA.

Youngstrom, E.A., Perez Algorta, G., & **Van Meter, A.** (2010, August). *The bipolar spectrum: Myth or reality?* Paper presented in C. Ruggero (chair), "From Assessment to Treatment: New Approaches to the Management of the Wider Bipolar Spectrum" at the Annual American Psychological Association Convention, San Diego, California.

**Abstracts and posters** (\*denotes a mentee):

Koay, J.M.\*, **Van Meter, A.**, Youngstrom, E., Feeny, N., Youngstrom, J.K., Findling, R.L. (2017, August). *The Role of BIS/BAS and PTSD Symptoms in Children’s Externalizing and Internalizing Behaviors*. Poster accepted for presentation at the Annual Convention of the American Psychological Association, Washington, D.C.

Sergi, J.\*, Koay, J.M.\*, **Van Meter, A.** (2017, May). *Does family history of mood disorder moderate the relation between sleep and symptoms of depression or mania?* Poster presented at the annual conference of the International Society for Bipolar Disorders, Washington, D.C.

Koay, J.M.\*, Sergi, J.\*, **Van Meter, A.** (2017, May). *The moderating effect of emotion regulation on the relation between BIS/BAS and mood symptoms in a transdiagnostic sample*. Poster presented at the annual conference of the International Society for Bipolar Disorders, Washington, D.C.

**Van Meter, A.**, Munafò, M., Penton-Voak, I., (2016, July). *Emotion Recognition Modification for Bipolar Disorder*. Poster presented at the annual conference of the International Society for Bipolar Disorders, Amsterdam, The Netherlands.

Lechtman, Y.\*, **Van Meter, A.**, Youngstrom, E., Youngstrom, J.K., Feeny, N.C., Findling, R.L. (2016, October). *The behavioral inhibition and approach systems and expressed emotion as predictors of internalizing and externalizing behaviors in youth*. Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, New York, NY.

Chu, M\*, Lechtman, Y\*, Campbell, M\*, Youngstrom, E., **Van Meter, A.** (2016, October). *The Impact of Neuroticism, Conscientiousness, and Emotion Regulation on Depression*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Lechtman, Y.\*, Campbell, M.\*, **Van Meter, A.**, Youngstrom, E. (2016, October). *Physical quality of life across pediatric psychiatric disorders*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Agrawal, N.\*, **Van Meter, A.** (2016, October). *How Social Support in Young Adults Influences Attitudes and Behaviors Towards Mental Health Treatment*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Campbell, M.\*, Lechtman, Y.\*, **Van Meter, A.** (2016, October). *Social Media Utilization, Internalization, and Body Image*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Freeman, L., Youngstrom, E., Ruiz, M.C., Chen, Y.L., Egerton, G., Genzlinger, J., **Van Meter, A.** (2016, October). *Meta-Analysis of the Discriminative Validity of the Altman Self-Rating Mania Scale in Adults*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.



- Van Meter, A.**, Youngstrom, E., (2016, August). *Updated meta-analysis of epidemiological studies of pediatric bipolar disorder*. Poster presented at the Annual Convention of the American Psychological Association, Denver, CO.
- Van Meter, A.**, Munafò, M., Penton-Voak, I., (2016, July). *Emotion Recognition Modification for Bipolar Disorder*. Poster presented at the annual conference of the International Society for Bipolar Disorders, Amsterdam, The Netherlands.
- Chu, M.\*, Lee, P.\*, Youngstrom, E., **Van Meter, A.** (2015, November). *Relation between self-destructive behavior and cyclothymic temperament: What role do coping skills and emotion regulation play?* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Lee, P.\*, Chu, M.\*, Youngstrom, E., **Van Meter, A.** (2015, November). *Impaired face emotion recognition among people with cyclothymic temperament*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Bauman, E.\*, Tripp, E.\*, **Van Meter, A.** (2015, November). *Negative Messages from Family and Media Differentiated by Body Image*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Nauphal, M.\*, Bauman, E.\*, Youngstrom, E., **Van Meter, A.** (2015, November). Sex differences in symptom presentation related to differences in risk factors. Poster presented at the Bipolar Disorder Special Interest Group at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Van Meter, A.**, Youngstrom, E.A., Birmaher, B., Fristad, M.A., Horwitz, S.M., Frazier, T.W., Arnold, L.E., Findling, R.L. (2015, June). *Definition of research diagnostic criteria for cyclothymic disorder*. Poster presented at the Annual Conference of the International Society of Bipolar Disorders, Toronto, Canada.
- Van Meter, A.**, Youngstrom, E.A., Findling, R.L. (2015, June). *Sleep dysregulation and assessment in pediatric bipolar disorder*. Poster presented at the Annual Conference of the International Society of Bipolar Disorders, Toronto, Canada.
- Halverson, T.F., Youngstrom, E.A., **Van Meter, A.**, Salcedo, S., Ong, M., & Findling, R.L. (2015, June). *Two factor model of sleep problems in youths: Hypersomnia/fatigue and insomnia/sleep-problems show distinct diagnostic correlates*. Poster presented at the Annual Conference of the International Society of Bipolar Disorders, Toronto, Canada
- Ong, M., Youngstrom, E. A., **Van Meter, A.**, Salcedo, S., Halverson, T. F., Youngstrom, J. K., & Findling, R. L. (2015, June). *Transdiagnostic levels of parent- and youth-reported sleep problems in outpatient adolescents*. Poster presented at the Annual Conference of the International Society of Bipolar Disorders, Toronto, Canada.
- Bauman, E.\*, Tripp, E.\*, Nauphal, M.\*, Youngstrom, E., **Van Meter, A.** (2014, November). *Cross-cultural influence of temperament and personality on mood symptoms*. Poster presented at the Bipolar Disorder Special Interest Group at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Rizvi, S. H., **Van Meter, A.**, Youngstrom, J.K., Feeny, N., & Youngstrom, E.A. (2014, November). *Creativity, mood, psychotic traits and culture*. Poster presented at the Bipolar Disorder Special Interest Group at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Van Meter, A.**, Ford, C.G.\*, Youngstrom, E. *Temperament, emotion regulation, and mood*. (2014, November). Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapy (ABCT), Philadelphia, PA.

- Van Meter, A.,** Burke, C.\*, Friedrich, L.\*, Silvestri, B.\* *Meta-analysis of symptoms associated with the bipolar prodrome.* (2014, November). Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapy (ABCT), Philadelphia, PA.
- Genzlinger, J., Rizvi, S. H., Bourne, K., Freeman, L., Egerton, G., **Van Meter, A.,** & Youngstrom, E. A. (2014, November). *Meta-analysis of the discriminative validity of the bipolar spectrum diagnostic scale in adults.* Poster presented at the Annual meeting of the Association for Behavioral Cognitive Therapies, Philadelphia, PA.
- Egerton, G. A., Genzlinger, J., Bourne, K. E., Freeman, L. K., Min, H. C., Rizvi, S. H., Ford, G., **Van Meter, A.,** & Youngstrom, E. A. (2014, November). *Meta-analysis of the diagnostic efficiency of the Hypomanic Checklist-32 for identifying bipolar disorder in an international population of adults.* Poster presented at the Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
- Egerton, G.\*, Genzlinger, J\*., Bourne, K., Freeman, L., Min, H., Rizvi, S., Ford, G. \*, **Van Meter, A.,** & Youngstrom, E. (April, 2014) *Meta-analysis of the diagnostic efficiency of the Hypomanic Checklist-32 for identifying bipolar disorder in an international population of adults.* Poster presented at the annual meeting of the North Carolina Psychological Association (NCPA), Charlotte, NC.
- Genzlinger, J.\*, Rizvi, S. H., Bourne, K. B., Freeman, L. K., Egerton, G., **Van Meter, A.,** & Youngstrom, E. A. (2014, April). *Meta-analysis of the discriminative validity of the bipolar spectrum diagnostic scale in adults.* Poster presented at the annual meeting of the North Carolina Psychological Association, Charlotte, NC.
- Van Meter, A.,** Youngstrom, E.A. (2014, March). *A tale of two diatheses: Temperament and BIS/BAS as risk factors for mood disorder.* Poster presented at the annual meeting of the International Society for Bipolar Disorders, Seoul, Korea.
- Youngstrom, E.A., Genzlinger, J., Egerton, G., & **Van Meter, A.** (2013, December). *Meta-analysis of the discriminative validity of caregiver, teacher, and youth checklists for assessing pediatric bipolar disorder.* Poster presented at the Annual Meeting of the American College of Neuropsychopharmacology, Boca Raton, FL.
- Youngstrom, E.A., Hameed, A., Mitchell, M., Freeman, A.J., **Van Meter, A.,** Perez Algorta, G., Gelenberg, A., & Meyer, R. (2013, December). *Direct comparison of the psychometric properties of multiple interview and patient-rated assessments of suicidal ideation and behavior in a large inpatient sample.* Poster presented at the Annual Meeting of the American College of Neuropsychopharmacology, Boca Raton, FL.
- Egerton, G., Youngstrom, E.A., **Van Meter, A.,** Ford, G.\*, Burke, C.\*, & Perez Algorta, G. (2013, November). *Meta-analysis of thirty years of data using the General Behavior Inventory for identifying bipolar disorder: They just don't write like that anymore.* Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapy (ABCT), Nashville, TN.
- Van Meter, A.,** Burke, C.\*, Kowatch, R., Findling, R.L., Youngstrom, E.A. (2013, October). *Updated meta-analysis of the clinical characteristics of mania in children and adolescents.* Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Orlando, FL.
- Genzlinger, J., Egerton, G., Sowder, C., McKinney, E., **Van Meter, A.,** & Youngstrom, E.A. (2013, October). *Meta-analysis of the discriminative validity of caregiver, teacher, and youth checklists for assessing pediatric bipolar disorder.* Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Orlando, FL.
- Van Meter, A.,** West, Amy E. (2013, June). *What goes up must come down: The burden of bipolar depression in youth.* Poster presented at the annual meeting of the International Society for Bipolar Disorders, Miami, FL.

- Jacobs, R., Wu, M., Lowes, A., **Van Meter, A.**, Pavuluri, M. (2013, May). *Adolescent boys show greater activity in temporo-hippocampal regions than girls in response to negative valence*. Poster presented at the annual meeting of the Society of Biological Psychiatry, San Francisco, CA.
- Burke, C., Shams, Z., Engelthaler, J., **Van Meter, A.R.**, Perez Algorta, G., Youngstrom, E.A. (2013, April). *Updated meta-analysis of the clinical characteristics of mania in children and adolescents*. Poster presented at the annual meeting of the North Carolina Psychological Association Association, Chapel Hill, NC.
- McKinney, E., Youngstrom, E.A., Genzlinger, J., Sowder, C., Algorta, G.P., & **Van Meter, A.R.** (2013, April). *Meta-analysis of the diagnostic efficiency for discriminating pediatric bipolar disorder of parent and youth report on the General Behavior Inventory*. Poster presented at the annual meeting of the North Carolina Psychological Association, Chapel Hill, NC.
- Van Meter, A.**, Youngstrom, E.A., Ollendick, T., Demeter, C., Findling, R. (2012, November). *Clinical decision making about anxiety disorders: Using the Achenbach System of Empirically Based Assessment*. Poster accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Van Meter, A.**, Irvin, J.\*, Manthey, J.\*, Youngstrom, E.A. (2012, November). *A tale of two diatheses: Temperament and BIS/BAS as risk factors for mood disorder*. Poster accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Perez Algorta, G., Youngstrom, E.A., **Van Meter, A.**, Youngstrom, J.K., Findling, R. (2012, November). *Screening for mood disorders in parents seeking services for their child's behavior problems*. Poster accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Van Meter, A.**, Irvin, J.\*, Manthey, J.\*, Youngstrom, E.A. (2012, May). *A tale of two diatheses: Temperament and BIS/BAS as risk factors for mood disorder*. Poster accepted for presentation at the International Review of Bipolar Disorders, Nice, France.
- Van Meter, A.**, Irvin, J.\*, Thrower, A.\*, Willis, M.W., Jr.\*, & Youngstrom, E.A. (2012, August). *Cross-cultural examination of factors related to suicidality in young adults*. Poster accepted for presentation at the Annual Convention of the American Psychological Association, Orlando, FL.
- Van Meter, A.**, Youngstrom, E.A., Youngstrom, J.K., Feeny, N.C., Demeter, C., & Findling, R.L. (2011, December). *Examining the validity of cyclothymic disorder in a youth sample: Results from two studies*. Poster accepted for presentation at the annual meeting of the American College of Neuropsychopharmacology, Waikoloa, HI.
- Youngstrom, E.A., **Van Meter, A.**, Perez Algorta, G., Marcinick, H., Freeman, A.J., Meyers, O.I., Demeter, C., Youngstrom, J.K., Feeny, N.C., Calabrese, J.R., & Findling, R.L. (2011, December). *Diagnostic efficiency of caregiver, youth, and teacher report of manic symptoms in outpatient settings*. Poster accepted for presentation at the annual meeting of the American College of Neuropsychopharmacology, Waikoloa, HI.
- Van Meter, A.**, Perez Algorta, G., Youngstrom, E.A., Demeter, C., Feeny, N., Youngstrom, J.K., Findling, R. (2011, November). *Suicide and the CBCL: Utility of a commonly used parent report in predicting child suicidal ideation and acts*. Poster accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Syfrig, M.\*, Wallin, K.\*, **Van Meter, A.**, Freeman, A., Youngstrom, E.A. (2011, November). *Expressed emotion predicts depressive symptomatology, even in supportive environments*. Poster accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

- Wallin, K.\*, Syfrig, M.\*, **Van Meter, A.**, Freeman, A., Youngstrom, E.A. (2011, November). *Family support as a partial antidote to the relation between expressed emotions and aggression*. Poster accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Willis, M.W., Jr.\*, **Van Meter, A.**, Freeman, A., Youngstrom, E.A. (2011, October). *Predicting self-injurious behavior and suicidal ideation in adolescents: Mixed and depressive moods as risk factors*. Poster presented at the annual Meeting of the American Academy of Child and Adolescent Psychiatry, Toronto, Canada.
- Freeman, M.J., Freeman, A.J., **Van Meter, A.**, Holdaway, A., & Youngstrom, E.A. (2011, August). *Personality and mood characteristics of undergraduate research participants change across the semester: Myth or reality?* Poster presented at the Annual Convention of the American Psychological Association, Washington, DC.
- Van Meter, A.**, Youngstrom, E.A., Youngstrom, J.K., Feeny, N.C., & Findling, R.L. (2011, June). *Pediatric bipolar associated with poorest global functioning in outpatient youth*. Poster presented at the Biennial Meeting of the International Conference on Bipolar Disorders, Pittsburgh, PA.
- Youngstrom, E.A., **Van Meter, A.**, Perez Algorta, G., Marcinick, H., Freeman, A.J., Meyers, O.I., Demeter, C., Youngstrom, J.K., Feeny, N.C., Calabrese, J.R., & Findling, R.L. (2011, June). *Diagnostic efficiency of caregiver, youth, and teacher report of manic symptoms in outpatient settings*. Poster presented at the biennial meeting of the International Conference on Bipolar Disorders, Pittsburgh, PA.
- Syfrig, M.\*, Wallin, K.\*, **Van Meter, A.**, Freeman, A., Youngstrom, E.A. (2011, April). *Criticism in family environment predicts depressive symptomatology*. Poster presented at the Spring Conference of the North Carolina Psychological Association, Chapel Hill, NC.
- Wallin, K.\*, Syfrig, M.\*, **Van Meter, A.**, Freeman, A., Youngstrom, E.A. (2011, April) *Family support as a partial antidote to the relation between expressed emotion and aggression*. Poster presented at the Spring Conference of the North Carolina Psychological Association, Chapel Hill, NC.
- Willis, M.W., Jr.\*, **Van Meter, A.**, Freeman, A., Youngstrom, E.A. (2011, April). *Identifying mood-related risk factors for suicidal behavior and ideation in college students*. Poster presented at the Spring Conference of the North Carolina Psychological Association, Chapel Hill, NC.
- Van Meter, A.**, Freeman, A.J., Holdaway, A., Youngstrom, E.A. (2011, April). *Temperament as a predictor of suicidality*. Poster presented at the International Review of Bipolar Disorders, Rome, Italy.
- Van Meter, A.**, Freeman, A.J., Holdaway, A., Youngstrom, E.A. (2011, April). *BAS, Temperament, and Mood*. Poster presented at the International Review of Bipolar Disorders, Rome, Italy.
- Van Meter, A.**, Youngstrom, E.A., Demeter, C., Findling R.L. (2011, March). *Examining the validity of cyclothymic disorder in a youth sample: Replication and extension*. Poster presented at the Pediatric Bipolar Disorder Conference, Cambridge, MA.
- Youngstrom, E.A., **Van Meter, A.**, Perez Algorta, G., Marcinick, H., Freeman, A., Meyers, O., Demeter, C., Youngstrom, J.K., Feeny, N.C., Calabrese, J.C., & Findling, R.L. (2011, March). *Diagnostic efficiency of caregiver, youth, and teacher report of manic symptoms in outpatient settings*. Poster presented at the Pediatric Bipolar Disorder Conference, Cambridge, MA.
- Van Meter, A.**, Youngstrom, E.A., Youngstrom, J.K., Feeny, N., & Findling, R. (2010, November). *Validating cyclothymic disorder in a youth sample*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Van Meter, A.**, Youngstrom, E.A., Youngstrom, J.K., Feeny, N., & Findling, R. (2010, November). *Interviewer influence on ratings of pediatric mania*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies Convention, San Francisco, CA.

- Van Meter, A.**, Youngstrom, E.A., Youngstrom, J.K., Feeny, N., & Findling, R. (2010, November). *Irritability as a predictor of impaired functioning across multiple diagnostic categories in youths*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Williams, C.\*, Stewart, J.\*, **Van Meter, A.**, Perez Algorta, G., Youngstrom, J.K., Feeny, N.C., Findling, R.L., & Youngstrom, E.A. (2010, October). *Non-suicidal self injury in a low-income urban outpatient sample*. Poster presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry, New York, NY.
- Perez Algorta, G., **Van Meter, A.**, Youngstrom, J.K., Feeny, N.C., Findling, R.L., & Youngstrom, E.A. (2010, October). *Mixed mood symptoms in a pediatric clinical sample*. Poster presented at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry, New York, NY.
- Van Meter, A.**, Jenkins, M.M., Youngstrom, E.A., Youngstrom, J.K., Feeny, N., & Findling, R. (2009, November). *ADHD, family history and the age of mood symptomatology*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Jenkins, M.M., **Van Meter, A.**, Youngstrom, E.A., Youngstrom, J.K., Feeny, N., & Findling, R. (2009, November). *A closer examination of familial risk for bipolar disorder: Does age matter?* Poster presented at the annual meeting of Association of Behavioral and Cognitive Therapies, New York, NY.
- Van Meter, A.**, Moreira, A.L., Youngstrom, E.A. (2009, October). *Meta-analysis of epidemiological studies of pediatric bipolar disorder*. Poster presented at the Annual Meeting of the American Academy of Child & Adolescent Psychiatry, Honolulu, HI.
- Stern, R., **Van Meter, A.**, Lang, K., Westervelt, H., Leitten, C., Hethcox, A. (2003, February). *The NAB Judgment Test: Description and interrater reliability*. Poster presented at the International Neuropsychological Society Conference, Honolulu, Hawaii.
- Stern, R., Ruffolo, J., **Van Meter, A.**, Leitten, C., & White, T. (2003, February). *The NAB Figure Drawing Test: Description and interrater reliability*. Poster presented at the International Neuropsychological Society Conference, Honolulu, Hawaii.

## INVITED PRESENTATIONS

- Van Meter, A.** (May, 2017). *Pilot studies of circadian interventions for young people at risk for mood episodes*. New Opportunities in Interventions for Mood Disorders. Intramural Research Program, National Institute of Mental Health, Bethesda, MD.
- Van Meter, A.** (January, 2017). *Pediatric bipolar disorder: Prevalence, phenomenology, prognosis*. Weill Cornell Medicine Psychiatry, White Plains, NY.
- Van Meter, A.** (November, 2014). *Bipolar spectrum disorders: Characteristics, correlates, and current research*. The Frontiers in Psychology Program, Stern College, New York, NY.
- Van Meter, A.**, Wheaton, M. (June, 2013). *Who's afraid of the big bad wolf? Deficits of emotion perception and regulation in bipolar disorder*. University of Illinois at Chicago, Department of Psychiatry.

## RESEARCH TRAINING

### Visiting Scientist

January 2017-July 2017

Genetic Epidemiology Branch, National Institute of Mental Health

Principle Investigator: Kathleen Merikangas, PhD

mMarch Consortium – Research collective to collect data on risk factors related to physical activity for bipolar mood episode onset

mini March – Research collective, related to mMarch, focused on pediatric studies and early onset bipolar disorder

Family Study – Research study to investigate genetic influences on characteristics of mood disorders

**Research Assistant** Summer 2012-Summer 2013

*Department of Psychiatry, University of Illinois*

*Supervisors: Mani Pavuluri, MD, PhD and Amy West, PhD*

Pediatric Brain Research And Intervention Center (NIMH funded)

**Research Assistant** Summer 2012-Summer 2013

*Department of Psychiatry, University of Illinois*

*Supervisor: Scott Langenecker, PhD*

Multifaceted Explorations of the Neurobiology of Depressive Disorders (NIMH funded)

**Graduate Research Assistant** Fall 2008-Summer 2012

*Department of Psychology, University of North Carolina*

*Supervisor: Eric Youngstrom, PhD*

Improving the Assessment of Juvenile Bipolar Disorder (NIMH funded)

**Graduate Research Assistant** Spring 2010-Summer 2012

*Department of Psychology University of North Carolina*

*Supervisor: Deborah Jones, PhD*

Technology Enhanced Delivery of Treatment for Early Conduct Problems (NIMH funded)

**Research Assistant** Summer 2001-Summer 2003

*Brown Medical School Department of Psychiatry / Department of Psychiatry & Human Behavior*

*Supervisors: Martin Keller, MD Chairman; Anthony Spirito, PhD*

Course and Outcome for Bipolar Youth (COBY; NIMH funded)

Treatment of SSRI-Resistant Depression in Adolescents (NIMH funded)

*Supervisors: Geoffrey Tremont, PhD and Robert A. Stern, PhD*

Neuropsychological Assessment Battery (NIMH funded)

A Telephone Intervention for Dementia Caregivers (NIH funded)

## TEACHING EXPERIENCE

### Yeshiva University, Ferkauf Graduate School of Psychology

*Psychopathology* Spring 2015-Fall 2017

*Research Methods and Design* Spring 2014-Fall 2017

*Integrating Clinical Practice and Research* Fall 2013-2017

*Assessment, Course, Treatment of Bipolar Disorder* Fall 2013-2017

### University of North Carolina

*Abnormal Psychology* Spring 2012

*Laboratory Research in Psychology (teaching assistant)* Fall 2009, Spring 2010

*Popularity and Peer Relationships (teaching assistant)* Spring 2009

*Statistical Principles of Psychology (teaching assistant)* Fall 2008

## CLINICAL EXPERIENCE

---

<b>University of Illinois at Chicago, Department of Psychiatry</b> Predoctoral psychology intern	Summer 2012-Summer 2013
<b>University of North Carolina, Department of Psychiatry</b> Pediatric Psychology Services	Summer 2011-Spring 2012
Dialectical Behavior Therapy Program	Spring 2010-Spring 2012
<b>University of North Carolina, Clinical Psychology Program</b> Clinical Psychology Assessment Practicum	Fall 2010-Spring 2012
Psychodynamic Psychotherapy Practicum	Summer 2011-Spring 2012
Advanced Adult Community Clinic Practicum	Fall 2009-Fall 2011
School-based Practicum	Spring 2010-Summer 2011
Child and Family Clinic	Fall 2009-Summer 2011

## PROFESSIONAL EXPERIENCE

---

<b>Research Analyst</b> <i>Lumin Associates</i> <u>Epidemiology project for major pharmaceutical company</u> Performed analysis of data collected to assess current state and identify opportunities for improvement.	2006 - 2008
<u>Evidence-based Medicine project for major pharmaceutical company</u> Created new processes to encourage evidence-based medicine.	
<b>Producer, Development</b> <i>Artists/Media Cooperation production company</i> Wrote original show treatments for network pitches and investor packages Scouted books and screenplays for acquisition opportunities and future development Created marketing proposals and presentations for all company projects	2003 - 2006

## SERVICE

---

<b>Consulting Editor</b> <i>Psychological Assessment</i> <i>Journal of Clinical Child and Adolescent Psychology</i>	2016-Present
<b>Professional Memberships:</b> <i>American Psychological Association</i> <i>American Psychological Association – Division 12</i> <i>American Psychological Association – Division 53</i> <i>Association for Behavioral and Cognitive Therapies</i> <i>International Society for Bipolar Disorders</i> <i>Society for a Science of Clinical Psychology</i>	
<b>Coordinator of Evidence-Based Practice Website</b> <i>American Psychological Association, Society of Clinical Child &amp; Adolescent Psychology, Association for Behavioral and Cognitive Therapies</i> <a href="http://www.effectivechildtherapy.org">www.effectivechildtherapy.org</a>	2010 to 2011
<b>Volunteer mental health services provider</b> <i>New York Medical Reserve Corps</i>	2015-Present

**Ad Hoc Review:**

*American Journal of Psychiatry*  
*Behaviour Research and Therapy*  
*Behavior Therapy*  
*BMC Psychiatry*  
*CNS Spectrums*  
*Cognition and Emotion*  
*Cognitive and Behavioral Practice*  
*Cognitive Therapy and Research*  
*Depression and Anxiety*  
*Emotion*  
*European Child and Adolescent Psychiatry*  
*Evidence-Based Practice in Child & Adolescent Mental Health*  
*Journal of Abnormal Psychology*  
*Journal of Abnormal Child Psychology*  
*Journal of Affective Disorders*  
*Journal of Child and Family Studies*  
*Journal of Clinical Child and Adolescent Psychology*  
*Journal of Child and Adolescent Psychopharmacology*  
*Journal of Clinical Psychiatry*  
*Journal of Experimental Psychopathology*  
*Journal of Psychiatric Research*  
*Journal of the American Academy of Child and Adolescent Psychiatry*  
*Psychological Assessment*  
*Psychiatry Research*  
*Psychology and Psychotherapy: Theory, Research and Practice*  
*Schizophrenia Bulletin*  
*Social Psychiatry and Psychiatric Epidemiology*  
*Suicide and Life-Threatening Behavior*

**S E R V I C E**

<b>APA Accreditation Committee</b>	2015
Worked to establish new program objectives and to assess progress on goals	
<b>Student Admissions Committee</b>	2015
Developed new process to efficiently evaluate student applicants and increase the number of high quality applicants who enroll	
<b>Research Training Committee</b>	2014
Developed new program research competency requirements	
<b>Clinical Training Committee</b>	2014
Helped develop clinical competency requirements (comps, video recording)	
<b>Integrating Clinical Practice and Research Initiative</b>	2014
Helped develop electronic medical record system for clinical/research purposes	
<b>Licensed Clinical Supervisor</b>	
Child clinical psychology program – Yeshiva University	2014-Present
<b>Doctoral Dissertation Committee Member</b> (*Chair)	
Lara Friedrich*	Spring 2016
Stephanie Lemor*	Spring 2016



Rachel Proujansky  
Su Cho  
Madeline Gross  
Navya Singh  
Laura Bernstein

Spring 2016  
Spring 2015  
Fall 2014  
Fall 2013  
Fall 2013